





Centre of Excellence
GOVERNMENT COLLEGE SANJAULI
SHIMLA-171006

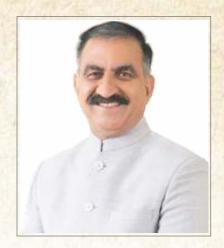
# THE EDITORIAL BOARD



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SH. SUKHVINDER SINGH SUKHU CHIEF MINISTER, HIMACHAL PRADESH



# Message

It gives me immense pleasure to know that Centre of Excellence, Government College Sanjauli, Distt. Shimla is going to publish its college magazine 'Himrashmi'.

Magazines provide a good forum for students to express their thoughts and opinions on various topics and aspects of life. It also acts as an apt platform to nurture the creative ability and talent of students, besides showcasing the academic, cultural and other accomplishments of the institution.

I hope that more and more students will come forward to contribute for this magazine with their innovative and meaningful thoughts to make it more interesting and informative.

I extend my good wishes for the successful publication of the this magazine.

(Sukhvinder Singh Sukhu)JK





**डॉ. अमरजीत के. शर्मा** <sub>निदेशक, उच्च शिक्षा</sub>

# सन्देश

रे लिए यह एक अन्यंत हर्ष का विषय है कि उत्कृष्ठ महाविद्यालय संजौली, इस वर्ष फिर से अपनी वार्षिक पत्रिका 'हिमरश्मि' छापने जा रहा है।

कॉलेज पित्रका, युवावर्ग के लिए अपने विचारों को प्रकट करने का बहुत ही अच्छा और कारगर माध्यम है। इसके साथ ही यह उभरते लेखकों को समाज में अपनी छिव स्थापित करने का भी मौका देती है। यह पित्रका कॉलेज की गितविधियों का लेखा-जोखा भी, सभी के साथ सांझा करती है। उच्च शिक्षा का ध्येय ही यह कि वह, ज्ञान के पिपासु, युवावर्ग को सही और गृलत में फ़र्क बताकर उन्हें सही दिशा में चलने के लिए प्रेरित करें। तािक वह भिवष्य में, जिम्मेदार नागरिक बन सकें।

मैं इस पत्रिका की सफलता और आपके कॉलेज के, उज्जवल भविष्य की कामना करता हूँ। मैं (विशेष रूप से इस पत्रिका के संपादको को और) आप सभी को अपनी शुभकामनायें देता हूँ।

जय हिन्द! जय हिमाचल!

(डॉ. अमरजीत के. शर्मा)

Ignited minds will turn dreams into reality.

# FROM THE PRINCIPAL'S DESK





t is really a matter of happiness that the college magazine, "Himrashmi" is being brought out by the students and teachers of this college. The college magazine provides a platform to all the students of the college to give expression to their thoughts. In the youthfull days, students come across many influences in the shape of ideas and ideologies, moves and movements. The young minds sometimes find themselves at crossroads. They want to express themselves freely on various matters and this free expression is done under the watchful discipline of the teachers, on the platform, known as the college magazine.

Dear students, the year 2023 had been glorious to this college. In the 3rd cycle of assessment and accreditation by NAAC, we got A+ grade, which is an extraordinary achievement for this college. This could become possible only through the hardwork of all the teachers and students. Academic standards were improved and maintained for a long period of time. We excelled in all the criterions of the assessment & accreditation process and got the A+ grade, which is a matter of happiness to all of us as a college family.

There had been many achievements this year. Many medals and shields have been won by our sports team in inter college sports competitions. We are first runner up in kabaddi. The college organized two intercollege tournaments-badminton and kabaddi. In Group-3, folk dance, our college got 3rd position. Many international and national conferences have been organized during this session.

Dear students, the discipline has a very important role to play in your life. You should lead a disciplined life. This is a very important phase of your life. You have to tread cautiously. The discipline also includes to stay away from drugs. The menance of drugs is spreading its malicious roots everywhere. The incidents of drug abuse in the form of 'chitta' has made many of the young minds its slave. There are many cases of death by taking an overdose of this deadly drug. Once you use chitta, you become an addict for all the time to come. Life becomes a hell for you. Dear students, I implore and appeal to you that you should "stay away" from chitta. Shun the company of those who use it. Better alone than in a bad company. The freedom and liberty you enjoy in the college, is a two edged sword. So never misuse this freedom. You have to inculcate an habit of mental and physical discipline. Centre your thoughts and hopes on something important. It shall give you a consistency in purpose. Cultivate an habit of 'hold on'. You should not 'give in' easily. The successful are those who 'hold on' and do not lose grip on life and its purpose. This is the mental discipline which you need to cultivate in your life. Never allow the negative thoughts to come in your life. Positive thoughts have healthy influence on your life. Never fear failures. Develop a ready to learn attitude. This will lead you to success in your life.

(Prof. Bharti Bhagra)



# The Editorial

ublishing an article in the college magazine, is the first experience of a young student to express himself freely and to give an expression to his view point. He develops an academic orientation and expresses his ideas with a perspective. Our college magazine "Himrashmi" is such a platform which fulfill all the parameters of a college magazine. In the magazine, students have written articles with a wide range and variety of topics. Some of the students have written on life and its various aspects. Some of them have written small but interesting poems, original in theme. A student has thrown a light on "Konark Temple, calling it a 'modern mystery'. Woman, Youth, Beauty and English language are other topics that find place in this magazine. The Pahari section reverberates with local tone and tenor, reflecting on legends and folklore that keep our culture alive and breathing.

Not a Surprise, the students of this college have a deep understanding of national and international issues. The articles reflect their understanding of social and economic issues of

our country. The articles written by them reflect that they have a very deep understanding of international issues and also about the position of India in the world community.

Dear students, I appeal you to be original in your writing. Don't borrow or copy. No idea is inferior than the idea propounded by any other person. Hon your writing skills. Write short sentences so that there is clarity and Less chances of grammatical mistakes. The spoken words vanish in the air. The written words always remain with us. Develop a viewpoint and a perspective of happenings, incidents and events around you. Be critical in your observation and writing. Developing a criticality in writing, is a must. You have written well. I hope you shall hon your writing skills and the articles to be published next year shall reflect better writing skills.

(Prof. Deepak Kaprate)







# NCC: Unity and Discipline











#### THE DEPARTMENTAL LEVEL ACTIVITIES OF PUBLIC ADMINISTRATION DEPARTMENT



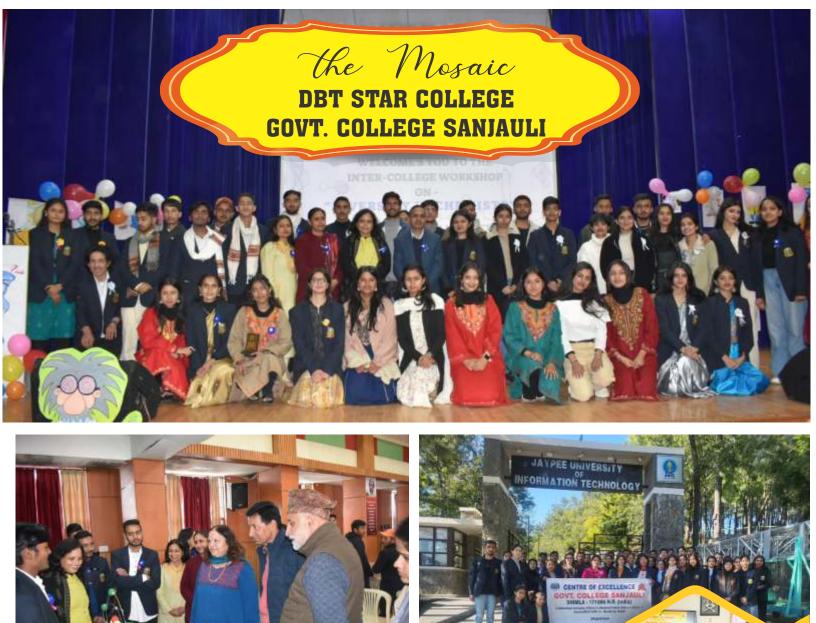


### **Inauguration of Cyber Cafe/E-services**

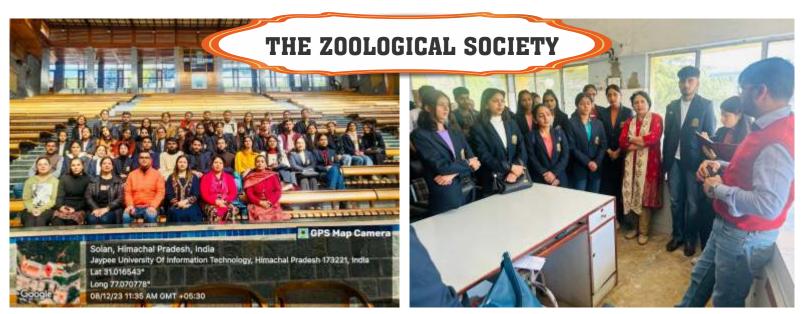


#### **Departmental Programme of Sanskrit Department**

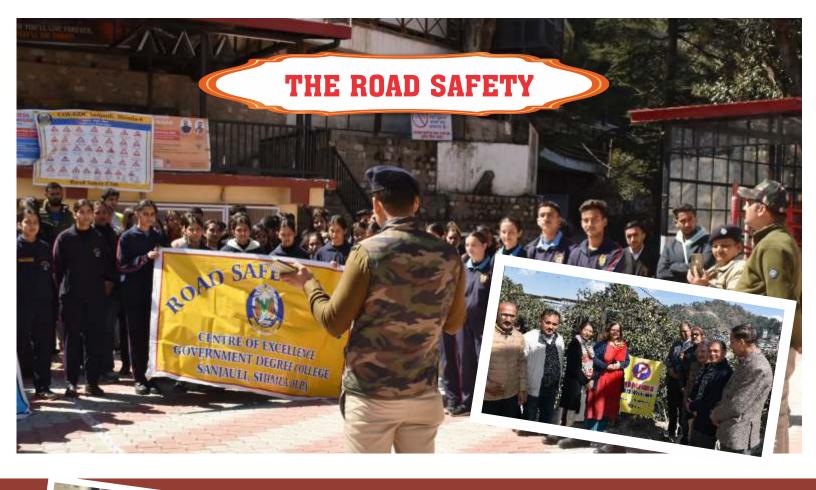












# YOUTH FESTIVAL GROUP-III FOLK DANCE







## THE MATHOMANIA



NAAC Accredited

## INTERNATIONAL CONFERENCE

# **Invited Speakers**







Prof. Riddhi Shah Professor, JNU Dehi



Prof. Surjeet Singh
Former Professor, King Saud University, Saudi Arabia.



Prof Rajesh Kumar Sharma ia. Professor HPU Shimla



Prof. Ram Prakash Sharma Former Professor, HPU, Shimla



Prof. Dinesh Khurana Professor Panjab University, Chandigath



Prof. Mandeep Singh Professor, Sant Longowal Institute of Engineeing & Technology, Sangur, Punjah



Dr Anjana Khurana Department of Mathematics Panjab University, Chandigarh



Dr Aradhya Sood University of Toronto, Canada.



Dr. Harpreet Singh Tel-Aviv University, Israel





















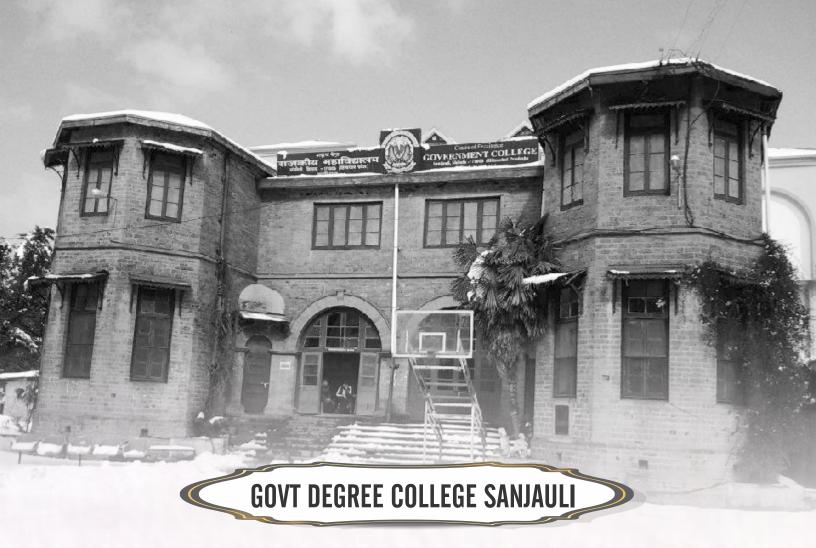












#### June 2023

- World Environment Day was celebrated on 5<sup>th</sup>
  June. More than eighty volunteers of National
  Service Scheme (NSS) carried out a number of
  online and offline activities.
- 2. NSS Volunteer Mukesh Verma donated blood at IGMC, Shimla on 8th June.
- Twenty NSS Volunteers participated in different activities like poster making and video making on the occasion of "World Day Against Child Labour." On 12<sup>th</sup> June,
- 4. On 14<sup>th</sup> June, 2023, Five NSS Volunteers gave their service in Blood Donation Camp at The Ridge, Shimla on the occasion of "World Blood Donors Day 2023."
- On 21<sup>st</sup> June, 2023, Forty NSS volunteers performed Yoga on the occasion of "International Yoga Day 2023."

#### **July 2023**

1. On 1<sup>st</sup> July, 2023 Twenty NSS Volunteers

- celebrated "National Doctor's Day 2023" through interaction with doctors at IGMC, Shimla.
- On 8 July, 2023, ten NSS Volunteers gave their service in a workshop for Physically challenged People, organised by SAKSHAM Himachal, at Government College, Sanjauli.
- Department of Botany carried out a plantation drive in the college campus whereby herbal plants were planted on 27<sup>th</sup> of July.

#### August 2023

- 1. On 2<sup>nd</sup> August, 2023, fifty NSS Volunteers participated in Tree Plantation Drive at Boys Hostel, Government College, Sanjauli.
- On 5<sup>th</sup> August, 2023, ninety NSS Volunteers interacted with Sh. Surinder Chauhan, Mayor, M.C. Shimla at Government College, Sanjauli.
- 3. NSS Volunteers Akshit Sharma, Harshdeep Kaur and Anshul Thakur participated as "Drill Instructor" in State Level RDC 2023 at The

- Ridge, Shimla. From 7<sup>th</sup> August 15<sup>th</sup> August, 2023
- A guest lecture on career counselling was organised by the B Voc Department on 8<sup>th</sup> of August.
- Campus Cleanliness Drive jfor the awareness of hygiene and role of cleanliness in life was carried out by the Department of Commerce on 12<sup>th</sup> of August. The drive also included a session of Art of Living'.
- 6. On 15<sup>th</sup> August, 2023, 40 NSS Volunteers celebrated 76<sup>th</sup> Independence Day through participating in different activities.
- 7. On 20 August, 2023, 100 NSS volunteers participated in I<sup>st</sup> One Day Camp of the academic session 2023-24 organised at GC, Sanjauli.
- 8. Election of Geographical Society (Department of Geography) were held on 29<sup>th</sup> of August. Three hundred students participated in the democratic process in which Prof Mona Sharma was elected President of the Society.

#### September 2023

- 1. Department of Sanskrit celebrated Sanskrit Divas on 2<sup>nd</sup> of September. The event included Sanskrit Gitika, Sanskrit Sambhasham and Natti, among many other items where students and faculty showcased their talent regarding Sanskrit.
- 2. Hundreds of students of the college participated in Handwriting and Slogan writing competition organized by the Department of Hindi on 2<sup>nd</sup> of September.
- Department of Hindi organized Poetry Recitation, Poster Making and Debate Competition on 4<sup>th</sup> of September in collaboration with Sahitya Parishad (HP).
- 4. A seminar on Psychology and Stress Management was organised by Department of Sociology on 4<sup>th</sup> September.
- 5. Career Counselling and Placement Cell of the college organized a seminar on Opportunities

- for Overseas Education on 12th September.
- A special programme was conducted by the Department of Geography to acquaint the students with our social friends - Honey Bees. Two hundred students participated in the Bee Awareness Day.
- 7. Department of Public Administration organized dynamic and multifaceted competition on 13<sup>th</sup> September which included a debate, quiz and poster making.
- 8. A workshop on Nanotechnology, Polymers and Organic Compounds was organised by Department of Physics on 13<sup>th</sup> September.
- 9. Department of Hindi celebrated Hindi Divas on 14<sup>th</sup> of September. The highlights of the programme were Poetry Recitation, Kabir Wani and *Himachali Lok Sanskriti: Ek Paridrishay.*
- 10. A guest lecture on Mental Health and Suicide Prevention was conducted on 18<sup>th</sup> September by the Department of B Voc.
- 11. On 20<sup>th</sup> September, 2023, 6 NSS Volunteer participated in Distt. Level Pre-RD Camp 2024 at GC, Sanjauli.
- 12. Inter-College Power Point Presentation (PPT) competition on Disaster Management was organised by the Department of Geography on 20" September. More than forty students from six colleges participated in the competition. The theme of the event was Disaster in the Himalayas: A Call for Introspection.
- 13. Awareness Meet on Alzheimer's Day was organised by the Department of Zoology on 21<sup>st</sup> of September which included activities such as declamation and poster making competition.
- 14. Department of Philosophy screened a film Upnishad Ganga: Exploring the Profound Wisdom of Indian Philosophy on 23<sup>rd</sup> September.
- 15. Department of Political Science organised a

Power Point Presentation (PPT) on 23<sup>rd</sup> September. The compelling presentations by the students explored the relevance of the G20, with a specific focus on India's role in the forum. The presentations showcased in-depth research, insightful analysis and an engaging discussion on India's contributions to global economy within the G20 framework.

- On 24<sup>th</sup> September, 2023, one hundred NSS Volunteers celebrated NSS DAY 2023 under "Swachchta Hi Seva Campaign" of GOI.
- 17. World Environmental Health Day was marked by the Department of Botany on 26th of September, centred on the theme "Global Public Health'.
- 18. More than three hundred students participated in Declamation and Poster Making competition organised by the Sociological Society (Department of Sociology) on 27th of September, on social themes about the prevalent issues in modern society.
- 19. World Tourism Day was celebrated by the Department of B Voc on 27 of September centred on the theme Tourism and Green Investment.
- 20. Students of Department of Political Science participated in National Youth Parliament Participation at HPU Institute of Legal Studies from 28<sup>th</sup>-29<sup>th</sup> September, showcasing their skills in oratory, constructive debates and to gain firsthand experience in parliamentary proceedings, thereby fostering a deeper understanding of democratic processes.
- 21. Department of Political Science organised a lecture series on Indo-US relationship, shedding light on the intricate dynamics of the relationship of the two dynamic democracies. The session delved into historical contexts, current diplomatic ties and anticipated future developments, offering students a comprehensive perspective on this crucial global partnership.

#### October 2023

- Students participated in Red Run State Level Marathon, organised by HP State AIDS Control Society.
- On 1<sup>st</sup> October, 2023, fifty NSS Volunteers participated in "Swachchata Hour" under 'Swachhata Hi Seva Campaign.'
- 3. On 1<sup>st</sup> October, 2023, fifteen NSS Volunteers motivated participants of "State Level Marathon Competition, (Red Run) organised by 'Red Ribbon Club' at The Ridge, Shimla.
- 4. The English Subject Society (Department of English), organised 'Litmingle: Weaving Worlds with Literature on 5th October. Students from various colleges participated in Story Writing, Poetry, Lit-art, Lit-punk, Drama and Lit-lang quiz.
- 5. An intellectually stimulating debate on the topic of political freebies was organized by the Department of Political Science on 6th October. The event provided students with a platform to critically examine the pros and cons of various political strategies and fostered a culture of analytical thinking and healthy discourse.
- 6. International Geodiversity Day was marked by the Department of Geology on 6th October 2023. The online event hosted Dr Alex Webb, Associate Professor, University of Hong Kong who delivered "Recounting of Himalayan Tectonic Models and Their Relationship with South Asian Monsoon."
- 7. As a part of commitment to civic engagement, Department of Political Science conducted Systematic Voters Education and Electoral Participation (SVEEP) activities on 7th October. These initiatives aimed to promote voter awareness, educate students on the importance of voting and encourage active participation in the democratic process.
- 8. World Space Week was celebrated by the Department of Physics from 4<sup>th</sup> 10<sup>th</sup> October.
- 9. A mock G 20 summit was organised on 7<sup>th</sup>

- October by the Department of Economics where eight nations were represented by student delegates.
- 10. World Mental Health Day was observed on 9<sup>th</sup> October by the Department of Psychology whereby many students participated in Poster making and Power Point Presentation competition.
- 11. NAAC Peer Team visited the college on 11<sup>th</sup>, 12<sup>th</sup> October, comprising of Dr. Vishnu Magare, Chairperson, Vice-Chancellor, Pravara Institute of Medical Sciences (Deemed to be University), Dr Anupama Mahajan, Professor, Department of Music, Faculty of Music and Fine Arts, University of Delhi, and, Dr Chaitaly Chakraborty, Principal, Thakur College of Science and Commerce, Mumbai. The institution was subsequently accredited with A+ grade by the National Assessment and Accreditation Council (NAAC).
- 12. First Aid Training Programme was organized by the Red Ribbon Club on 17<sup>th</sup> October.
- A Career Counselling session was organised by the Department of Commerce on 19th October which lay emphasis on a paradigm shift from 'Acquired Knowledge' to 'Required Knowledge',
- 14. On 20<sup>th</sup> October, 2023, sixty NSS volunteers participated in Amrit Kalash Yatra from Chaura Maidan to Advance study under "*Meri Maati Mera Desh Kalash Yatra*"
- 15. HPU Inter-College Badminton Championship (Women) was held in the college from 20<sup>th</sup>-21<sup>st</sup> October. Twenty four teams from various colleges participated in the event.
- 16. HPU Inter-College Kabbaddi Championship (Women) was hosted by the college from 30<sup>th</sup>-31<sup>st</sup> October. Fifty teams from colleges all over the state participated in the mega event. Govt College Sanjauli won the overall second position.

#### November 2023

- On 2<sup>nd</sup> November, 2023, about fifty NSS volunteers of the NSS Unit of the Centre of Excellence Government College, Sanjauli inspected the saplings planted in the adopted village 'Chamiyana'.
- 2. On 19<sup>th</sup> November, 2023, NSS volunteers received **INDIRA PRIYADARSHINI AWARDS** in tribute to the indomitable spirit and impactful contributions reminiscent of the visionary leader, Indira Gandhi on Indira Priyadarshini Award function.
- 3. Business Career Counselling session and Quiz Competition was conducted by the Department of Commerce on 21 of November which focussed primarily on the employment avenues and preparation for the UPSC examinations.
- 4. On 27<sup>th</sup> November, 2023, NSS Unit, GC Sanjauli, organised 2nd one day camp of session, 2023-24.

#### December 2023

- 5. Financial Literacy Campaign was launched on 1 December by the Department of Commerce, focussing primarily on various financial products in the current market.
- 6. On 1<sup>st</sup> December, 2023, NSS volunteers presented a drama in the State level function "organized at Peterhoff, Shimla, on the occasion **of 'WORLD AIDS DAY'**.
- 7. Department of Sociology organized a workshop on Prevention of Drug Use in collaboration with Vyaktitva Foundation on 4th December. The workshop focussed on spreading awareness about the use of drugs and its ill effects on the society as a whole. More than two hundred students participated in the workshop.
- 8. On 6<sup>th</sup> December, 2023, NSS volunteers participated in District level Yuva Utsav at Kalibadi Shimla. Three volunteers got prize for Declamation competition -

## Himrashmi

- 1. Anshul Thakur: 1st in Declamation
- 2. Jyotsna Sharma: 2nd in Declamation
- 3. Harsh Thakur: 3rd in Declamation
- 9. From 18<sup>th</sup> December, 2023 22<sup>nd</sup> December, 2023, 4 NSS volunteers, Ayush (B.Com.2<sup>nd</sup>), Nitesh Niranjan (B.Sc. 2<sup>nd</sup>), Ankita (B.A. 2<sup>nd</sup>), Upasana (B.A. 2<sup>nd</sup>) represented NSS UNIT, Government College, Sanjauli at State Level NSS Mega Camp Banjar, Kullu.
- 10. Hands on Training cum workshop on Bee Keeping and Aphids were organised by the Department of Zoology on 22<sup>nd</sup> of December. These activities were carried out under the DBT Star College Scheme which taught about various types of honey and different types of species of bees.
- 11. Department of Mathematics organised a three day workshop on "Maxima Software" from 26th to 28th of December in which one hundred and thirty students and sixteen teachers from various colleges participated.
- 12. Department of Commerce conducted National Conference on Harmony in Action Bridging Education, Culture, Literature and Commerce for Sustainable Energy and Environmental Stewardship on 28-29 December.

#### January 2024

- 1. On 12<sup>th</sup> January, 2024, NSS volunteers participated in several online activities on occasion of National Youth Day.
- 2. On 24<sup>th</sup> January, 2024, NATIONAL GIRL CHILD DAY NSS volunteers of NSS unit GC, Sanjauli in collaboration with ICDS workers and community members pledged towards creating a better and a safer environment for girls.

- 3. On 25<sup>th</sup> January, 2024, at the occasion of "Himachal Pradesh Statehood Day" NSS volunteers participated in several online activities.
- 4. From 15<sup>th</sup> January, 2024 31<sup>st</sup> January 2023 NSS Unit, Government College, Sanjauli conducted" ACT OF KINDNESS", under which volunteers had to do a task showing their kindness towards nature, animals and needy.
- 5. Forty two students (Department of Geography) participated in a field survey (through January and February) as part of the curriculum of BA-III

#### February 2024

- 1. 7 DAY ANNUAL CAMP 2023-24 organised from 13th to 19<sup>th</sup> February, 2024.
- 2. Science Department celebrated Science Week from 22<sup>nd</sup> -28<sup>th</sup> February. More than three hundred students from the college participated the various activities such as Model Presentation, Quiz Competition and Science Drama. The weeklong event was also attended by fifty participants from seven different colleges and schools.

#### March 2024

 An online session on "Geothermal Systems in the Northwestern Himalayas: A Geological Perspective" was hosted by the Department of Geology on 4<sup>th</sup> March, 2024. The lecture was delivered by Dr Simon Klemperer, Stanford University.











**AYUSH SINGH**Student Editor

As the English section editor of our esteemed college magazine, I am thrilled to extend a warm invitation to embark on a captivating literary journey filled with enlightenment, inspiration, and profound contemplation. Join us as we explore the depths of language and ideas together.

I express my sincere appreciation to Mrs.

Anupama, my english professor, for her unwavering support. Under her guidance, this section has effectively represented the depth of insightful minds

ज्ञानेन तु तदज्ञानं न येषां साधृता मितः। तेषां ज्ञानं निरालम्बं प्राचीनाम्बुरुहायते॥" (For those whose understanding is not supplemented by knowledge, the knowledge of even those who have knowledge is as useless as a pond in a place where there is a flood.)

As we immerse ourselves in the realms of literature, language, and culture, let's embrace the enduring wisdom enshrined in the verses of our heritage.

Finally, I extend my heartfelt gratitude to all those whose contributions have enriched this section of our college magazine with their eloquent writing.



The mind is not a vessel to be filled, but a fire to be kindled. - Plutarch



#### What is Life?

Depends on different perspectives of people who have lived long enough to share their experience or wisdom. **But what it really means to be alive? From the basics** - Something which can perform breathing, perform movement or react by its senses to its environment basically seen in plants, is called being alive. Life is really a fascinating precious gift given to us through which we experience the world surrounding us.

When Life originated on Earth, its motive was survival. We have evolved with passage of time. As Curious living things, we discovered many things, many events.

**But every living being's motive survival** can only be done by changing, adapting, and being stronger and indeed blissful in every situation.

Life can be seen in any way happy, sad, peaceful, exciting, challenging, and miserable. Anything can occur in life no matter how hard we try. Sometimes things are not in our favour or control. There are different types of suffering living beings are facing in their lives. Some misery you can't even imagine. *One of the biggest misery of life is Death* which us inevitable. It



doesn't see any difference. It sees no time, no age, rich or poor. People see other suffer but are not able to help. But is this the conclusion? Why can't we make most of it? 'At the end of the tunnel there is always light, 'there is a silver living in the clouds.' - Don't give up. Rise if you can't run, crawl, if you can't walk. Be a warrior - not a survivor, push your limits -even when you are drowning in the darkness of deepest misery- It's not over until you are done- This type of zeal I wan't all living beings to have.

We as human beings are the most complex intelligent beings on this planet who have changed this world into positive and negative way both. *Life is 80% suffering, 20% happiness,* so why not be blissful in suffering and happiness both. *We Want Comfort* but we never grow strong in comfort. "Stagnation leads to Death".

Humans have evolved in way of living, but animals have not. We are born without an assigned goal or purpose. We have to find it for ourselves.

#### 3 Pillars of Life

- Discipline: is one of our best friends. Rather it is acquired with difficulty. It never leaves our side in any situation
- 2) Yoga: is an ancient practice which helped human reach or acquire our bodily health but we can control, calm our senses through meditation. Main goal of Meditation is to see our true self. It helps us gain great amount of concentration. Our mind is like a mad monkey (restless). For example if we throw a stone in a lake it creates ripples then we can't see the bottom. Once it is calm we can see our reflection at the bottom. You may not believe in God but Karma does justice. This is even proved in science. Health is wealth as we all know. Earlier we only cared about physical health. As we progressed we came to take care of mental health which earlier people ignored. We should keep our body healthy by staying fit and eating nutritious food, but we should also provide our brain good food. Practice being positive. Live in present. Work hard to better yourself. Social health is important in human societies as we can improve it by socializing and gaining experience.

NEVER GIVE UP
Be a Winner

### THE CLOCK STRUCK SEVEN AS SHE TURNED THE RADIO ON

"Aye dil hai mushkil jeena yahan. Zara hatke zara bachke. Ye hai Mumbai meri jaan: But she lived in Shimla. Born in Delhi, she left the city when her mother felt so fed up with the noise of the city and its people that she could find solace only in the whispers of the hill station. The daughter had problems in settling here, unlike her mother who had blended into the town like honey in tea, as if she had always belonged to this place. But it was a matter of time before she also began to feel the embrace of the valley, just like her mother.

She was eleven then. Today she was seventy one; yesterday she had been seventy on 14<sup>th</sup> of February. Her birthday and also the birthday of the veteran Actress Madhubala, whom her mother loved. So happy was her mother about the coincidence that she had named her 'Madhu'.

The string of memories broke with another coincidence -Madhu's, favourite songs:

"Aaiye Meherban"

Heading towards the dressing table, she carefully tied the end of her saree to her waist. Everytime on her birthday she would wear the same white saree.

Humming the song, she admired herself in the mirror, and then slid opened a drawer to take out a set of green

bangles. Her mother's bangles, She slid the bangles onto her wrists, then peeled off a red bindi stuck to the dressing table's mirror, placing it on her forehead. Taking a comb, she untangled hair once purely black, now mostly white hair. She granted them the liberty to dance with the song. Madhu smiled, so did the wrinkles on her face. When the song ended, she made her way to the kitchen. There the sunlight was struggling to make its way out after weeks, as if to celebrate her day. When the tea was ready, she poured it into the cup. To her surprise, the smile was still there. Softly grooving to the songs, she took the cup of tea & walked her way to the balcony. She sat on a chair gazing the hills, sipping the tea, absorbing the sunlight.

Evening came early; she was sitting on the chair. The cup of tea was fully enjoyed. She sat on a table next to it. The phone was ringing, but she didn't bother to get it up. Why would she? After all it was her day. The day she owned completely.

The radio was still playing:

"Kahin door jab din dhal jaye. Saanjh ki dulhan badan churaye chupke se aaye "

> - Harshita Sharma (BA Ist Year)

## The End of Humanity- Israel- Palestine conflict

n recent years, there has been a situation of unrest in international politics. Whether it's the Russia-Ukraine war, the China-Tibet issue, or the most recent Israel-Palestine conflict, tensions have been escalating.

The latest Israel-Palestine conflict garnered attention due to an attack by the Hamas-led Palestinian militant group on Israel, followed by Israel's subsequent aggression on the Gaza Strip.

A complete blockade has been imposed on Gaza. While the conflict might have been perceived as Hamas versus the Israel Defense Forces, it has tragically evolved into a scenario where civilians in Gaza bear the brunt of the war. The plight of Gaza defies description. Once a place where 50% of the population was children, it has now turned into a graveyard for innocent lives, a violation of international law.

Gaza is suffering from a severe lack of basic necessities such as power, water, and fuel. Food supplies are

dangerously low, and bodies are being laid to rest in mass graves. Israeli bombings have left 80% of Gaza's population homeless, with people forced to endure harsh living conditions in makeshift tents.

Gaza will never forget the haunting images of ice-cream trucks filled with the lifeless bodies of children, homes reduced to rubble in the blink of an eye, and the countless children left orphaned. Yet, the world remains silent.

In this conflict, the true heroes are neither Hamas nor the IDF. They are the civilians of Gaza who have shown resilience, the doctors who continue to provide medical care despite the dangers, and the journalists who shed light on what mainstream media fails to cover.

How is it acceptable to disregard the lives of civilians in such conflicts? This is neither a war nor a conflict sanctioned by the people of Gaza or by world leaders.

Khushboo Chauhan BA 1st Year

## "I am good without her. It is good"

"I am good without her. It is good, he thought trying to paste forceful smile on his face. The face cooperated, the eyes always been the eyes. They don't lie, and even if they want to, they can't. It is as if they have been cursed, or perhaps blessed with the urge to tell everything all at once.

Yes, the tears did blur his vision but before anyone could see them falling, he turned around, took out a white handkerchief from his pants' left pocket & wiped them off. Just as he was about to put it back, his eyes caught the glance of the colourful embroidery at the corner of the cloth. He wanted to put it back into the pocket but his eyes didn't allow. A letter and two flowers filled his eyes. 'M' was the letter, 'marigold' the flowers. The letter was brown. One of the marigolds was red and the other one was blue. He had never seen a blue marigold before, so it was strange to him. It used to give him the impression of a little bit of sky scattered over the clouds. There were also some fresh drops of grief that had appeared just a minute ago. Whenever her memory unfolded in his thoughts, it brought grief with it. And every time he was ready to drown in it, it was there to bind all this together. The green: same as the color of the saree she wore one day. Neither had he seen her in saree before nor after that. It had been a special occasion every time she was happy, she looked like an angel. That day too, she looked beautiful and he

was not surprised when she returned with many gifts and a cloth band decorated over her shoulders.

Until that day, they had matched their outfits daily. They would leave the house together and come back together as well. But that day she went alone. She did not ask him to come & he also did not express about it because she was happy.

Sad was he on the day she gave him a tight hug & they both had burst out crying. It was this day when she handed him over the white embroidered handkerchief & left. He hasn't seen her since.

Something in him does said that she will come back so he waits. That's all he can do.

#### "Please come back"

Lost in his thoughts he did not realise that the bell had rung, when petite woman. Sitting on the chair beside the window she announced:-

"Ok Class. Ready for the test? Take out a pin page. Write down your name, class, roll no. on the top. Don't forget to write the date"

At the corner of the page, the following words he wrote:- *Manas Verma, Class - 2<sup>nd</sup> Year* 

Harshita Verma BA 1st Year

The smile on my lips or the tears in my eyes?
The pleasure in my laughter or the pain in my soul?
The happiness I showed or the suffering of my heart?
The beauty on my face or the embarrassment inside me?
What did you see? What did you feel?

After all, t

Some told me to enjoy my life that I deserved But how, after being so reserved?

Some told me to show my beauty and twirl Was that very easy after being in girl?

They do not let me admire my real beauty Because that is not really my duty. Every woman deserves to live with pride But the society keeps us aside. We want to be happy and free
But some are forced to hang up like a tree.
Ignoring the society is not that easy
After all, they dominate us and pretend to be busy.

They are joy to our family, they are our boys And what about us? Are we just toys? We bleed to give you birth And we also lie in this earth

I want to be who I choose to be
A free soul and a queen bee
They cannot let me down with their voice
Cause I'm a woman, I'm a priority, not a choice.

Mehak Verma
B.A. 2nd Year

# **ONE LAST DREAM**

Walking out of a Rover, there stood 18 year old Cristina, Her rosy cheeks and tinted lips highlighted her sparkling eyes even more. She was all dressed up and looking like an angel. She wore a pink slit dress that fitted her curvy figure perfectly with white stilettos. She had a white shiny handbag in her right hand and as soon as she started walking towards the school gate, her left hand was held by her charming and stunning boyfriend, Josh. He wore an Oxford blue tuxedo and was looking more dashing than ever. As both walked through the gate into the auditorium, they were welcomed with greetings and high-fives. After all, this was the power couple of high-school. The famous, loving and rich couple who were admired and envied by all.

As Cristina walked with her boyfriend, she saw her two best friends, Nina and Rachel at a distance and ran towards them with a big smile on her face. She hugged them and kissed them on their cheeks. Both of her friends admired how she looked. As the music started and all of them started dancing, Josh grabbed Cristina by her waist and pulled her closer. He looked into her eyes and that was the moment Cristina knew. Then she was in love. But she didn't need to say or express it as Josh went on and whispered inside her ear. 'I love you Cristina Lewis'. She felt complete and content. What more did an 18 year old high-school student need? But as she opened her mouth to reply with in 'I love you too', she realized this isn't where she was. This wasn't where she belonged to.

Everything became blurry and suddenly turned into darkness. She heard water running through a shower and felt wet, head to toe. Her wrists started to hurt. It felt like someone just slit them. Well, why wouldn't she feel this? As this was her choice. A choice she had to make because of a compulsion she faced. Her eyes opened and she stopped humming the song she was dancing to. She realized there and then what she had done. Well she realized it back when she was doing it, but she wanted to feel it one last time. She wanted to feel that dream and imaginary life one last time. The rich sparkly and content life that she always learnt about. She wanted to dream about being with Josh one last time. She wanted to dream about having friends, just one last time.

They say when a person is dying, his/her life flashes before deaths. All the things they love and all the loving memories they felt. But Cristina, she didn't have any loving memories, what was she supposed to think about before taking her last breaths? All the bullying she had to face because of her curvy body, and the poverty she saw growing up after her parents died and nobody wanted to be friend with a 'freak' or 'loser'. But this didn't bother her anymore. Because she was finally living her dream, starting to feel a life, by ending one she already had.

Mehak Verma B.A. 2nd Year



Lying in bed, anxiety deep.

3a.m. I not too young for this?

Or just "exaggerating" things, maybe, maybe not.

Neither me nor you deserve this plight,

Tears, shaking legs, run to cry in the night.

Aren't we too young for this?

Anxiety's grip, crushing expectations bliss.

Too young to cry all night,

And wake up 'strong 'in the morning light.

Most days I listen to myself,

But some days, heart seeks help.

Am I overreacting, maybe, maybe not,

But at the end of the day it's just me who'll stay, let me remind myself,

"You are strong, you can do it".

Maybe your sign to do the same,

Remember, at the end of the day, it's just you who'll remain.

-Sejal Chauhan, (B.A. 3<sup>rd</sup> Year)

# My alignmemt with dostoevsky's saying!

"If you choose to be an observer, beauty may not be evident. Yes, humans have turned the business of sharing greed and other negative forms of energy among themselves, making beautiful things appear artificial, just like a grave that, with flowers and rivers nearby, might offer a striking sight. However, can there be a grave of someone who, in the lives of millions, discarded the lens to see beauty, throwing it away from sight? If everyone desires, they can completely vanquish this energy and, once again, create a world of beauty by cultivating a mutual understanding among atoms in this universe, and hence beauty will save the world!"



Thousands of road that lay ahead, Your absence in life makes my heart dread. Immeasurable ways to feel comfort & ease, Still...just a thought of you makes my mind freeze. Waiting for the arrival of the lost, Like searching for a log fire in the frost.

No tears left to shed on your farewell,
As if ears are Waiting just to hear your arrival.
"I" accept that you will never come again,
But to convey these feelings my heart will not refrain.

My duties have even ceased me to mourn , Your humorous talks that would make my mind blown. So, what if ...life couldn't offer it's much time to share , Though not your physical form but my heart will always care.

For me...your love is strength that me dare, Dare ...to live as your living extension Your memories are my strength....that sets everything in motion.

Rahul Garg, M.A 2nd Sem

# My alignment with **Plato's perspective**

As plato said "states will never be happy until rulers become philosophers or philosophers become rulers"

"I contend that philosophy emerges through keen observation, followed by a thoughtful exploration of the 'why' and 'how' behind those observations. A keen observer and thinker not only approach solutions but also provide profound remedies for current issues (maybe sometimes not a solution for upcoming 50 years but a great antidote for the present problems)

The seed of all these concepts—economy, polity, geography, and let's say geopolitics—has been the same formula! Even if someone were to attempt it today, it wouldn't just be effective; it would be exemplary.

While attempting such an approach in the contemporary context may not yield immediate success, it undoubtedly stands as the optimal path forward, hence states will never be happy until rulers become philosophers or philosophers become rulers!"

# English MY FIRST LOVE

I remember the day when our eyes met, you were just a book, Ignoring you in the crowd. It was hard to understand your feelings, time passed away, didn't realize your importance. Suddenly, you came into my life, trying to be my beloved, Your bright eyes got my heart. The path was full of challenges, decided to forget you. but then i realized, "How can i forget you ?", You were the first love of my life.

## **GREAT MEN: COPERNICUS, KEPLER, GALILEO**

For a long time people believed that all the planets and sun went around the Earth. The polish astronomer Nicolas Copernicus (1473-1543) doubted this geocentric world view which supported the view that the Earth was at the centre of the universe. However just before his death he proved that the planets orbited the sun. This theory went against the popular view of the people at that time. The German astronomer and mathematician Johannes Kepler (1571-1630) further improved this "heliocentric world view (Helio = sun). He discovered that the orbits were not-circular but ovaland that the planets moved at different Speeds. Kepler was in close correspondence with his Italian colleague Galileo Galilei (1564-1642) through letters. Galileo had being studying the surface of the moon with the telescope he had made-and-discovered the 4 moons of Jupiter. When Galileo published his new world view, his writings were banned by Pope. Under the treat of death penalty, he had to withdraw his statements and was condemned to a life long house arrest.

#### Albert Einstein - The great Physicist.

Albert Einstein (1874-1955) was an average student in the school but was always interested in physics and mathematics. He continued to study these subjects in his free time after completing his Studies, even when he took up a job in Switzerland. He proposed the special-and general theory of relativity which says that the light is deflected by a strong gravitational field. His other work contains the most famous formula of world: E=mc^2, where E stands for energy,. "m" for mass and "s" for the speed of light. It says that all matter can be converted into energy. Einstein a Jew, was originally from Germany but moved to USA in 1932 because of Political conditions and persecution of Jews he continued living and searching in USA till his death 23 year of later.

Surya mani BSc -2<sup>nd</sup> Year



Hey you! It's an open sky
Yes you must dare to fly.
Something is waiting for you...
Don't try to go so far
You are a shining star.
In the empty ocean
You are a beautiful creation.
Don't fall for imagination,
Make everything good with all determination.
Do something great

Don't loose your faith
Don't forget what you are
You are the scope
Where people loose their hope
Don't say you can do nothing
You are the one who can do anything
Richa Thakur
B.com 1st Year

In one word's stroke There was a mirror I broke, Shattered and croak It still made my reflection evoke

Broken in apace It fell on the ground Still showed my grace Proud and abound

Mirror's reflection was so clear
That it became my closest dear
I was happy, had nothing to fear
Till he urged for that one word to hear,
The word that was like a stroke
I said it loud and my mirror broke.

-Vedika (Ba-1st year)

#### **BEAUTY WILL SAVE THE WORLD**

My alignment with Dostoevsky's saying!

"If you choose to be an observer, beauty may not be evident. Yes, humans have turned the business of sharing greed and other negative forms of energy among themselves, making beautiful things appear artificial, just like a grave that, with flowers and rivers nearby, might offer a striking sight. However, can there be a grave of someone who, in the lives of millions, discarded the lens to see beauty, throwing it away from sight? If everyone desires, they can completely vanquish this energy and, once again, create a world of beauty by cultivating a mutual understanding among atoms in this universe, and hence beauty will save the world!"

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Ayush Verma B.A. 1st Year

## "EMBRACING THE VIRTUES OF LORD RAM IN OUR LIVES"

ord Ram, a central figure in Sanatan Dharm and the history of Bharat, is revered for his exemplary qualities and righteous conduct. His life serves as a timeless source of inspiration, guiding us on the path of virtue and righteousness. Embracing the qualities of Lord Ram can offer profound lessons for personal development and ethical living.

One of Lord Ram's notable qualities is his unwavering commitment to dharma, or righteousness. Throughout the epic Ramayana, he upholds moral values, even in the face of adversity. This steadfast adherence to principles becomes a beacon for us, encouraging the pursuit of righteousness in our own lives. By prioritizing ethical choices and moral conduct, we can foster a harmonious and just society.

Lord Ram's compassion and empathy also stand out. His deep love and respect for all beings, irrespective of their social status, exemplify universal compassion. Embracing this virtue allows us to cultivate empathy in our interactions, fostering understanding and unity in our communities.

Furthermore, Lord Ram's resilience in facing challenges showcases the importance of perseverance. Despite facing numerous trials, he remains steadfast in his commitment to fulfill his duties. In our own lives, adopting a resilient mindset can help us navigate difficulties with grace and determination.

The Importance of family values is another facet of Lord Ram's life that resonates strongly. His devotion to his parents and unwavering commitment to his wife, Sita, highlight the significance of familial bonds. By nurturing strong and supportive family connections, we can create a foundation of love and stability that enriches our lives.

To embrace Lord Ram's qualities in our daily lives, we can start by consciously incorporating these virtues into our thoughts and actions. Practicing honesty, compassion, resilience, and familial bonds can contribute to personal growth and the betterment of society.

In conclusion, Lord Ram's life serves as a timeless guide for humanity, offering a blueprint for virtuous living. By embracing his qualities of righteousness, compassion, resilience, and family values, we can strive to lead fulfilling lives and contribute to the well-being of the larger community. Lord Ram's legacy continues to inspire generations, encouraging us to embody these virtues and create a world marked by love, integrity, and harmony. It is rightly said that "Ramo Vigrahwaan Dharma" which means Ram is embodiment/personification of Dharma...

Kunal bhardwaj BA final year

# TENSE! TENSE!

Tense! Tense! Tense!
For us,
It makes no sense
Tense creates suspense and makes us dense.
It is like fire
that's why not our desire.
It is very tricky
that turns us streaky.
It is difficult to know but helps us in grow.
It is told
It makes us bold.
Sunakshi thakur
MA second semester

In my first year of college, bright and new, So much to learn, so much to pursue. With eager eyes and hearts alight,

I stepped into the unknown, ready for the flight.

Now in my last year, the journey nears its end, Reflecting on the memories, like an old friend.

From the first year's dawn to the last year's light, We've journeyed together, through day and night. In college's story, we've played our part, Leaving footprints of love, etched in our heart.

So here's to the first year's spark, and the last year's flame,
In the tapestry of college, we leave our name.
As we turn the page, and new adventures unfold,
We carry the memories, like treasures untold.

Ishita Chauhan B.A Final year

# **ILEGE HALLS WHERE BEAUTY SHINES**

In college halls where beauty shines, Remember, your goal is what defines. Don't change for others, stay who you are, Let your true self be your guiding star.

Though tempting sights may catch your eye, Your dreams and goals should soar up high. Stay focused, determined, be your best, In your own journey, you'll pass the test.

It's not about looks or outer charm, But staying true to your inner calm. So amidst the beauty that surrounds, Stay grounded, focused, goal-bound.

Ishita Chauhan B.A. Final year

# Wish to fly



Want to fly so high in an open sky
Want to speak so loud and not
feel bound
Want to take a ride to feel happy
and proud
On blue ocean clouds that might
heat my wounds. Rainbow with different
Colours and rain falls like
Beautiful flowers give a great
shine and the message to
Keep on trying .
Neha sharma
B.A 3rd year

## Why I still own a 25 years old 800?

echnically, my father owns it but that's not the point here. Yes, I own a 1998 Maruti Suzuki 800. It is the second generation facelift variant and has done around 150,000 kilometres. Before we dive in how about a brief history lesson. The Maruti 800 was launched in India in 1983 and was based on the 1979 Suzuki Alto. It packed a tiny 0.8 litre 3 cylinder naturally aspirated engine called the F8B which churned out around 37 BHP at around 5500 rpm. This was mated to a 4 speed manual transmission which helped the car achieve a top speed of 140 kmph! Not bad for an 800 cc engine with just 4 gears. Now, Maruti introduced the much better and efficient F8D MPFI engine a couple of years later which was mated to a 5 speed transmission, churned out around 45 BHP at 6000 rpm and the top speed of this one was a staggering 145 kmph. Why is it staggering you may ask.

It is because the speedometer only read till 140 so it managed to excel its theoretical top speed and that's just plain awesome.

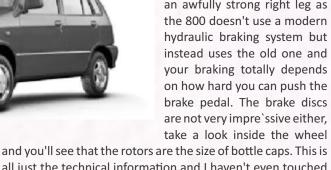
Talking about the design. Well, there isn't much to talk about. There are around 2.6 million 800s on the road and we all know that it isn't the prettiest of cars. Metallic paint with bumpers that are black and made of hard plastic, the design is something some may like and some may not. Many youngsters see the 800 as a

blank canvas and that is why you can see a lot of modified 800s on the road but I personally don't like the modifications. Coming on to the interior, nothing but more hard plastics. It is a basic interior with a few storage spaces and an ashtray. Yes, that used to be a thing back then in cars. The car seats 4, on paper at least but since we are living in India it totally depends on your squeezing and adjusting capabilities. On the feature front, the car lacks basic or any features at all. It gets a cabin lamp and sun visors and that is it. In terms of safety it gets seatbelts. Anti-lock brakes and traction control weren't a thing back then, not in India at least. It wasn't the most comfortable of all either. The suspension setup was quite a basic one, MacPherson strut and coil spring at the front (you get that on the rear now a days) and coil spring with gas filled shock absorbers at the rear.

Now coming on to my favourite part, drive and handling. Now, since I have never driven a brand new 800, I'm going to tell you about the driving dynamics of mine. The steering is not a power steering, it is the basic old school stuff which means it packs a lot of feel and feedback which helps massively in the corners. Another thing which helps in the corners is the suspension. You see, my car has travelled quite a lot of distance and over that course, the suspension has become really stiff. Now, that is a good thing in the corners without a doubt as it decreases the amount of body roll but that stiff suspension makes even the slightest of rough roads feel like off road tracks. But if you do manage to find a buttery smooth windy road you are in for a surprise.

You see, in a big powerful car you are always worried in the corners about how much power do I need here, how much throttle do I need but that's not the problem with the 800, you can bury your foot hard on the accelerator and leave it there because the 800 has no power at all. But wait, there's more. You see, the car seats you quite low and the car itself is very small and due to that even the slightest of speeds can make you feel like you're doing a million miles an hour. Now, you've

> had a great drive and need to come to a halt and for that my friends, you're going to need an awfully strong right leg as



all just the technical information and I haven't even touched the problems of short gearing ratios and overheating issues. You may ask if it has so many problems, why do I still own it? The answer to that you see is quite simple. As said by Mr. Jeremy Clarkson himself "it's what non car people don't get, they see all cars as just a ton and a half two tons of wires glass metal and rubber, that's all they see. People like you and I know, we have an unshakable belief that cars are living entities, they are real and you can develop a relationship with a car and that's what non car people don't get."

So to answer your question, yes, my car is not the prettiest or the fastest, it doesn't have air conditioning, the ride is bone shattering, the brakes don't work, the steering is too heavy and yes, it causes me a lot of trouble. But the thing is I just don't care because it's a happy little car and I absolutely love



## **KONARK:** A MODERN MYSTERY

odern Science has decoded most of human architecture, be it ancient or medieval. From the Greek Colosseum to the Leaning Tower of Pisa, all has been understood but old Indian architecture still remains a mystery, a big one at that.

One such example is the Konark sun temple. Located in Konark town, Odisha. It can only be described as majestic yet mysterious. Estimated to be constructed in 1250 AD by king Narsimhadev-1 in 12 years, it appears as a 128 feet high chariot



In one word's stroke there was a mirror I broke, shattered and croak it still made my reflection evoke

Broken in apace it fell on the ground Still showed my grace proud and abound

Mirror's reflection was so clear that it became my closest dear I was happy had nothing to fear Till he urged for that one word to hear the word that was like a stroke I said it loud and my miror broke.

Vedika (Ba-1st year)

with 24 large wheels each 12 feet wide with 7 horses pulling it forward, all carved from stone. All the wheels act as sundials, to this day. The temple originally had a 230 feet tall sanctum sanctorum, which was demolished in 1837 by Mughal invaders.

But the true mystery is, the temple is believed to have had a huge natural magnet called "Lodestone" which levitated the main Idol above ground. Unfortunately, this magnet was later removed for unknown reasons. Also, the temple walls show extremely detailed carvings and craftsmanship, considering the tools of that time. Transportation of hundreds of tons of stone back then which did not naturally occur nearby, puzzles historians to this day.

Konark temple is a prime example of advance medieval architecture. And it poses the question, whether the humans before us used some technology, which has been lost to time.

> Shashwat Aditya Sharma (B.Sc. 2<sup>nd</sup>)

# The Good Bye

I'm sitting here,
Amidst people of a thousand kinds.
Tireless & constant shouts of names.
Names of places I don't know,
Places I don't remember the ways to.
I was accompanied till here,
And then I had to be on my own.
The last sight of everything
Shall be the survival pill.
Though I managed to capture them,
But how long shall they be keeping me?
The last bye, the constant waving of hands,
I've preserved them but I'm hoping they will last.
-Nikita Dhiman
B.A.1st Year







Embrace the possibilities to tomorrow's technology today, for it is the canvas upon which we paint future of humanity

n the busting landscape of higher education, college magazines serve as vibrant hubs or creativity, innovation and expression. Beyond the technicalities, our sections embody a spirit of camaraderie and shared passion for technology. I on behalf of BCA section aim to shed sight on the latest trends and developments in the tech sphere and how they impact our future. Within our sections, we come together as a diverse group of individuals united by our passion for technology and computing.

I would like to express my gratitude to my fellow mates who contributed in making this magazine a success. I would like to specially thank Mrs. Pratiksha Chauhan for her constant support and brilliant guidance as well as for her being an epitome of knowledge and inspiration throughout this venture.

As we embark on this journey together, let us embrace the power of perspective and the transformative potential of college magazines to shape a brighter, more inclusive and more interconnected future for all.



**Ankita** Student Editor

The world can only be grasped by action, not by contemplation...
The hand is the cutting edge of the mind. - Jacob Bronowksi 99

With great pleasure, I welcome you all to the "Economic Forum" of our annual college magazine "HIMRASHMI". It is a matter of great satisfaction and pride to be a part of it. Many people hear the word. "ECONOMICS" and think it's all about money. Though in practical life economics is not just about money but economic is about making choices, "CHOICES ARE MADE WITH OPPORTUNITY'S COST, TRADE AND EXCHANDE". So Economics is everywhere and understanding economics can help you in making better decisions in your day to day life.

This section of magazine aims to highlight some of the economic issue such as sustainable development, post pandemic economic challenge, AI in economics, inflation, unemployment, inequality and as the 5th largest economy its contribution to global economic dynamics.

I would like to conclude by expressing my gratitude to my department teachers for their guidance. The magazine would not have been possible without them and especially to the Chief Editor Dr. Madan Shandil for providing such a great opportunity to me. Your encouragement and unweaving support have made a huge difference in my learning journey! last but not the least I want to thank all the contributors for their innovative manuscripts. Also, I hope you will enjoy reading and continue supporting the editorial board to carry forward this legacy.

# **EMBRACING THE JOURNEY:**

# The Power of Positivity

"THE TRUE ESSENCE OF HAPPINESS LIES IN FINDING JOY IN THE SIMPLEST MOMENTS AND EMBRACING THE BEAUTY OF POSITIVITY IN EVERY STEP OF THE JOURNEY."

Life is a journey, filled with ups and downs, twists and turns, joys and sorrows. It's easy to get caught up in the challenges and forget about the beauty that life has to offer. But remember, every journey begins with a single step, and every step is a chance to grow, learn, and become stronger.

#### The Power of Positivity

Positivity is more than just a mind set. It's a way of life. It's about seeing the good in every situation, no matter how difficult it may seem. It's about believing in yourself and your abilities, even when others doubt you. It's about embracing the journey, not just the destination.

When we approach life with a positive attitude, we open ourselves up to new possibilities. We see opportunities instead of obstacles. We see potential instead of problems. We see hope instead of despair.

## **Embracing the Journey**

Every journey has its challenges. But it's how we face these challenges that define us. Do we let them bring us down, or do we rise above them? Do we let them define us, or do we define ourselves?

Embracing the journey means accepting the challenges as part of the process. It means understanding that every setback is a setup for a comeback. It means knowing that every failure is a stepping stone to success.

#### The Journey Ahead

As we continue on our journey, whether we are young or old, male or female, student or teacher..., let's remember to stay positive. Let's remember to embrace the journey. Let's remember that we are stronger than we think, braver than we believe, and capable of more than we can imagine.

Remember, the journey is the destination. So let's make the most of it. Let's embrace the journey with positivity, courage, and determination. Because in the end, it's not about where we end up, but who we become along the way.

So, keep going, keep growing, and keep believing. Because the best is yet to come.

Sam Jasper, BCA, 2<sup>nd</sup> Semeseter

# THE BLISS OF CHILDHOOD

I wish to be a child once again With no tension of loss or gain; And no tears in my eyes to shed; Ah! The biggest demands were that of a chocolate

No worries to think about making my fate One, two, three and four I used to say And would get ten rupees every day; In winters, trying to get into mama's shawl,

CENTER OF EXCELLENCE, GOVERNMENT COLLEGE, SANJAULI



Always fighting to get one or more ball; Who cared about the rising price? Only the concern was getting the toy of my choice

God! Let me return to life's that phase; Return me that innocent mind and secure place!!!

> Ishika Verma, BCA 2<sup>nd</sup> Year

# Technology IN TODAY'S WORLD

echnology has revolutionized our lives completely. Modern technology has made our work easier, productive and more efficient. While science is concerned with understanding how and why things happen, technology deals with making things happen. The quick and efficient change and advancement in the economy, as we observe in today's world, is the result of modern technology. The development of an economy could not have been possible without the advancement in technology. It has also brought a lot of radical changes in the social and cultural spheres of society. Modern technology includes machinery that makes our life easier. It has changed civilizations in many different ways. The twentieth and twenty-first centuries have seen a number of advancements that have changed the way people work, live and play. The importance and reliance on modern technology has made it difficult to imagine life without it. In present times, we are fully dependent on machines.

There is perhaps no field of human life which has not been affected by technology. Agriculture, industry, profession, health, education, art, political processes, recreation, religious activities and daily life activities are all under the influence of technology.

Technology has made a lot of changes in retail market. Now people don't have to go to shops and malls to buy things as they can do online shopping from home. It has brought about efficiency and quality in the manufacturing sector. Technological advancement has reduced the risk involved in manufacturing enterprises.

There has been tremendous improvement in the field of health as well as health facilities because of technological advancement in this sector. Education has enhanced in schools. Learning as well as teaching has improved and become easier. In every classroom there is a computer as well as a smart board. This helps teachers to make the best use of such devices. Computers allow access to multiple programs as well as the internet. The programs created by Microsoft have tremendously improved education. The work can be done faster by using Microsoft Word. It not only provides connectivity with others but also is a storehouse of

knowledge, music and entertainment.

Telephone have also improved the lives of people by making communication easier. Now People can keep in touch with others from all around the world with just the click of a button. Cell phones have made this a lot easier by allowing a call to be made from anywhere. Texting has developed through cell phones allowing communication without talking



Anchal Thakur BCA Ist Year

# **GOD HELPS THOSE**

## WHO HELPS THEMSELVES

n our daily life, most of us generally gets hopeless whenever we have to face difficulties and problems. We start praying to god during those times instead of following some tricky solutions to get out of those problems. We should continue working hard and never get afraid of such problems in order to get result in favor. "God helps those who helps themselves' is a famous proverb which teaches us an important lesson in life. It is not enough to only worship God, We also need to work hard if we want to succeed.

Today I chose this topic to make you perceive with the help of a story. Once there were two frogs, they were enjoying the rainy day. Slowly they hopped to the house and

fell down into the big container of milk for sometime however one of them got fed up As he lost his hope of swim anymore. The second one was having much patience and did not lose hope. He continued his swimming and round movements in the milk in order to get out of that. Slowly he churned the milk into butter and then climbed To the pat of butter which helped him to hop out of the churn. From this story, we learn that we should never lose our hope and continue our hard work with full patience; the positive result will be in front of us. Thus it proved that God helps those who Help themselves.

Mannat Chandel BCA- 1st YEAR

# IS IT ME?

Is it me? or the world is rude. Is it me who over loves, Or the world is harsh. Is it me who is overreacting, Or the world is not understanding. Is it me who over thinks, Or the world is not caring. Is it me who is hurt, Or the world is not healing. Is it me who is stuck on past, Or the world is so fake. Is it me who fakes smile, Or the world who never knew the real me Is it me who is problem, Or the world who looked at me like that. Is it really me?

Or what world wanted me to be ......

- Alisha, BCA 1st Year

# MILES AND MILES | WALKED

Without a stage, People smile and star red, But I never waited It was easy for people to sit and say, But only my heart knows how it felt. My story was my own, I never ought to disclose. But the pain I felt always remained The ridiculous comments of people Didn't stop my way The only voice supported me Was of my parents. My story will never end, But I want to say Back bitchers, will always stay, But when you stand up for yourself The heaven actually saves. Ishika Verma, BCA 2<sup>nd</sup> Year



# **ARTIFICIAL INTELLIGENCE**

# IN THE PRESENT ERA

Artificial Intelligence (AI) is a super smart technology that's changing a lot of things nowadays. It is making our lives easier in so many ways, like, it helps us talk to virtual assistants like Siri or Alexa, and it can even drive cars without people steering them.

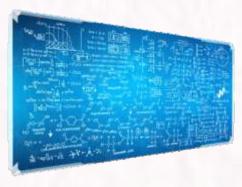
Let's dig deep into how worthy and significant Al performs:

Basically, Al makes machines think and learn like humans. It helps them do things that need human-like thinking, like learning, solving problems, understanding language, and figuring out what things look like. Al uses special math rules and lots of information to learn and get better at stuff over time.



#### Where We See Al

You can find Al almost everywhere now. In hospitals, it helps doctors look at medical pictures, find new medicines, and suggest treatments for patients. In banks, it helps stop bad guys from stealing money and helps decide where to invest money. Even in factories, Al helps make things faster and tells when machines need fixing before they break.





# **13**

#### Good and Bad Stuff About Al:

Al can do a lot of good things, but it also brings up some problems. For example, it might take away some jobs because it can do tasks that people used to do. Also, sometimes Al can be unfair because it learns from old data that might have biases. And we need to make sure Al doesn't get used for bad things like spying or hurting people's privacy.



### What's Next for Al:

Al is getting even smarter every day. There are new discoveries happening in how it learns, understands language, and even moves robots. And when we combine Al with other cool tech like super-fast computers and devices that talk to each other, we can do even more amazing things!

#### Conclusion

So keeping the above things mentioned about Artificial Intelligence, we conclude that AI is changing our world big time! It's helping us work better, live better, and solve big problems. But we need to be careful and make sure it's used in the right way. If we do that, AI can make life awesome for everyone!

-Manya Ranchan, BCA 2<sup>nd</sup> year



# UNLEASHING THE POTENTIAL OF COMPUTER APPLICATION STUDIES

#### Introduction:

As a student pursuing a Bachelor's in Computer Applications (BCA), I believe that the journey we embark on during our academic years is not just about acquiring knowledge but also about building a strong foundation for a successful career in the dynamic world of technology BCA, as a field of study, offers a unique blend of theoretical understanding and practical application, which equips us with the skills needed to thrive in the digital age.

In this article, I want to share my thoughts on how BCA students can harness their potential and pave the way for a bright future. Studying in this field can not only build up our digital knowledge but also the whole personality add on. In the everevolving tech landscape, adaptability is key. As BCA students, we must cultivate a growth mindset, which means being open to learning new technologies, programming languages, and frameworks. Keeping in mind that the knowledge gained during our academic journey is just the beginning, and continuous self-improvement is essential

Along with that, BCA provides us an attitude through which we consider the value of Hands-On Experiences. While textbooks provide essential theoretical knowledge, practical experience is equally crucial.

BCA introduces us to a whole big world of Networking and Collaboration. Building a professional network is a valuable asset. Attend tech events, join coding communities, and connect with industry professionals on platforms like Linkedin, Collaborative projects and discussions can open doors to new opportunities

and provide insights into the industry's trends and demands.

Technology is ever-evolving, and staying updated is a must. Follow tech news, read blogs, and subscribe to newsletters related to your field of interest. Being aware of emerging technologies like Al, block-chain, and lot can give you a competitive edge. After all that, we also get to develop in us the soft skills, which is however important to stand as a literate individual in the society and world. While technical skills are essential, don't overlook the significance of soft skills. Effective communication, problem-solving abilities, and teamwork are highly valued in the tech industry. Develop these skills alongside your technical expertise to become a well-rounded professional.

#### **Conclusion:**

BCA brings our personality open to seeking guidance and mentor ships. The tech industry can be challenging, and setbacks are a part of the journey. As BCA students, we are on a remarkable journey that will shape our future in the tech world. By embracing a growth mind set gaining practical experience, networking, staying informed, developing soft skills, seeking guidance, working on personal projects, and staying persistent, we can unlock our full potential and embark on a successful career path. Let's remember that the world of technology is full of possibilities, and our BCA education is the key to success.

-Divya Jyoti, BCA 2nd Year

# LOVE **ASAPURPOSE**

True love. Is but a curse. Love's crooked roots. Making they're way to your soul.

To love, to long, to want to spend An eternity, looking at your love, Giving it your love, loving to give your love Loving that love is giving you a purpose.

Getting high on love, Loving how low it takes you In the depths of your evil, Where love comes to rot.

Love is a poison, So deadly, so cruel, so painful, The pain, it's addictive It's all a dying soul could hope for.

Winters shall pass, You shall pray to your gods to let you Linger onto your love until your breathing stops,

But if gods knew love they would be mortals

Adamya BCA 2<sup>nd</sup> year

# **MISSING**

PIECE MELETA

Flew right into me, When i thought my life was a Labrinth, You made me realize it was just a With one missing piece. You.

It's so absurd A person you didn't know existed, eyes met, life collected itself back together.

She didn't do anything, merely existed. life started making sense. Everything had meaning once again. Her company was a drug to me.

It was so bad that it was almost great, Such nonsense that it made perfect sense.

It hurt so much that one could even call it Love.

> Adamya BCA 2<sup>nd</sup> year

# VOID

A void is only a void, When it's been filled once Filled to the brim with love And happiness.

which once was invisible, Now it's all you are. Devouring you, And everything you know.

Let it tear you into a million pieces, Then a million more. For not even infinity Can even begin to fill it again.

Adamya BCA 2<sup>nd</sup> Year

Now people say let go of your emotion, Feel free to cry, express is the new notion. Will this help? Or is this really a demotion, Losing ones fighting spirit and devotion, An excuse or acceptance of impotence, Neglecting one's dream and existence of equipotence. I wonder about vulnerability

Is it about walking away from credibility? I wonder to tell, share and express But Is the world ready for reality, Can they really feel the poignancy. I WONDER.....

- Harshita Gupta B.C.A 3<sup>rd</sup> year

# GETTING READY FOR THE REAL WORLD:

# WHY LEARNING PRACTICAL SKILLS MATTERS

## Introduction:

In today's fast-changing world, just having a college degree might not be enough. This article explains why it's crucial for students to focus on learning practical skills that employers really value.

## **Jobs are Changing**

Let's start by talking about how the kind of jobs available are different now. Companies are more interested in what you can do rather than just the degree you have. Vocational and professional fields, practical learning is essential for preparing individuals to enter the workforce with the specific skills and competencies required by employers.

## **Doing Stuff, Not Just Studying:**

Explain that it's not just about reading books but actually doing things. Learning by doing helps you think better, solve problems, and use your knowledge in real-life situations.

## More than Just Hard Skills:

Talk about soft skills like how you talk to people, work in a team, and handle emotions. These are just as important as the technical stuff.

## **Tech Can Help Learn Better:**

Mention how technology can make learning more interesting. Virtual labs, online tools, and simulations can make studying more engaging and fun.

## **Work with Real Companies:**

Say that it's a good idea for schools to team up with companies. This way, students can get real-world experience through internships and understand what the job is really like also Skill Development. Engaging in hands-on activities fosters the development of practical skills that are crucial in professional and everyday life, such as problem-solving, critical thinking, and decision-making.

## **Everyone is Different:**

Explain that not everyone learns the same way. Some people like projects, others like talking to a mentor. Schools should find ways to help each person learn in their own best way.

#### How Do We Know It Works?

End by saying that we need to figure out if this new way of learning is really working. Are students getting better jobs? Are they happy with what they learned? This way, we can make sure that everyone is learning the right things for the real world.

Nirmal, BCA 2<sup>nd</sup> year

# **UNRAVELLING THE PROMISE &**

## **PERILS OF ARTIFICIAL**

#### **Intelligence in Education**

#### Introduction:

Artificial Intelligence (AI) has permeated various aspects of modern life, revolutionizing industries and reshaping the way we work, communicate, and learn . in the realm of education, AI holds immense potential to enhance teaching and learning experiences, personalize instruction, and improve educational outcomes, however, as with any powerful technology, AI also raises important questions and concerns regarding ethics, privacy, and equity. In this article, we'll We'll delve into the promise and perils of AI in education, exploring its transformative impact and the challenges it presents.

#### The Promise of Al in Education

Al has the potential to revolutionize education by offering personalized learning experiences tailored to individual student needs and preferences. Adaptive learning platforms powered by Al algorithms can analyze student data in real-time, identify learning gaps, and provide targeted interventions to support student learning. Additionally, Al-powered tutoring systems can offer personalized feedback and assistance, supplementing traditional classroom instruction and promoting student engagement and mastery of concepts.

Moreover, AI can streamline administrative tasks for educators, such as grading assessments, managing student records, and designing curriculum materials. By automating routine tasks, AI frees up valuable time for educators to focus on higher-order instructional activities, such as designing innovative learning experiences, fostering critical thinking skills, and cultivating creativity among students.

#### **Perils and Challenges:**

Despite its transformative potential, the widespread adoption of Al in education also presents a host of challenges and concerns. One significant issue is the potential for algorithmic bias, where Al systems may perpetuate or exacerbate existing inequalities based on factors such as race, gender, or socio-economic status.

If Al algorithms are trained on biased data or reflect the biases of their creators, they may inadvertently reinforce inequities in educational opportunities and outcomes.

Privacy and data security are also major concerns surrounding the use of Al in education. As Al systems collect and analyze vast amounts of student data, there is a risk of unauthorized access, data breaches, and misuse of sensitive information. Safeguarding student privacy and ensuring data protection are critical considerations in the development and implementation of Al-powered educational technologies.

Furthermore, there are ethical considerations surrounding the use of Al in educational decision-making, such as admissions, assessments, and interventions. As Al algorithms become increasingly sophisticated, questions arise about transparency, accountability, and the potential for unintended consequences Educators, policymakers, and technologists must grapple with these ethical dilemmas to ensure that Al is used responsibly and ethically in education.

#### **Conclusion:**

Artificial Intelligence holds tremendous promise to transform education by personalizing learning experiences, improving educational outcomes, and enhancing the efficiency of administrative tasks. However, the widespread adoption of Al in education also raises important questions and challenges regarding ethics, privacy, and equity. As we harness the power of Al to innovate in education, it is essential to approach its implementation thoughtfully, ethically, and with a commitment to equity and inclusivity. By addressing these challenges and concerns, we can unlock the full potential of Al to create a more equitable, accessible, and effective education system for all learners.

-Piyush Thakur, BCA Sem IV

## **QUITTING FROM**



being a computer science student, I'm a bit afraid of AI. With the advent of AI, developers are losing their job. AI is a thousand times better than us. As an IT student I'm afraid of my job. The technology is changing abruptly and I am not sure of I will be able to change accordingly.

But still I hope AI won't be able to do all of our tasks and there will always be room for humans and respect for human excellence. Know I have to work on my skills but I can just hope that in future no AI tool would be able to do work based on my skill. I wanna be positive, I don't want to quit, but I also don't want to stick to the old technology, I want to move at the same pace as AI I know it would be difficult. But I want to sign up for that.

- Harshita Gupta B.C.A 3<sup>rd</sup> year

# FACADE

For some reason... sun doesn't seems bright enough, everything seems dull...like a washed off dilusion,
Was this all, always like this? Or i just rubbed my eyes to reality?
I don't feel the same way I used to feel am i the same way i used to be???
How I used to be? Was the person that I remember even me?... Or is 'me' defined by the people around me?... Was I ever 'me'??? Caught up in this delusion... nothing feels real Mirrored??
Everything seems true but still far away from reality.

One day the mirror will shatter, with this shatters the 'me'
Finally to the reality??? Or just another hallucination....

Avis Owais Shah, BCA 2<sup>nd</sup> year

# **DYSMORPHIA**

How cursed it feels,
To realise every minute thing about me
Just isn't right
Being the perfect example of imperfection.

Looking at the mirror again and again, Hoping that this time the person i see Is more like the person That i want to be

To a point where the pension, In the reflections becomes my enemy. I have to end him, I have to end him. I'm doing the right thing because he doesn't



deserve to exist.

This body is just a prison,
My soul screams for help,
But all I can do is make the prison look pretty,
Make the prison look..., lovable...?

Adamya, BCA 2<sup>nd</sup> year

# NAVIGATING THE COLLEGE ODYSSEY: LIFE AS A STUDENT IN COLLEGE

College life is often romanticized as a time of newfound freedom, intellectual exploration, and personal growth. For many, It represents a significant transition from adolescence to adulthood, marked by independence, responsibility, and the pursuit of higher education. However, the reality of life as a college student is multifaceted, encompassing academic challenges social experiences, personal development, and more. In this article, we delve into the unique Journey of being a student in college, exploring its joys, struggles, and everything in between.

At the heart of the college experience lies academic rigor. College courses are designed to challenge students intellectually, fostering critical thinking, analytical skills, and a deeper understanding of various subjects. From attending lectures and participating in discussions to conducting research and writing papers, students are Immersed in a rigorous academic environment that demands dedication, perseverance, and a thirst for knowledge.

One of the greatest challenges college students face is managing their time effectively. With a myriad of responsibilities. including classes, assignments, extracurricular activities, part-time jobs, and social commitments, time management becomes essential for success. Learning to prioritize tasks, set goals, and maintain a healthy work-life balance is crucial for navigating the demands of college life.

College is not just about academics; it's also about building connections and forming meaningful relationships. From dorm roommates and classmates to club members and study partners, college provides opportunities for students to meet people from diverse backgrounds and forge lifelong friendships. Moreover, college campuses are hubs of social activity, offering a plethora of clubs, organizations, events, and cultural experiences for students to engage with. These social interactions not only enrich the college experience but also contribute to personal growth, self-discovery, and a sense of belonging.

While college life is filled with moments of joy and fulfillment, it is also rife with challenges and setbacks. From academic pressures and financial constraints to homesickness and social anxieties, college students face a myriad of obstacles in their journey. However, it is through overcoming these challenges that students experience profound growth and transformation. Whether it's acing a difficult exam, landing an internship, or overcoming a personal struggle, each triumph strengthens students resilience, fortitude, and sense of self-efficacy.

As college students navigate the ups and downs of their educational journey, they are constantly evolving, growing, and preparing for the future. Whether they pursue further education, enter the workforce, or embark on entrepreneurial ventures, the lessons learned and experiences gained in college serve as a foundation for success. Armed with knowledge, skills, and a sense of purpose, college graduates emerge from their alma maters ready to embrace the opportunities and challenges that lie ahead, confident in their ability to navigate the complexities of life with wisdom, resilience, and determination.

In conclusion, life as a student in college is a transformative journey marked by academic rigor, social connections, personal development, challenges, and triumphs. It is a time of exploration, discovery, and growth, where individuals chart their own paths, pursue their passions, and prepare for the future. As college students embark on this odyssey of self-discovery and learning, they are empowered to embrace the opportunities that lie ahead, confident in their ability to navigate the complexities of adulthood with courage, resilience, and grace.

Ankita, BCA-6th Semester

# The Growing Threat of Cyberterrorism: Safeguarding Our Digital World

n an increasingly interconnected world, the specter of cyber terrorism looms large, presenting a formidable challenge to national security and global stability. Cyber terrorism, the malicious use of digital technology to attack civilians and governments, poses threats ranging from economic disruption to physical harm. As our reliance on digital infrastructure grows, understanding and combating this evolving menace becomes paramount.

Cyber terrorism encompasses a broad range of activities, including hacking critical infrastructure, spreading propaganda, disrupting financial systems, and orchestrating coordinated cyber-attacks. Unlike traditional forms of terrorism, cyber terrorism leverages the anonymity and reach of the internet to strike from anywhere, anytime, making attribution and defense complex endeavors.

One of the most pressing concerns is the targeting of critical infrastructure, such as power grids, water supplies, and transportation networks. A successful cyber-attack on these systems could result in widespread chaos, endangering lives and crippling economies. The 2015 cyber-attack on Ukraine's power grid serves as a chilling reminder of the potential consequences, highlighting vulnerabilities that exist even in advanced nations.

Moreover, cyber terrorism is not confined to nationstates, but non-state actors and terrorist organizations also pose significant threats. Groups like ISIS and Al-Qaeda have demonstrated a growing interest in exploiting cyberspace for propaganda, recruitment, and coordination. The dissemination of extremist ideology and the radicalization of individuals online have contributed to the spread of violence and instability worldwide.

Financial institutions are also prime targets for cyberterrorists seeking to undermine economic stability and sow chaos. From ransomware attacks to sophisticated financial fraud schemes, the financial sector remains vulnerable to exploitation. The 2016 cyber-attack on the Bangladesh Central Bank, which resulted in the theft of \$81 million, serves as a stark reminder of the potential repercussions of such attacks.

In response to these threats, governments and organizations must adopt a multi-faceted approach to cybersecurity. This includes investing in robust defense mechanisms, enhancing intelligence capabilities, fostering international cooperation, and promoting public awareness and education. Collaboration between the public and private sectors is essential to develop and implement effective strategies for cyber defense.

Furthermore, the development of norms and regulations governing cyberspace is critical to deter malicious actors and establish accountability. International agreements, such as the Budapest Convention on Cybercrime and the Tallinn Manual on the International Law Applicable to Cyber Warfare, provide frameworks for addressing cyber threats and promoting responsible behavior in

cyberspace.

However, addressing the challenge of cyberterrorism requires constant vigilance and adaptation. As technology evolves, so too do the tactics and capabilities of cyber-terrorists. The emergence of artificial intelligence, quantum computing, and the Internet of Things (IoT) presents new opportunities for both defenders and attackers, requiring innovative approaches to cybersecurity.

Ultimately, safeguarding against cyberterrorism requires a collective effort involving governments, businesses, academia, and civil society. By investing in cybersecurity infrastructure, promoting information sharing and cooperation, and fostering a culture of cyber resilience, we can mitigate the risks posed by cyberterrorism and protect our digital way of life. Only through proactive measures and collaboration can we effectively confront this ever-evolving threat and secure a safer, more resilient future for generations to come.

-Harsh Kumar, BCA 2<sup>nd</sup> year







ith great pleasure, I welcome you all to the "Economic Forum" of our annual college magazine "HIMRASHMI". It is a matter of great satisfaction and pride to be a part of it. Many people hear the word. "ECONOMICS" and think it's all about money. Though in practical life economics is not just about money but economic is about making choices, "CHOICES ARE MADE WITH OPPORTUNITY'S COST, TRADE AND EXCHANDE". So Economics is everywhere and understanding economics can help you in making better decisions in your day to day life.

This section of magazine aims to highlight some of the economic issue such as sustainable development, post pandemic economic challenge, AI in economics, inflation, unemployment, inequality and as the 5th largest economy its contribution to global economic dynamics.

I would like to conclude by expressing my gratitude to my department teachers for their guidance. The magazine would not have been possible without them and especially to the Chief Editor Dr. Madan Shandil for providing such a great opportunity to me. Your encouragement and unweaving support have made a huge difference in my learning journey! last but not the least I want to thank all the contributors for their innovative manuscripts. Also, I hope you will enjoy reading and continue supporting the editorial board to carry forward this legacy.



RIYA VERMA Student Editor

The world can only be grasped by action, not by contemplation . . .

The band is the cutting edge of the mind.

# FUTURE OF CRYPTOCURENCY IN INDIA

ndia has shown significant traction in adopting digital currency. According to the Global Crypto Adoption Index, India is ranked as the seventh-largest nation ready to adopt cryptocurrency in 2023.

The future of cryptocurrency in India is heavily influenced by government regulations and the stance of regulatory bodies like the Reserve Bank of India. The government has introduced measures such as a 30% tax on crypto asset profits and is considering the potential introduction of a digital rupee. The government and regulatory bodies are still evaluating the impact and feasibility of cryptocurrency in the Indian money market.

Technological advancements play a crucial role in the adoption and growth of cryptocurrency in India. The use of blockchain technology, a decentralized and transparent ledger, has facilitated secure transactions and the recording of all cryptocurrency transactions.

Cryptocurrency provides individuals with new opportunities in the financial space. Financial assets have always been important, and cryptocurrency offers an alternative investment avenue. However, it is essential to consider the risks associated with cryptocurrency investments, such as price volatility. Cryptocurrencies are also being used for online gambling in India. The convenience and anonymity provided by cryptocurrencies have made them attractive for online gamblers.

It is important to note that the future of cryptocurrency in India is still being shaped by various factors, including government regulations, technological advancements, and market dynamics. The adoption and acceptance of cryptocurrency in India will depend on how these factors evolve over time.

Jiya Sharma Class - B.A. 1st year

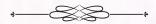
# INCOME INEQUALITY: A MAJOR CHALLENGE IN THE INDIAN ECONOMY

espite being the fastest growing economy of the world, India faces many economic challenges, the major being income inequality. These challenges serve as obstacles to in achieving the true potential of the country. India is one of the very unequal countries in Oxfam,s report titled "India's inequality kills". In India, inequality is so much important that top 10% people command 57% of wealth and bottom 50% only have 13% of the wealth. Income inequality is also connected with unemployment, lack of quality employment and lack of skilling and innovation. Major reason behind these issues is lack in investment in education and research and development sector. According to the world bank, India only spends 0.66% of her GDP for research and development, whereas the global average stands at 2.63%.

In order to ensure more employment to people, there is need of new age skills such as Al, automation, robotics, data science to be introduced as courses in schools and colleges. India also needs to increase its expenditure on research and development and bring it till 2%. Skill India Mission is also a great initiative by the government but coordination issues and the issue of connection between training institutes and industries is still a challenge for the scheme. The New National Education Policy introduced by the government aims at creating India as a hub of skills and innovation. All this aims at reduction of unemployment in the country, thus leading to reduction in the income inequality. In the end, in order to further reduce income inequality, the social justice schemes need to be made more targeted so that they reach their target population only.

Khushboo Chauhan, B.A. I<sup>st</sup> Year

# BUILDING A BRIGHTER INDIA: HOW (SDG 16) PAVES THE WAY FOR ECONOMIC PROSPERITY



ndia, a country thriving with the potential, faces the challenges of translating its vast resources and diverse human capital into sustained economic prosperity. In the present growth oriented world, the real growth can be manifested only in the presence of a just, peaceful and inclusive society. The Elements of Sustainable Development Goal, (SDG 16). This article explores how effectively implementing SDG 16 can become an important factor for India's economic growth.

The Intertwined Thread - Peace and stability form the bedrock of any thriving economy. Conflicts, violence and social unrest create significant disruption, demotivating investment productivity and consumer confidence. However, a peaceful and inclusive society encourages the collaboration, trust and innovation allowing business and individuals to flourish.

## India's roadmap to progress

- Strengthening law and order Efficient judicial system can increase security and trust in institutions
- 2. Fighting corruption Implementing strict anti corruption measures in order to promote transparency are crucial steps
- Empowering women Ensuring equal access to education Healthcare and economic opportunities unlock the potential of half of population.
- 4. Investing in education. Prioritising quality education and vocational training to make for a skilled workforce and thrive innovation
- 5. Digital Inclusivity Expanding Internet access and digital literacy empowers individuals and business, encouraging inclusivity and entrepreneurship

# Effects on India's economic landscape by prioritising SDG16

- Increased foreign investment attracted by a stable and predictable environment. 2. Enhanced productivity driven by a skilled and empowered workforce.
- 2. Entrepreneurship influenced by trust and fair competition.
- Equitable wealth distribution leading to increased consumer spending and a thriving domestic market
- 4. Improved global competitiveness, attracting big interests, industries and jobs.

# Schemes and initiatives implemented by government of India in order to achieve SDG16 Schemes

- 1. Development of infrastructure facilities for judiciary(including Gram nyayalayas)
- 2. Integrated Child Protection Scheme (ICPS)

#### **Incentives**

- 1. Digital India
- 2. RTI (Right to Information)
- Pragati Platform( Public Grievance redressal system)

#### Conclusion

The idea of peace, justice and inclusivity is not only of immense importance to the social and political space of the society, but also the economic aspect of it. By creating such a society. India can uncover its true potential and thus opening doors to economic prosperity. All it need is the active and interested participation from citizens, businesses and the government working together to build a brighter future for all.

Harshita Sharma (BA1st Year)

# towards a green future...

he present-day world is replete with innumerable instances of environmental degradation. Increasing population, resource exploitation and unregulated urbanization has led to a disastrous impact on the environment. The shift towards a green path, therefore, seems imperative. In the economic sphere too, there is a buzz around green economy. There have been debates and discussions on the transition towards a green economy at various national and international forums. But what does a "green economy' mean? According to the United Nations, a green economy is one that "improves human well-being and social fairness while considerably lowering environmental dangers and ecological scarcity." In other words, a green economy refers to an economy which focuses on the efficient utilisation of resources, social equity and environmental sustainability. It stresses upon tackling climate change, reducing carbon footprint. resource saving, environmental protection and social inclusivity. Nations all over the world are emphasising on the importance of green economies. But where does India stand? India is committed at achieving green growth. The central government has launched several initiatives for transforming India into a green economy. Some of them are: National Green Hydrogen Mission (for reducing dependence on fossil fuels and transition of economy

to low carbon economy), GOBARdhan Scheme (for promoting circular economy), Amrit Dharohar Scheme (for encouraging optimal use of wetlands, enhancing biodiversity, income generation for locals and ecotourism), MISHTI (for sustainable mangrove management) and PM PRANAM Scheme(for reducing the use of chemical fertilizers). India is stressing on use of renewable energy sources. The Interim Budget 2024-25 has proposed Rs 10,000 crore allocation for solar energy initiatives, Rs 600 crore for the National Green Hydrogen Mission, Rs 950 crore for wind power and an allocation of Rs 500 crore for the bioenergy programme under Ministry of New and Renewable Energy for FY 2024-25. India had committed to achieving 40% of its installed electricity capacity from non-fossil energy sources by 2050 but this target was achieved in 2021 itself. Besides this, India is also working on ethanol blending in petrol and various other flex fuel options. India is the only G20 country that has fulfilled its commitments under the Paris Agreement. It aims at achieving net zero carbon emissions by 2070. With all these advancements, India seems to be on the right path. For a better future, economic development and environmental stability should go hand in hand.

> -Pradhuman Sharma, B.A. 2nd Year

# ONOMIC

In the realm of supply and demand Economics guides us hand in hand. From markets to trade. It's a complex dance Balancing resources, taking a chance. Opportunity cost, a concept so true, Choosing one option means saying adieu Scarcity reminds us to allocate, Resources wisely and never to inflate Inflation rites, prices take flight, Central banks intervene, to set things right Fiscal policies shape the economy's fate, Tax and spending decisions, they can't wait From GDP to unemployment rate Economics measures a nation's state But remember, beyond the numbers and stats,

-Simran Sharma, B.A. Ist Year



# POST PANDEMIC ECONOMIC RECOVERY IN INDIA CHALLENGES AND STRATEGIES

OVID-19 is game changer for much of the developing countries of the world, and not in a good way. COVID 19 was a very big threat for the whole world and if the vaccine is not formed the situation could have been very bad. The COVID 19 pandemic has resulted in severe economic and social impacts around the world. The country's economy has suffered a lot because the entire country was shutdown during the massive lockdown period. It had a great impact on the lives of younger generation due to the disruptions the pandemic has caused, and many are now at the risk of being left behind in education, economic opportunities, health and well-being crucial stages of their life development. The impact of COVID 19 on India's economy has been significant, leading to disruptions in various sectors. Lockdowns and restrictions affected businesses, unemployment increased, and GDP growth contracted. The Indian economy, after an 18month struggle with COVID-19, shows signs of recovery, yet faces significant challenges. Poverty and hunger, along with growing inequalities, pose substantial hurdles. But after the pandemic ended, India's economy has shown signs of great recovery and many strategies and policies have been formulated to revive India's economy. The nationwide lockdown has brought almost all economic activities to a standstill disrupting both demand and supply factors. The recovery is expected to be gradual, with continued social distancing measures affecting demand, particularly for non-essential products and services. Supply chain disruptions, including a lack of raw materials and the departure of migrant workers, will persist, posing challenges to various industries. The aviation, tourism, and hospitality sectors have already suffered significant damage. The Indian economy faced significant challenges, notably the impact of the COVID-19 pandemic. However, it showcased remarkable resilience, bouncing back after a contraction in the first



quarter of 2020. The fiscal year 2021-22 witnessed an impressive 9.5% GDP growth outperforming many major economies globally. Several factors contributed to the recovery, including government stimulus measures, revived consumer demand, and increased industrial production. The Atmanirbhar Bharat initiative played a crucial role, aiming to make India self reliant and reduce dependency an imports. Policies like Production linked initiatives (PLI) scheme incentivized domestic manufacturing, attracting investments and fostering job creation. Despite challenges faced by the services sector during the pandemic, certain segments, such as information technology, e-commerce and digital services, deployed resilience, contributing to economic growth and employment generation. In conclusion, the Indian economy's recent performance reflects it's adaptability and resilience in the face of adversity. While impressive growth rates have been achieved, addressing ongoing challenges and seizing opportunities through sustained reforms and strategic investments will be essential for India to emerge as a global economic powerhouse in the coming years

-Suhani Verma, B.A.I

# **AI** IN ECONOMICS

**Artificial Intelligence** (AI) is reshaping the field of economics, offering new tools and insights that revolutionize traditional approaches to economic analysis. As we stand at the intersection of technology and economics, the impart of AI is becoming increasingly evident across various facets of economic research, policy making, labor markets and market dynamics.

One of the most noticeable impacts of AI in economics is the transformation of data analysis and extracting meaningful patterns from it. Machine learning algorithms, a subset of AI, empower economists to analyze complex data sets, uncover correlations, and make predictions with unprecedented accuracy. This capability has proven invaluable in areas like economic forecasting, where AI models enhance the precision of predictions and adapt to changing variables more efficiently than traditional methods. It also enables a more nuance understanding of complex relationships within economic system.

Policy making is undergoing a significant shift with the integration of AI. Predictive analytics, powered by AI, assists policymakers in making informed decisions based on realtime data. This responsiveness to dynamic economic conditions enhances the effectiveness of policies, contributing to more agile and adaptive governance. But it cannot be always the case, as we need moral and ethical aspects too. So combination of AI and specialists can really help in policy making.

And now the most important one -labor market. The labor market is experiencing both opportunities and



challenges due to AI. AI- driven automation streamlines routine tasks, increases efficiency and productivity but also concerns about job displacement, especially in a country like India where unemployment is considered to be a big problem. The evolving job landscape requires a focus on upskilling the workforce to align with the demands of an AI driven economy. Striking a balance between harnessing the power of AI for economic growth and mitigating potential negative consequences requires a collaborative effort from policy makers, technologists and economists.

In the conclusion, the era of AI in economies offers unprecedented opportunities for innovation and efficiency, but a thoughtful and ethical approach is essential to ensure that these advancements contribute to inclusive sustainable, and ethically sound economic system.

-Anjali, BA II<sup>nd</sup> Year

# **GDP** OF INDIA

In the vast landscape of Global economies, India stands out with its meteoric rise and uncovering determination to reach new heights. With its rich cultural heritage and a population of over 1.4 billion people, India has emerged as an economic powerhouse, consistently showcasing its prowess on the global stage, 2023 has proven to be a turning point as India's GAP stages solidifying its position as a frontrunner in the global economic race.

India's current GDP (Q2 and FY24)

India's GDP registered a growth of 7.6 % in the second quarter of FY24. The new numbers have exceeded the expectation of the RBI, which had earlier in October projected a GDP growth rate of 6.5% of Q2 of FY24. According to Govt. data, India's GDP growth rate is higher than the major economies such as Russia, USA, China and the UK, which have registered a growth of 5.5%, 5.2%, 4.9% and 0.6%, respectively in the same period.

**India's rank in GDP**: India is now the fifth-largest economy in the world GDP ranking list due to its strong economic foundations, thriving domestic demand, careful financial management

Aastha Verma, BAID



"In this world, some how every person is a consumer. A consumers may not need to be a producer, but every producers is a consumer as well."

**Consumerism** is a social and economic order in which the goals of many individuals includes the acquisition of **goods and services** beyond those that are necessary for survival or for traditional display of status.

Consumerism is the idea that increasing consumption of goods and services purchased in the market is always a desirable goal, and that a persons, well-being and happiness depend fundamentally on obtaining consumer goods and material possessions.

In the economic sense, consumerism is related to the predominantly 'Keynesian' idea that consumer spending is the key driver of the economy and that encouraging consumers to spend is a major policy goal. From this point of view consumerism is a positive phenomenon that fuels economic growth. It is firmly believed that consumer spending stimulates production and economic growth.

#### **Economic Impact of Consumerism:**

According to Keynesian macroeconomics, boosting consumer spending through fiscal and monetary policy is a primary target for economic policy makers. Consumer's spending makes up the lion's share of aggregate demand and Gross Domestic Product (GDP), so boosting consumer spending is seen as the most effective way to steer the economy towards growth.

Consumerism views the consumer as the target of economic policy and a cash cow for the business sector with the sole belief that increasing consumption benefits the economy.

- The rise of consumerism has undoubtedly contributed to economic prosperity, driving production and employment. It has also led to a throwaway culture, where products are quickly discarded in favor of never shinier alternatives.
- Access to consumer goods & services can promote social mobility by providing opportunities for individual to improve their circumstances in terms of education, healthcare other resources etc. to enhance their opportunities for upward mobility.

- Increased consumer demand creates opportunities for employment across various sectors, from manufacturing to retail to services. As businesses expand to meet consumer needs, they often hire more workers, reducing unemployment.
- Consumer preferences drive innovation as businesses strive to develop new products and services to attract customers. The innovation enhances quality of goods, and also leads to technological advancements.
- Consumer demand for socially responsible products and services that encourages businesses to engage in philanthropic activities and support social causes.

Consumerism, is a complex phenomenon with both positive and negative implications. While it drives economic growth and innovation, it also contributes to environmental degradation, social inequality and personal debt.

Therefore, finding a balance between satisfying consumer needs and preserving resources for future generations is essential. Governments and individuals all have roles to play in promoting sustainable consumption patterns, and fostering a more equitable society. By prioritizing responsible consumption, we can create a brighter future for ourselves and the planet.

Kunal Thakur, B.A. IInd Year



# India: An Impending Economic Juggernaut

There has been much excitement about India on the part of investors & global companies. India's strong economic growth, juxtaposed against China's troubles, has led to enthusiasm for India as a potential alternative to china. Is this realistic? Can India's growth rate be sustained? I believe answer to this question is yes. India Has several attributes & policies that are likely to enable relatively strong growth rate to continue. Also in case of India the demographics are favorable. Therefore its productivity is affected by several factors. First, improvements in human capital boost productivity.

A more skilled and educated workforce is available to implement new technologies & innovations. Similarly, India's productivity is accompanied by investments in Public and

Private infrastructure as well as in public Health sectors further boosting economic efficiency, subsequently. India has a strong digital infrastructure. The share of the population with internet access has risen sharply in the recent years. Plus, inbound FDI (Foreign Direct investment), has surged, which helps stimulate domestic entrepreneurship on the part of workers with experience with foreign companies. In addition, India's adoption of Goods & services Tax (GST) in 2017 removed obstacles to interstate economic transactions, enabling creation of single national market. The result of these initiatives is that India is now growing strongly and is set to continue growing strongly in the years to come.

- Mayank Kashyap, B.A.2<sup>nd</sup> Year

# Unemployment In India

nemployment remains a pressing concern in India a nation with burgeoning population and a dynamic but complex economy. As the country strives for growth, the issue of job scarcity still continues to be a significant challenge impacting the individuals, families and the overall socio-economic fabric. Several factors contribute to the high levels of unemployment in India. Rapid population growth, inadequate skill development and a mismatch between education and industry requirements increase the problem. A high

outburst of population and inadequate skill development and lack of proper education and awareness. The Indian Government has launched various measures to combat the unemployment, including:

- (1) Skill development programs.
- (2) 'Make in India' Promoting manufacturing in India.
- (3) Startup in India
- (4) Promoting entrepreneurship by offering finance at cheap rates.. Collaborative efforts between the government, private sector, and educational institutions are crucial for sustainable solutions. Unemployment in India is a complex issue with widespread implication.

Unemployment in India

Addressing its root cause, investing in skill development and fostering an environment conducive to job creation are vital for sustainable economic growth, collective role of Government policies and private sector initiative are essential to build a job robust market.

Dhruv Nathta, B.A. IInd Year

# The Impacts of Robotics, Artificial Intelligence On Business and Economics

#### **Abstract:**

In the industrial age that humanity, has entered long time ago with steam series has caused to primitive mechanization in production. With the development of internet and mobile technologies, electronics, now technology, advance in medicine, health and digital application the speed of mechatronics studies now days has increased. Last World Economic forum holds an important place an the agenda of robotic and artificial intelligence.

Al plays an increasingly important role in our lives and economy and is already having an impact on our world in many different ways worldwide competition to reap its benefits is fierce and global leaders- the US and Asia -have emerged on the scene.

#### Context:

Al is a term used to describe machines performing human-like cognitive processes such as learning, understanding, reasoning and interacting.

It can take many forms including infrastructure, a

part of a (production) process or an end user product. Already today smart phones smart assistance, such as Siri, perform a variety of tasks for users; further more all Tesla cars are connected and things that any one of them learns are shared across the entire fleet.

Al has significant potential to boost economic, growth and productivity, but at the same time it creates equally serious risk of job market, polarization, rising inequality, structural unemployment and emergence of new undesirable industrial structure.

Current AI adoption across the world making it possible that the gap between advanced and lagging countries will widen. AI front rummers mostly developed countries, are likely to increase their lead over their counterparts in developing countries. Morever AI may make it economical for some manufacturers to bring back production from poorer countries.

Yaman Thakur, B.A.II

towards a Green Economy....

he present-day world is replete with various instances of environmental degradation. Increasing population, resource exploitation and unregulated urbanization has lead to a disastrous impact on the environment. The shift towards a green path, therefore, seems imperative. In the economic sphere too there is a buzz around green economy. There have been debates and discussions on the transition towards a green economy at various forums. But what does a "green economy" mean? According to the United Nations, a green economy is one that "improves human well-being and social fairness while considerably lowering environmental dangers and ecological scarcity." In other words, a green economy refers to an economy which focuses on the efficient utilization of resources, social equity and environmental stability. It stresses upon tackling climate change, reducing carbon footprint, resource saving, social inclusively and bio-diversity protection. Nations all over the world are emphasizing on the importance of green economies. But where does India stand? India is committed at achieving green growth. It aims at achieving net zero carbon emissions by 2070. The Government of India has

launched several initiatives to shift towards a green economy. some of them are: National Green Hydrogen Mission, Mission LIFE, GOBARdhan Scheme, Amrit Dharohar, MISHTI and PM PRANAM Scheme. India had committed to achieving 40% of its installed electricity capacity from non fossil energy sources by 2030 but this target was achieved in 2021 itself. Besides this, it is also working on ethanol blending in petrol and various flex fuel options. India is the only G20 country that has fulfilled its commitments under the Paris Agreement with all those advancements, India seems to be on the right path. For the sake of a better future, economic development and environmental stability should go hand in hand.

Pradhuman Sharma, B.A.II



# **Embracing Sustainability:** A Path Towards a Better Tomorrow

n the pursuit of progress, the concept of sustainable development has emerged as a guiding beacon, urging us to harmonize economic growth, social well-being, and environmental stewardship. As we navigate the complexities of the 21<sup>st</sup> century, the imperative to adopt sustainable practices becomes increasingly evident.

Sustainable development, at its core, emphasizes meeting the needs of the present without compromising the ability of future generations to meet their own needs. This holistic approach demands a careful balance between economic prosperity, social equity, and ecological resilience.

In the economic sphere, businesses are urged to adopt sustainable practices that not only enhance efficiency but also contribute positively to the community. From renewable energy sources to circular economy models, innovative solutions abound to minimize environmental impact while ensuring economic vitality. Social equity plays a pivotal role in sustainable development, emphasizing inclusivity and fairness. Communities must be empowered, and marginalized voices heard, fostering a society where progress benefits all. Education, healthcare, and social infrastructure become key components in this pursuit,

ensuring that no one is left behind.

Environmental stewardship, perhaps the most visible facet of sustainable development, necessitates a paradigm shift in our relationship with the planet. From reducing carbon footprints to protecting bio-diversity, individuals and organizations alike must actively engage in practices that conserve and regenerate our natural resources.

As we delve into the complexities of sustainable development, it becomes apparent that a collaborative effort is essential. Governments, businesses, and individuals must unite in a shared commitment to make sustainable choices in every facet of life. Through education and awareness, we can inspire a collective consciousness that transcends borders and generations.

In conclusion, our journey towards sustainable development is not a mere obligation; it is a profound opportunity to shape a future where prosperity, equity, and environmental health co-exist. By embracing sustainable practices, we pave the way for a world where progress is not a threat but a promise-a promise of a better tomorrow for all.

Muskan Thakur, B.A. 1<sup>st</sup> year

# INDIA'S ASCENT: World's 5<sup>th</sup> Largest Economy

ndia's journey to becoming the world's 5<sup>th</sup> largest economy is a tale woven with resilience, innovation and a dash of entrepreneurial spirit.

The growth trajectory says India will become the world's 3<sup>rd</sup> largest economy by 2030.

India's diverse economic landscape encompasses robust sectors such as information technology, manufacturing, agriculture services. The 'Make in India' initiative has fostered industrial growth, While advancement in technology has propelled the IT sector onto the global stage. Additionally, the agricultural sector's persistence contributes significantly to India's economy.

Foreign Direct Investment (FDI) has played vital role, with investors drawn to India's market potential and advantageous demographics. The government's commitment to ease of doing business, combined with government initiatives like GST (Goods and services Tax) has further enhanced India's appeal to the global business community.

India's fast growth rate is the result of several measure taken over the past few decades. The liberalization of India's economy is 1991-92, which abolished the license. Since 2014, the NDA govt. has emphasized investment in Infrastructure and has taken steps to ease of doing business.

India also has a young population with more than 50% of its population under the age of 30.

Challenges persist, including income inequality and the need for sustainable development, but India's economic rise signifies a story of determination and promise. As the 5<sup>th</sup> largest economy, India is poised to play an increasingly influential role on the world stage, contributing not only to its own growth but also to global economic dynamics.

Jagriti Garg, B.A. II







cience constitutes integral facet of our daily existence. From the moment we awaken to the sound of our alarm clocks to the simple act of switching off our lights before retiring for the night, we seamlessly interact with the fruits of scientific and technological progress. The luxuries and conveniences we enjoy today are unequivocally attributable to the relentless advancement in these fields. Indeed, it is challenging to envisage a life devoid of the pervasive influence of science. Our very sustenance things upon it. Each passing day heralds the advent of novel technologies that further enhance the ease and comfort of human existence. Thus, we find ourselves inhabiting an epoch defined by the relentless march of science and technology.

Fundamentally, science and technology serve as the bedrock upon which modern civilization stands. This progression permeates virtually every facet of our daily lives, affording us the opportunity to revel in its transformative outcomes, which enrich and elevate our existence to unprecedented levels of comfort and enjoyment.

> Meenakshi Sharma Teacher Editor





Kanika Sharma Student Editor

am much delighted to be a part of the Science section of the College annual magazine.

Success starts with a thought or an idea which is nourished with determination and confidence. This ideal platform gives the student an opportunity to exhibit their ideas and creativity and also give them an insight about the scientific writing.

I owe my heartfelt gratitude to my Zoology professor Dr. Minakshi Sharma for giving me an opportunity to take this responsibility. With her constant support, encouragement and guidance, this section has done justice. to all thoughtful minds.

I am obliged to the contributors who have put best of their efforts to present before you all a beautiful collection of intellectual and inspiring articles

I hope that readers would appreciate all the hard work put in collectively by the students and the teachers and would enjoy reading the section.

Embrace the possibilities to tomorrow's technology today, for it is the canvas upon which we paint future of humanity

# Pandemic Perspectives: Stories of Resilience and Renewal

n the wake of the COVID-19 pandemic, individuals and communities around the world have faced unprecedented challenges. This article aims to shed light on the diverse experiences of people navigating the complexities of the pandemic, from frontline workers to everyday citizens, emphasizing the resilience and renewal that emerged in the face of adversity.

#### Frontline Chronicles: Voices from the Battlefront

The stories of healthcare professionals during the pandemic are profound and poignant. In hospitals worldwide, dedicated individuals worked tirelessly, facing the virus head-on. Driven by a deep sense of duty, they navigated the emotional toll and challenges, ultimately showcasing unwavering dedication and resilience.

## Community Solidarity: Uniting in Adversity

A midst the challenges, communities demonstrated remarkable solidarity. From small neighborhood efforts to larger community projects people came together to support one another. These stories illustrate the strength found in unity, proving that adversity can bring out the best in humanity.

# Innovations in Education: Navigating the Virtual Classroom

Education underwent a transformative shift as schools embraced online learning. Teachers,

students, and parents adapted to virtual classrooms, showcasing resilience in the face of educational disruptions. Innovative approaches and technologies emerged, ensuring continued access to education despite the challenges.

# Mental Health Journeys: Navigating the Emotional Landscape

The pandemic took a toll on mental health for many individuals. Personal stories shared here illuminate the challenges faced and the importance of destigmatizing mental health discussions. These narratives also emphasize the resources available for support and the resilience found in seeking help.

#### Conclusion

As we reflect on the profound impact of the COVID-19 pandemic, these stories of resilience and renewal serve as a testament to the human spirit's capacity to endure and evolve Through adversity, communities have united, individuals have demonstrated extraordinary strength, and innovation has flourished. As we move forward, these stories become beacons of hope, inspiring us to build a more resilient and compassionate world.

Anmol Ist Year

# PHYSICS

hysics has been the most intriguing subject for me. Coming to define it, it is just the correlation between matter and motion and rest are all just it's sub-division. To put it simply, you are walking there is physics, Newton's third law is in action as you push the ground it provides you equal and opposite reaction and you can more. But there is never the equal between the applied and repulsion force because energy loses itself in various forms i.e. heat and

resistance. Aerodynamics, Thermodynamics are also it's branches object is in air and in motion ie., Aerodynamics similarly if microscopically small particles have temperature differences and are in motion is., thermodynamics. So, simplify the physics and it can be most easy and interesting subject for you.

Pranaya Hamlal BSc IIIrd

# FCA [FOREST CONSERVATION ACT] AMENDMENT BILL (2023)

The highly controversial bill, FCA (Forest Conservation Act) Amendment Bill (2023) was paused by the Parliament In July (2023) which aims to bring significant changes to FCA (1980) which is a crucial statute for conservation of forests in India.

#### History

Before the independence, various acts such as Indian forest Act, 1865 which was replaced by India forest Act, 1927 were passed by the British to protect the commercial interests of the British empire in IndiaThe act gave authority to the British to restrict tribal activities by levying taxes on Timber and forest activities. It was mainly to regulate cutting of timber and flow of raw materials rather than protecting forests. After Independence, The President of India enforced the forest (conservation) ordinance (1980). which had fire section for conservation of forests which was later amended many times.

#### **Objectives of FCA (1980)**

- 1. Protect the forest along with its flora, fauna and other diverse ecological components while preserving the integrity and territory of the forests.
- 2. Arrest the loss of forest biodiversity
- 3. Prevent forest lands being converted into agricultural grazing or for commercial purposes and Intentions .

#### Features FCA (1980)

- 1. The Act restricts state government and other authorities to take decisions first, without permission from central government.
- The (FCA) gives complete authority to the central government to carry objectives of to the act.
- 3. The Act levies penalties in case of violations of provisions of (FCA)
- The (FCA) will have an advisory committee which will help the central government with regard to forest conservation.

#### Important sections of FCA (1980)

- The law applied to whole of India except for Jammu and Kashmir. However after Article 370 was removed it was applicable.
- Restriction of forests being used for Non-forest purposes i.e. Clearing of forest for plating of tea, coffee, Rubber, Palm, spices oil bearing or medicinal plants.
- 3. Advisory committee to assist Central Government.

**In Godavarman Cause (1996)**, Supreme court suspended the felling of tress across the country and ruled that the (FCA) would apply to all land parcels that was either recorded as

"forest" or "resembled" dictionary meaning of forest. A few more amendments were made in (1992) which made provisions to allow. Some non-forest activities in forests without cutting tress or limited cutting with prior approval of central government due to which many cases were fought in the supreme court.

#### Amendments made in (2023)

- The Act's name is now charged to Van (Sanvekshan Evam Samvardhan) Adhiniyam to valet potential of its provisions.
- 2. The Act, is now also applicable to revenue fores land, private forest land, plantations etc.
- 3. The Bill proposes certain exemptions to encourage. Afforestation and plantation. outside forests.
- 4. 0.10 (Ha) crest land has been proposed to of forest provide connectivity for habitation and establishments located on side of roads and railways, up to 10 (Ha) of land proposed for security related infrastructure and, 5(Ha) of forest land in left wing extremism affected districts for public utility projects
- 5. The Bill seeks to exempt liner infrastructure Projects like roads and highway from seeking forest clearance permissions if they are located within 100km of National Border.
- 6. The Amendment adds new activities such as infrastructure for frontline forest staff, eco-tourism, Zoo, safari surveys and investigations to be forestry activities from now.

The Bill aims to contribute India's efforts to combat climate change and international commitments like Net Carbon Zero Emission By 2070.

#### **Objections Against the Bill**

- The Bill will erase rights of indigenous communities living in India's Borders and will harm ecologically sensitive areas.
- Some state governments conservation is a beleive that forest conservation is a state issue and falls under concurrent list.
- Some Political Leaders are against the Hindi name as they are "non-inclusive" due to different regional languages.

By Karan Shandil Bsc (ist Year) Life Science

## PLT

Not so special and not so unique. but that's our PLT Confused with the questions and looking for solutions and that's our PLT Stuck on the Sine and Cos to define and that's our PLT Sitting on the left and looking at Sanjauli's Nest and that's our PLT The yellow benches and queek for whom now my heart tweek and that's our PLT Coming to think of it and that's all in a blink's quick and that's our PLT.

> -Pranaya Hamlal, B.SC. III'd

Science is a treasure Difficult to measure Science is a boon Its magic is carrying the man to moon. Science is a mystery, full of chemical history. Solved by ultimate chemistry Symbol of Silence factor of Brilliance.

Science is challenge of excellence. Science of universal ecology

Narrated by biology Where plants and animal have

their separate morphology Section of treatment & cure for danger.

Biology provides a magical chamber.

Science the wonderful Science the great.

Constructing bridge of success & faith rapidly developing nation and states.

-Neha Sharma B.Sc 1st year

# The Malling Series

"What is paradise, but, a garden, an orchard of trees and herbs, full of pleasure and nothing there but delights" - William Lawson

A tree lives to provide human beings all it can, so does our protagonist

#### THE MALLING SERIES

In 1917 the East Malling Station Initiated the first apple rootstook breading and application program in the world after that many countries started the artificial hybrid breeding of apple rootstocks and achieved numerous advancements. Before that we should know 'What rootstock is' A rootstock is a part of plant often an underground part, from which new above ground growth can be produced.

The pedigree us unknown as it was selected in England from a group of FRENCH genotypes known collectively as "Juane de Metz" is the late 1800s M9 is the hero and the most widely planted dwarf apple rootstock in the world so as in 'Himachal Pradesh'. At least 30°% of the trees in U.S are M9 Increasing water stress decreases a rootstock's relative shoot length, diameter and plant total fresh and dry weights. As we have a report Vista Bella/M9 (79.33°% and 46.67%) and Santa Maria/MA (70.33% and 15.33%) are reduction in budding success.

"Agriculture not only gives riches to a nation, but the only riches she can call her own" - Samuel Johnson Adarsh Chauhan, BSC-1<sup>st</sup> year (LOS)

# A Biological Revolution

Biology is the study of life, which is further divided into number of branches for instance-Zoology, Botany, Cytology, Medicine, Physiology, Evolution, Genetics, and Biotechnology etc. The last one mentioned here is a bit different from others as it deals with life and ironically with machines as well. In addition to this it deals with all the biological tools necessary to take mankind forward, one such tool is the CRISPR/Cas-9.

Discovered by two scientists named Jennifer A. Doudna and Emmanuelle Charpentier (Both of them share a Nobel Prize in the field of Chemistry). The term CRISPR is an abbreviation for Clustered Regularly Interspaced Short Palindromic Repeats, which is a powerful tool for editing genome, which means it allows researchers to alter DNA sequences and modify gene function, it was first discovered in the year 1987 in the E.coli.

Now the question arises, that how can some basic palindromic repeats of a simple DNA make changes in the whole cell or for that matter in the whole organism. This is what Biology is all about working on the principle of the 'butterfly effect' it focuses on the small things that make the big differences. These short palindromic sequences are driven by the enzyme Cas-9 then they are more like a sharp double edged sword ready to cut parts of the DNA to alter it according to the will of the researchers who control it.

With this powerful weapon in the sector of biotechnology humans have been able to totally change the future paths on the research grounds of Cancer research, research on diseases such as Alzheimer's, the transthyretin amyloidosis which is a rare protein disorder affecting the nerves and organs.

One thing that is to be kept in mind while discussing such wonders of the biological world is that all of these are really dangerous if used beyond the natural barriers and can attack their handlers at any instance so it's important for humans to understand that such advancement should be tackled with extreme care otherwise it won't take time for these tools to convert into disastrous biological weapons.

> **Swapnil Suryan** Bsc. 1st year

# **Seeing The Unseen**

"Some demons scream so loud that In this phenomenon the they cannot be shushed no matter what, they creep in your mind, body and soul when no one is looking, they sit by your bedside forcing you to stay awake at nights, they make your soul go dark and no matter what, you cannot escape the darkness"

CBS or so called as 'Charles Bonnet Syndrome' is a medical condition in which complex visual hallucinations occur concurrently with visual changes specifically visual field loss or visual activity loss FIRST **DISCOVERED** in 1760 by Swiss philosopher 'Charles Bonnet' who observed this phenomenon in his grandfather, who was visually impaired due to cataracts

hallucinations have been described as formed, vivid, of realistic objects or people, and they tend to recur

Also known as "phantom vision "can not be cured, If you suffer from It you have to avenge yourself and battle with your brain or else the final ultimatum is "Death".

Change your environment prefer light over dim lights, open the curtains, rest and relax

'There were voices in her head saying she was better off dead,

Those demons were real, and so were those monsters,

they lived inside her head, and for not once but twice they won'-Ojasien Kathurica

> **Adarsh Chauhan** BSC-1<sup>st</sup> year (LoS)



# The Importance of Species Diversity to the Ecosystem



A stable biotic community is that which does not show much variations in productivity year to year. The stability of a community or an ecosystem is linked to its species diversity. Most ecologists believe that a community with greater species diversity is more stable. It was experimentally shown by David Tilman. In an experiment, using outdoor plots (small artificial ecosystem), he showed that the plots with more species diversity, exhibited less year to year variation in total biomass. He was able to establish that increased diversity contributed to higher productivity.

To explain this Paul Ehrilch proposed Rivut Popper Hypothisis. According to this theory, in an aeroplane (ecosystem), part are joined together by thousands of rivets (species). If every passenger travelling the plane starts popping a rivet (and causing a species to become extinct), it may not affect the safety of the flight initially but later as more and more results are removed (more number of spices get extinct. the plane becomes dangerously work. The loss of rivets on the wings of the plane (Keystone species) is more dangerous than the loss of a few rivets on the seat or windows insides the plane.

It is clear from the above discussion that species richness is very essential for the stability of an ecosystem. Loss of species severely affect the functioning and structure of an ecosystem.

Angel Dipta
B.Sc. Life Science Ist Year

## जुबान Chemistry की

कोई Anode कहता है, कोई Cathode समझता है, मनार +ve ion की बैचेनी e- cloud समझता है। मैं तुझसे दूर कितनी हूं तू मुझसे दूर कितना है, ये Light year समझता है या Angstrom समझता है। Chemistry एक एहसासों की पावन-सी कहानी है, मोहब्बत बाद में करना अभी Periodic table बनानी है। यहाँ सब लोग कहते हैं मेरी आँखों में आसँ है. जो तो समझे तो Nacl+H,O है जो ना समझे तो पानी है। Lone pair Extra है मगर Donation कर नहीं सकता, ये Atorm अब किसी से भी Reaction कर नहीं सकता. मेरे Reactant से तु Bonding कर लेना मगर सुन ले!! जो मुझसे कर नहीं पाया वो तुझसे Reaction कर नहीं सकता। Iron कोई Gold Atom पे मचल बैठा तो हंगामा. Ignition tube से sodium उछल बैठा तो हंगामा, अभी तक Lab में करते थे सब Practical Chemistry का, मैं chemistry को हकीकत में बदल बैठी तो हंगामा।।

-अर्पिता वातसैन, B-Sc-&II<sup>nd</sup> Year



# ये तो इस शुरुआत है

कुछ बिदशों से परे, कुछ ख्वाहिशों से ऊपर तुझे उड़ना है, लेके जीत के पर वांध ले हिम्मत कस ले कमर ये तेरी उड़ान की शुरुआत है, पूरा आसमान तेरी औकात है तु पीछे मुड़ के न देखना, कुछ थक के न रुकना उस शोर से न डरना क्योंकि लोगों का कहना थे आम बात है देख आसमान कितना प्रबल है, संग तारों का साथ है तेरी रोशनी के सामने जब चाँद भी फीका लगे तो समझना जीत से तेरी पहली मुलाकात है क्योंकि ये तो वस शुरुआत है वस शुरुआत है।

> Vanita Thakur BSC 2<sup>nd</sup> year

# Animal Kingdom - Why it is Important



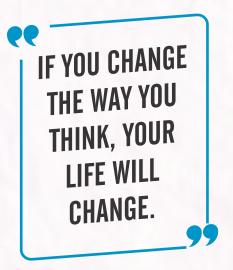
We live on a planet with millions of species of animals. A basic group of natural objects that includes all living and extinct animal is animal Kingdom. The animal kingdom is one diverse classification containing thousands of species and waiting to be discovered. Each species would differ from the other, in terms of habitat, characteristics, hunting abilities.

Amongst the five kingdoms, the animal kingdom is the largest Kingdom. Members of this kingdom exhibits a heterotrophic mode of nutrition and are multicellular eukaryotic what makes them unique. To understand them easily animals are grouped into ane of nine major phyla. Phylum Porifera are among the oldest known animal species. Inspite of differences in structure and form of different animals, there are some fundamental features such as level of organization, symmetry, cell organization, Coclom, Segmentation, notochord. Phylum Cordata is advanced than other phylum because it has Some unique features that other phylum do not have. Like such as Notochord, nerve cord, gills slits with limbs or fibs.

By studying the animal kingdom we can gain a deeper understanding of the interconnectedness of all living things and the importance of preserving bio-diversity. Animals is important to the environment, they help plants reproduce by carrying pollen from plant-to-plant and by spreading seeds. Major importance of animal kingdom is balancing the ecosystem.

By-Ishita Sharma BSC 2<sup>nd</sup> Year

# The Power Of Positive Thinking



#### Three Parts of the Mind

Your mind consists of three important compartments, namely: The conscious mind, the unconscious mind and the subconscious mind. The conscious mind is where we make decisions on a day-to-day bases such as attending school and going to work. The unconscious mind is when we do something without even thinking about it such as blinking and changing gears when driving. The subconscious mind stores past experiences both good and bad. It functions on the basis of how you have responded to your past experiences.

## **New Ways of Thinking**

It is easier to achieve what you have already defined yourself to be because your life is an external reflection of who you are internally. Your thought patterns are established or programmed either by the way you were brought up (nurturing) or through your lineage (genetic influence). Whichever way, you are still in charge over the way you think. You should always choose your thoughts according to your preferred destiny. Replace your old thinking pattern. You can unforce a new way of thinking by speaking what God says about you. Life and death are in the power of your tongue. If you are cautious about what comes through your tongue you will ultimately live your desires and enjoy life.

Saloni Sharma,
 Bsc.-IInd Year (Medical)

# Biodiversity Most Precious Than Jewel

Biological Diversity or Bio-diversity is the asset upon which upcoming future generations depend. It is the loop between all the living organisms or species on

earth, binding in to interdependent ecosystem, in which all genus or species have their role. At present we are using about twenty five percent more natural resources than the planet can comfort as a consequence species and local communities are under pressure or threats. House sparrows, once an integral part of our immediate environment, becoming less in number or becoming disappeared in the urban areas and slowly in the rural areas too these days. There are various reasons for this, which include unfriendly environment, use of chemical

fertilizers in our crops which increases the susceptibility of crops to pests and these enter the bodies of birds when they feed on weeds some of them are very toxic, and even small amount of them can kill birds resulting in disappearance of sparrows. Another reason for this could be ill-natured architecture of our homes, few

years ago all the houses were made from wood, having wood ceilings or spaces present between the rooftops which provide the shelter for birds, rapid increase of noise pollution, fires in the forest, deforestation and

climate change all are the prominent reasons for this.

According to UN Every hour, three species disappear. Every day up to 150 species are lost. Every year, between 18,000 and 55,000 species become extinct. We humans are the part of biodiversity. We need to stop behaving as a divine being at the top of the hierarchy of all life forms. If this attitude of exploiting bio-diversity for our own benefit then we will pave a path for our own extinction much earlier. "If we pollute the air, water and soil that keep us alive and well, and

destroy the bio-diversity that allows natural systems to function, no amount of money will save us" - David Suzuki

**Sharik Thakur** 

B.Sc. 2nd Year (Life Sciences)



# The Brainly Wonder of Cephalopod Intelligence

Beneath the waves, in the mysterious depth of oceans dwell Cephalopods - Creatures that defy expectations with their extraordinary intelligence. Cephalopods possess a remarkable recall ability allowing them to remember complex spatial layouts, recognize individuals and adapt to changing circumstances. They possess a complex problem solving skills, such as using coconut shells for shelter or manipulating objects in pursuit prey. They have the ability to adopt their strategies based on environmental challenges. They have

remarkable characteristic to navigate mazes, solve puzzles and exhibit innovative solutions. In the depth, where the sunlight fades and pressure mounts, the intelligence of cephalopods shine brightly. The decentralized minds of Octopuses challenge our preconceptions offering a glimpse into the remarkable adaptability and cognitive depth that define these extra ordinary creatures of the sea.

Pariza Chauhan, B.Sc. I<sup>st</sup> Year

# "Unveiling the Intricacies of Physical Chemistry: Bridging Theoretical Concepts and Real-World Applications"

#### Introduction:

Physical chemistry, at the crossroads of physics and chemistry, delves into the fundamental principles governing chemical systems. This article explores the captivating world of physical chemistry, unveiling its theoretical foundations and showcasing how these concepts find practical application in diverse scientific domains.

#### **Theoretical Foundations:**

Physical chemistry revolves around understanding the properties and behavior of matter through the application of physical laws and theories. Quantum mechanics and thermodynamics are pillars that underpin the discipline, providing a microscopic view of chemical systems and predicting their macroscopic behavior.

#### **Chemical Kinetics and Reaction Dynamics:**

The study of reaction rates and mechanisms falls under the domain of chemical kinetics. This branch of physical chemistry investigates how and at what rate chemical reactions occur. Exploring reaction dynamics offers insights into the pathways molecules take during transformations, crucial for designing efficient chemical processes.

#### **Spectroscopy and Analytical Techniques:**

Physical chemistry plays a pivotal role in developing and applying analytical techniques like spectroscopy. Techniques such as infrared, nuclear magnetic resonance (NMR), and mass spectrometry allow scientists to probe molecular structures and unravel the intricacies of chemical interactions, aiding in fields from pharmaceuticals to materials science.

## Statistical Mechanics and Thermodynamics:

Thermodynamics, a cornerstone of physical chemistry, governs the transfer of energy in chemical systems. Statistical mechanics bridges

the gap between the microscopic world of particles and macroscopic observable, providing a theoretical framework to understand complex thermodynamic phenomena.

## **Applications in Materials Science:**

Physical chemistry contributes significantly to materials science, influencing the design and development of new materials. By manipulating the physical and chemical properties of materials at the molecular level, scientists create substances with tailored characteristics, impacting fields such as electronics, nano technology, and catalysis.

# Emerging Frontiers: Quantum Chemistry and Computational Modeling:

The advent of powerful computers has opened new frontiers in physical chemistry, particularly in the realm of quantum chemistry and computational modeling. Simulating molecular interactions at a detailed level enhances our understanding of chemical processes, guiding experimental endeavors and pushing the boundaries of discovery.

## **Conclusion:**

Physical chemistry, with its roots in theoretical rigor, serves as a bridge between the microscopic and macroscopic worlds of chemistry. From unraveling the dynamics of chemical reactions to influencing material design, physical chemistry plays a pivotal role in advancing scientific knowledge and shaping technological innovations. As we delve deeper into the complexities of molecular interactions, the impact of physical chemistry on our understanding of the natural world continues to evolve, paving the way for future breakthroughs.

Yashika Chandla Bsc. 2<sup>nd</sup> Year (non-med.)

# **Lesson From Life**

he great king Alexander after conquering many kingdoms was returning home on the way he fell ill and he was bed ridden for months with death drawing close. Alexander realized how his conquests, his great army his sharp sword and all his wealth were of no use. He called his generals and said 'I will depart from this world soon but I have three wishes. Please fulfill my wishes without fail'. With tears flowing down cheeks, the generals agreed to abide by their king's last wishes.

"My first desire is that" said Alexander, "My physician alone must carry my coffin. Secondly 'When my coffin is being carried to the grave the path leading to the graveyard should be strewn with gold, silver and precious stones which I have collected in my royal treasury "My third and last wish is that both my hands should be kept dangling out of my coffin." The people who have gathered were wondered at the king's strange wishes. But no one dared to question. Alexander's favorite general kissed his hand and press them to his heart. Oh! king we assure you that your wishes will be fulfilled but tell us why do you make such strange wishes?

Add this Alexander took a deep breath and said "I would like the world to know that of the three lessons I have just learnt. I want my physicians to carry my coffin because people should realize that no doctor can really cure anybody. They are powerless and cannot save a person from clutches of death. So let not people take life for granted. The second wish of strewing gold silver and other riches on the way to the graveyard is to tell people that not even a fraction of goal can be taken by me. Let people realize that it is sheer waste of time to chase wealth. And about my third wish of having my hands dangling out of my coffin. I want people to know that I came empty handed into this world and empty handed I go out of this world". Alexander's last words," Bury my body, do not build any monument, keep my hands outside so that the world knows the person who won the world had nothing in his hands when dying"

> -Kanika Sharma B.se III<sup>rd</sup> year (Medical)



- 1. Student's Law of Tension: Pressure & The no. of days left for the exams where, constant I will study tomorrow" remains constant.
- 2. Teacher: Did you hear about how magnesium got together? Student: OMG (Student being smart).
- A neutron walks into a bar and asks how much for a bur. The bartender replies, "For you, no charge"
- 4. Teacher: Raj, If you had 6 banana, 6 apples, 6 oranges and 3 mangoes. What would be the total result?
- Raj: Well, teacher the total result would be indigestion.
- Chemistry Teacher: How can mixture of sound and sugar be separated? (Asking form Ajay)
   Ajay: Throw the mixture to the ants. They will take away the sugar and leave the sand behind.

Gunjan Thakur, B.Sc. (Ist Year) Physical Science)

# Its Okay Not To Be Okay

at your vegetables! Exercise! Get a good sleep! We know how to keep our bodies healthy since we were in middle school. But what about our mental health? Is our mental health not as important as physical health?

Mental health includes our emotional, psychological, and social well-being. It affects how we think feel and act. It helps in determining how we manage stress and how we make choices. Mental health is very important in every stage of life stages, childhood to adolescence through adulthood. If this is true why many of us are feeling under the carpet?

Mental health ties into all this that I stated before. Everything that happened to us as the foundation of who we are, how we view and handle the situation. Hence the why behind the what and it being said" It is Important to work on your mental health so that you can make the most clear decision".

Mental health is all about what people think, feel and behave. Conditions like stress anxiety Depression can affect mental health. Although health professionals often use the term mental health, doctors recognize that many psychological disorders have physical roots.

WHO states that mean to health is more than just absence of mental disorders or disabilities. Peak of mental is not only about managing activities conditions but also looking after ongoing Well-ness and happiness. Mental health is a state of mental well being that enables people to cope with the stress of life realize that their abilities learn well, and work well and contribute to their community It also emphasis that preserving and restoring mental health is crucial individually and as a community and society levels.

Sakshi Sharma, B.Sc III<sup>rd</sup> Year (Medical)

# **Be The Voice Of Voiceless**

reating animals with love and compassion is the moral duty of every individual. However we often fail to fulfill this duty. Instances of animals cruelty are in abundance in our society. Poachers unnecessarily kill animals for their skin. This leads to an extinction of several species of animals which in turn has affected the ecological balance of our planet.

Families buy exotic pets without any knowledge of how to care for them this leads to neglecting of pets which further leads to them getting abandoned on the streets this result in increase of stray animals that are subjected to all kind of intentional cruelty. Several companies use animals for testing cosmetics similarly animals are often ill treated and forced into performing circus tricks and other activities for our entertainment.

The only way to take animals off the street is by creating proper animal shelters where they would be provided with spoon. Also creating effective awareness is necessary.

We must understand that coexisting and harmony between humans and animals are essential for our planet to survive. We must be more responsible and protective towards animals we must learn to love them.

Chhavi Thakur B.Sc. IIIrd Year (Medical)





### Celebrating Excellence of B. VOC. DEPARTMENT

s the academic year unfolds, I find myself reflecting on the incredible journey within the B.Voc. Department. It is with immense pride and gratitude that I extend my heartfelt appreciation to the dedicated students and esteemed faculty members who have made this year truly exceptional. To our vibrant students, your passion, commitment, and eagerness to embrace practical learning have not only elevated the B.Voc. Department but also set a benchmark for future cohorts. Your unwavering enthusiasm has transformed classrooms into dynamic hubs of creativity and innovation. A special note of appreciation goes to our esteemed faculty members, your tireless efforts in imparting knowledge, fostering critical thinking, and guiding students through hands-on experiences have been instrumental in shaping the success stories emerging from our department. Your dedication to academic excellence and mentorship has undoubtedly laid the foundation for the professional journeys our students are embarking upon. As we celebrate the accomplishments of the B.Voc. Department, let us continue to bring up this collaborative spirit and commitment to excellence. Together, students and faculty alike,

we form a community that thrives on shared knowledge, mutual respect, and a passion for lifelong learning. Here's to another year of growth, achievements, and the enduring spirit of the B.Voc. Department.

The B.Voc. Department is truly a place where students can shine and excel in their chosen fields. The dedication and hard work of both the students and faculty have created an environment that fosters creativity and innovation. The practical learning approach adopted by the department has proven to be highly effective in preparing students for real-world challenges. The success stories that have emerged from the B.Voc. Department are a testament to the quality education provided and the commitment of everyone involved. As we look forward to the future, we are confident that the B.Voc. Department will continue to produce exceptional graduates who will make a positive impact in their respective industries. The collaborative spirit and commitment to excellence that define the department will undoubtedly propel it to even greater heights.

> With Gratitude, Pankaj Verma Staff Editor





Dear Esteemed Readers,

With great pleasure and anticipation, I extend a warm welcome to you to delve into the vibrant pages of the B Voc section of our college magazine. As I assume the role of the student editor once again, I am filled with excitement to explore the dynamic intersections of business, innovation, and entrepreneurship that define our contemporary landscape.

First and foremost, I must express my sincere gratitude to the remarkable Ma'am Bharti Bhagra whose unwavering guidance and support have been instrumental in shaping this section. Her steadfast commitment to our growth and development serves as a beacon of inspiration, propelling us forward on our journey of discovery and enlightenment. To all the brilliant contributors who have lent their voices and insights to this publication. I extend my deepest appreciation. Your diverse perspectives and thoughtprovoking analyses have illuminated the intricacies of the business world, fostering a deeper understanding of its complexities and nuances. As we embark on this collective voyage of exploration and learning, I am reminded of the profound words of Maya Angelou, who once said, "Do the best you can until you know better. Then when you know better, do better." Let us embrace this ethos as we strive for excellence in all our endeavours, constantly seeking to expand our horizons and broaden our perspectives. In the face of uncertainty and adversity, let us draw strength from the words of Helen Keller, who declared, "Alone we can do so little; together we can do so much." Together, we possess the resilience, creativity, and determination to overcome any obstacle and chart a course towards a brighter, more prosperous future.

I extend my deepest gratitude to the dedicated members of our editorial team whose passion and dedication have brought this magazine to life. Your tireless efforts and unwavering commitment to excellence serve as a testament to the power of collaboration and teamwork. As we embark on this new chapter together, let us embrace the spirit of curiosity, exploration, and innovation. May this magazine serve as a catalyst for inspiration, dialogue, and discovery, igniting a passion for lifelong learning and intellectual inquiry.

Thank you for joining us on this exhilarating journey.





**Garv Sharma** Student Editor

### **Pursuing Excellence**

### A Journey through and beyond B.Voc Hospitality and Tourism

mbarking on the academic journey of B.Voc., Hospitality and Tourism has been a profoundly transformative experience, one that has not only enriched my understanding of the industry but has also fostered personal and professional growth in ways I never imagined. This reflective narrative delves into the multifaceted facets of my collegiate voyage, highlighting the invaluable lessons learned and experiences gained along the way. At our esteemed institution, pursuing excellence is not just a motto but a tradition deeply ingrained in the fabric of our educational ethos. Guided by this tradition, I embarked on a journey of academic and practical exploration, aiming to excel in the field of hospitality and tourism. The cornerstone of my educational journey was the immersive learning environment provided by our institution. Through a blend of theoretical instruction and hands-on learning experiences, I was equipped with a solid foundation of knowledge in hospitality and tourism management. The curriculum, meticulously crafted by experienced educators, encompassed a wide array of subjects ranging from hospitality operations, guest services to tourism trends. However, it was the opportunity to apply this theoretical knowledge in real-world settings that truly set my collegiate experience apart. My internships at prestigious establishments such as Taj Umaid Bhawan Palace in Jodhpur and St. Regis Goa Resort were pivotal in shaping my understanding of the hospitality industry. During my internship at Taj Umaid Bhawan Palace, I was immersed in a world-renowned luxury hotel environment, where I had the privilege of learning from seasoned professionals. From shadowing front desk operations to assisting with event coordination, each day presented a new learning opportunity. I gained invaluable insights into the nuances of guest services, cultural sensitivity, and the meticulous attention to detail required to deliver exceptional hospitality experiences. Affiliating with the Taj brand, celebrated as India's premier hotel

brand, further elevated my internship experience. It exposed me to the highest standards of service excellence and instilled in me a deep appreciation for the artistry of hospitality. Continuing my educational journey, I'm on a Job Training in Front Office at the esteemed St. Regis Goa Resort, a bastion of luxury and sophistication within the Marriott International portfolio. This immersive experience providing me with a comprehensive understanding of front office tasks, including guest check-in procedures, reservation management, concierge services and signature butler services. Collaborating with industry leaders in such a dynamic and fast-paced environment honed my communication skills, problem-solving abilities, and adaptability – essential competencies for success in the hospitality industry. As I approach the culmination of my collegiate tenure, I am filled with gratitude for the unwavering support and mentorship of my educators and industry mentors. Their guidance has not only shaped my professional trajectory but has also instilled in me a passion for excellence and a commitment to lifelong learning.

In conclusion, my journey in B.Voc Hospitality and Tourism at Centre of Excellence has been a transformative odyssey, characterized by a seamless blend of academic rigor and practical experience. The invaluable lessons learned and experiences gained have equipped me with the skills, knowledge, and confidence to thrive in the dynamic and everevolving world of hospitality. As I prepare to embark on the next chapter of my professional journey, guided by our college's tradition of pursuing excellence, I am filled with excitement and gratitude for the foundation laid by our esteemed institution and mentors, and I look forward to making a meaningful contribution to the industry that I am deeply passionate about.

Prince Gor
B.Voc. HOSPITALITY & TOURISM
3RD Year

### UNVEILING THE IMPACT OF SMALL ADJUSTMENTS FOR PERSONAL PROGRESS

n the quest for self-improvement, the subtlety of small changes often goes unnoticed. However, through everyday experiences and insights from psychology, we unearth the transformative potential of minor habits and routines. Habits, composed of cues, routines, and rewards, steer our behaviours. Understanding these patterns helps us recognize triggers and sustain positive actions.

Consistently practiced, even minor actions lead to notable progress. Incremental improvements, accumulated over time, result in significant growth. Integrating new habits into existing routines helps us gain momentum toward our objectives. By aligning behaviours with aspirations, we construct pathways for lasting change. Our surroundings exert a notable influence on our habits. By shaping supportive environments, we

facilitate the maintenance of positive behaviours and overcome challenges.

Clear intentions and persistent effort guide our journey of personal development. Anticipating obstacles strengthens our dedication to change. Our habits mirror our identity. By harmonizing them with our values, we foster authenticity and self-discovery. Viewing setbacks as opportunities for learning fosters resilience. Through ongoing refinement, we embrace the process of growth.

In essence, the potency of small adjustments lies in their consistency and purposefulness. By embracing habit formation, we unlock our capacity for personal advancement and transformation.

**Garv Sharma**B.Voc RETAIL MANAGEMENT
2nd year

### **MY LIFE AS A HOTELIER**



A hotel is a place where the genuine care and comfort of our guests is our highest mission hotel is a place where people come for relaxation, business trips, business meetings, conferences, fine dining, events, or functions and parties. We provide the personal and finest service to our guests who will always enjoy our warm service and will have relaxation with a refined ambiance.

Our mission is to deliver top-class notch service to satisfy and WOW each and every guest, so guest satisfaction is our important target and mission.

The hotel industry is a broad field within the service industry, including lodging, food &beverages, planning, and theme park. It includes hotels, motels, restaurants, and bars. It is our good fortune that we got B. Voc from Centre of

Excellence Sanjauli College. We Got a chance to get education and training in hospitality and tourism. Hotel industry is very big, which satisfies the service provider and the service receiver in every way. And this is the opportunity we have got and we enjoyed it to the fullest.

Hotel industry teaches you to live in a new way and tells you something new every day, you can decide what is good and what is bad for you, but when you become a part of the hotel industry, this industry already selects the good and the better for you.

Atul Kashyap B.Voc. HOSPITALITY & TOURISM 3RD Year

### WHY SNOWFALL IS DECLINING IN SHIMLA? A WAKE-UP CALL FOR THE OUEEN OF HILLS

himla, the beloved "Queen of Hills", has witnessed a worrying trend in recent winters – a stark decline in snowfall. For the past two years, the city has received meagre snowfall, far below the average for this picturesque hill station. This change raises concerns about the long-term impacts of climate change, the challenges Shimla faces if the trend continues, and the dire consequences for the region's iconic apple economy.

### Factors Fuelling the Decline:

Scientists and environmentalists point to several interconnected factors contributing to the decline in Shimla's snowfall:

- Global Warming: The rise in global temperatures due to human-induced climate change disrupts weather patterns, including snowfall cycles. Warmer temperatures can delay or reduce precipitation and cause snow to melt faster.
- Local Urbanization: Shimla's rapid expansion and unchecked construction activities disturb the local ecosystem. Deforestation removes a natural cooling mechanism, contributing to a rise in temperatures. Moreover, increased vehicular traffic and construction release heat-trapping pollutants into the atmosphere.
- Changing Precipitation Patterns: Climate change is altering rainfall and snowfall cycles. Warmer air holds more moisture, which can lead to heavier precipitation events but less frequent snowfall.

### The Apple Crisis:

The heart of the problem lies in the severe impact on Shimla's apple cultivation, a primary source of livelihood for many in the region. Apple trees require a specific number of "chilling hours" — periods of sustained low temperatures during the dormant winter season—to break dormancy and produce a healthy fruit yield. Reduced snowfall directly equates to fewer chilling hours, disrupting apple production cycles and leading to lower yields and poorer quality apples.

The Threat of Extinction: If this pattern continues unabated, the iconic apples of Shimla face a very real threat of decline and potential extinction. The changes in climate patterns threaten the very survival of particular apple varieties that have thrived in the region's unique conditions for generations. This not only jeopardizes the livelihoods of countless farmers

and their families but also erodes a significant part of Shimla's cultural heritage.

Actions for a Sustainable Future: To mitigate this change, preserve the apple economy, and secure Shimla's future, urgent actions are needed:

- Reducing Carbon Footprint: Transitioning to renewable energy sources, promoting energy efficiency, and reducing reliance on fossil fuels are crucial to combat global warming which is the root cause of this problem.
- Sustainable Urban Planning: Prioritizing eco-friendly construction practices, preserving green spaces, managing vehicular traffic, and promoting sustainable tourism models are essential for maintaining the delicate ecosystem.
- Afforestation Drives: Launching aggressive afforestation and reforestation campaigns in and around Shimla to restore natural cooling mechanisms and protect biodiversity.
- Adaptation Strategies: Supporting research and development of apple varieties that can tolerate warmer conditions and fewer chilling hours.
- Awareness & Community Engagement: Educating residents and tourists about the environmental challenges and encouraging responsible behaviour and sustainable practices. A Plea for Preservation: I have had the privilege of traveling to many enchanting destinations across India,

but nothing truly compares to the charm and allure of Shimla. Its colonial heritage, its majestic mountains, and the warmth of its people all hold a special place in my heart. I remember the joy I felt as a child, playing in the freshly fallen snow and experiencing the magic of a Shimla winter. It breaks my heart to see that magic fading away. Let us come together as a community to protect this gem, ensuring that the "Queen of Hills" continues to enchant generations to come with its magical winters, captivating beauty, and the sweet bounty of its apple orchards.

**Lokinder Singh Kanwar**B.Voc. HOSPITALITY & TOURISM
3RD Year

### **BHAGAT SINGH'S ATHEISM**

hagat Singh states that his atheism was not a result of vanity. He mentions that his family were firm believers in God, that he himself grew up as a religious boy who would chant prayers for hours. He mentions that his atheism was also not a result of his association with a revolutionary organization and that most of his comrades were, in fact, theists.

He states there are 2 two of atheists.

- a) Who doesn't believe in any GOD or Entity
- b) Who considers themselves as God

His WHY I AM AN ATHEIST perfectly encapsulates his views on GOD and Religion. He saw many

loopholes in every religion where he questioned if there is any entity who is controlling humans why there are wars, diseases and poverty? Why were innocent people subjected to gas chambers? His questions and beliefs leave us with so many unanswered.

DO WE NEED RELIGION?
IS GOD REAL?

**Himanshu Sharma**Retail Management 2nd Year
B.Voc Department

### मोक्षः आत्मिक मुक्ति का अद्वितीय पथ

आज मैं खुदसे बात कर रहा था और तभी मेरे मस्तिष्क पे एक प्रश्न उत्पन्न हुआ के मोक्ष क्या है ?

कहने के लिए लोग कह देते हैं की हम जानते हैं की मोक्ष हिंदू और जैन धर्म का काफी महत्वपूर्ण सिद्धांत है, पर क्या हम सभी लोग मोक्ष को प्राप्त कर सकते हैं? वैसे तो कहा जाता है मोक्ष जीवन के खत्म होजाने पे प्राप्त होजाता है , तो फिर मेरा फिर प्रश्न है खुद्से और अल सबसे के फिर ये जीवन क्यों? जब हमें मोक्ष या शांति ही ना मिले । क्या ये जीवन हमें बस इन कलयुग के भोग भोगने के लिए मिला है ? अगर इसी बात को सोचते हुए हम चीजों को कुरेदें तो हमें जीवित रहते हुए भी मोक्ष प्राप्त करने के रास्ते मिलेंगे। मोक्ष को प्राप्त करने के लिए व्यक्ति को अपने आत्मा को संसारिक बंधनों से मुक्त करने के लिए आत्मज्ञान, साधना, ध्यान, और कर्मयोग के माध्यम से अपने अहंकार और आसक्तियों से मुक्त होना पड़ता है। यह कुछ सुझाव हैं जो मोक्ष की दिशा में मार्गदर्शन कर सकते हैं:

- 1. \*आत्मज्ञान की खोज:\* आत्मज्ञान की खोज करना मोक्ष की प्राप्ति का पहला कदम है। व्यक्ति को अपने आत्मा के असली स्वरूप को समझने की प्रयत्न करनी चाहिए।
- 2. \*साधना और ध्यान:\* आत्मा के अंदर की शांति और स्वाध्याय के माध्यम से मोक्ष को प्राप्त किया जा सकता है। ध्यान और ध्यान की प्रयासना में, व्यक्ति अपने चित्त को शुद्ध करता है और अपने आत्मा के साथ संयोजन की दिशा में प्राप्ति करता है।

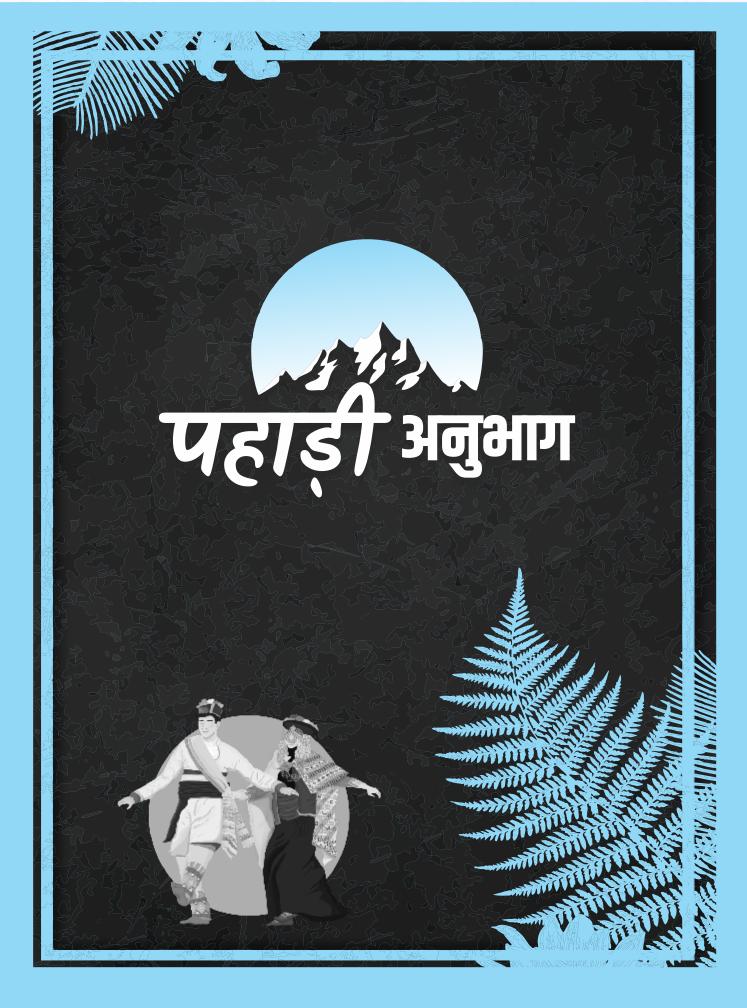
- 3. \*कर्मयोग: \* कर्मयोग में व्यक्ति अपने कर्मीं को निष्काम भाव से करता है और आत्मा को बंधनों से मुक्ति प्राप्त करता है।
- 4. \*भक्ति और सेवा:\* भक्ति और सेवा के माध्यम से व्यक्ति अपने आत्मा के ऊपर आदर्शों का अनुसरण करता है और मोक्ष की दिशा में अधिक प्रसन्नता और आत्मतृप्ति प्राप्त करता है।
- 5. \*गुरु की शरण:\* गुरु के शिक्षा और मार्गदर्शन के माध्यम से, व्यक्ति आत्मा के विचारों को स्पष्ट करता है और मोक्ष के मार्ग पर आगे बढ़ता है।

इन मार्गों का अनुसरण करके व्यक्ति अपने आत्मा को संसारिक बंधनों से मुक्त कर सकता है और मोक्ष की आद्यात्मिक अवस्था को प्राप्त कर सकता है। परंतु आज के समय पे इंसान इतना भटक चुका है के वो मोक्ष को छोड़कर सांसारिक सुखों को पूरा करने में मग्न हो चुका है।

यही सोचते हुए मैंने फिर से खुदसे पूछा के क्या मुझे मोक्ष मिलेगा?

Tushar Chauhan Retail management B. Voc. (2nd year)









गगनजीत छात्र सम्पादक



देवी-देवते, ऋषि मुनि रा कुंठ म्हारौ हिमाचल भारत देशो री उत्तरी सीमा दी बौसो सभी के शोभलों और बांका राज्य आसा। जेतरो बांका शोभला हेरना ले म्हारौ प्रदेश सा तैतरे ही बाकें हिमाचल रे माणू और हिमाचला री बोली सा। म्हारी बोली री खासियत सा की "जैंणें जेणे पाणी रा नाडू टोपा तैणे-तैणे भाषा रा प्रवाह भी बदला" बोली सान म्हारे प्रदेशा री संस्कृति बड़ी गच सा। लोकगीत, लोककथा, गाथा, बुझाणी, खाणो-पिणो, मेड़े, देवो-देवते, रहोणो-सहणो, वेशभूषा, हेरनो-गोणनो सभी म्हारी संस्कृति रा हिस्सा सै।

जेतरी समृद्ध संस्कृति सा तेतरो ही समृद्ध म्हारो पहाड़ी साहित्य आसा। समृद्ध और व्यापक पहाड़ी साहित्य री छोटी जेई झलक म्हारे महाविद्यालय री पित्रका 'हिम रिश्म' रे पहाड़ी अनुभाग दी हेरना ले मेणनी। म्हारे महाविद्यालय रे भाऊ-चेऊ ऐ आपणे-आपणे गावें रे देवी देवते री गढ़ई, भारथे, जत्ती, बामणी, लामण, लाणे, बुझाणाी, कहावते कहाणी आदि रा संकलन कोरईया ऐऊ अनुभाग ले देई,तां कुछ चौगुए आपे लिखी री पहाड़ी किवता और कहाणी देया ऐऊ अनुभाग दी चार चांद लाये, इना सभी छोटूआ रा दिला के आभार सा। मेरा सभी के निवेदन सा की ऐऊ अनुभागा जरूर पोढ़ा हौर म्हारी अम्मा बोली रा प्रचार-प्रसार जरूर कोरा। पहाड़ी बोली हम पहाड़िए री शान सा ऐसा बोलणे दी केवी ने शरम गोआ करनी। मेरी एक आशा सा की सब पहाड़िए आपणी बोली रा सम्मान कोरा, संस्कृति रा प्रचार-प्रसार कोरा म्हारे पहाड़ी साहित्य होर समृद्ध और प्रबल होआ देश-दुनिया दी नाओं होआ।

आखरी दूं मैं ऐबे आपणे प्राध्यापक प्रो॰ अरूण कुमार रा आभार मांनू की तीने मूलै एतरौ बौडौं मौको देउो। आशा आसा की तोमा सभी के जौ अनुभाग खूब पंसद आणो।

धन्यवाद

ऋषि मुनि रा उत्तरककुंठ सा देवी-देवते रा प्यारा पाणी जायरू चोखी बागरी देश हिमाचला रा हमारा

### चालो एतलो पहाड़ी कविता

चालो एतलो हिन्दी दी ने, पहाडी दी बुलाए तुओं कोई शि एक कविता शुनाऊ इंय शेहरो दे रहिय भी आओ गांव की याद त एतलो बताउ हांओ आपने गांव की बात जेथे मेरे मां मेरी राह ताकदी पर हांओ इंथ शेहरो दे आपने भविष्य जाचदी गांव दी कोसी खे छींक भी जाओ त हाल-चाल बादे पृछो इथे कोसी खे लम्बा सास लागे जाओ त मोबइलो दे विडियो खे सुझो गांव की शादी दे मरद टोलुआ तिरोई रूटियारी पोंहिंच कोसी खे कोमी पेशी ने आओ इंदखे एतलो भी हमारे गांव दा ठगड़ा पूछो गांव दी त तिरोई भी बराबर मानो भले ही धूमली दे मरद जाणो पर सभी की घरे तिरोई एतलो भी सियानी मानो गांव दे त्यारो-बारो भी भेगे जाणी इन त्यारो मूंजी रिश्तेदारों को आणो भी जेरेई मानी देवाली मूंजी मूडा और शाकूली बाणी गांव की खलाणों दे डोले वोल गीतो खे पहाडी देवाली मानी माघों भी भीने डी.जे की बीट ने मुजरे दे डोलके और खांजरी की ताल जाणी माघों की साजे मंदिरों खे जाणो इंदे खे भी एक परंपरा मानी अमृता राणा, बी.ए. तृतीय वर्ष

### लोकगीत

- 1. नाशदें माघा रे धयाडे ऐजदे फगना री राती तू लागी लोका वे झूरदी जैलदी लागी म्हारी छाती।
- 2. पाणिए धोउए झिखड़े दिल नहीं पाणी रे धोंहू चंद्रे लोका दसदे थोड़ी गल्ला बाहर आंद्रे रखदे बोहू।
- 3.घने जंगला री भेड़ा उझली धारा रे गांदी सभी बे मिली तिनहा रि मोहब्बता म्हारी मोहब्बता रही आधी
- 4.माघा फागणा रे आए धयाडे झूठे निकले तेरे सारे फयाडे तू सा री खरी झूरिए बस आसे आ माडे। उपासना, कला स्नात्क द्वितीय वर्ष

### हँसी रे ठहाके

मेरे जिउवा दे बजा एक ही राग, कैबे मिलणा खाणे लै सिडू शाग।

खाणे ले मांगा सिडू शाग, दस बारा तेरे चुले दे कुवी लाए आग।

बिना कुछ किए लाए डा तू राग, कर्मा बीणी नी जगा भाग।। दीपिका, कला स्नातक, दूजे साल,

### शिवरात्रि जत्ती

(बाह्य सराज आनी क्षेत्र)

हो भाई जी गोएला पौड़ी दुआल-दुआल ओ भाई जी झूठ बोला नंदलाल-2 ओ भाई जी झूठ न कहे नंदलाल-2 ओ भाई जी मैं सुनो आपने कान-2

वनुैए जै बोला लो हे कांसौ राजौ कुणं आना बोलेया मारी कुंण आणा बालेया मारी नरैना कुंण आना बालेया मारी

ओ वैनुए जै बौला लो है फाफाकुटना हुंए आनु बालेया मारी, हूंए आनु बालेया मारी कांसे राजैया हूंए आनु बालेया मारी

हो वैनुए जै बोला लो हे कांसौ राजौ केहो सोंगै बालौ लेणौ मारी, केहो सोंगै बालौ लेणौ मारी फाफाकुटनै केहो सोंगै बालौ लेणौ मारी

हो माता दसोदा लो पांणी लै डेऊआ बालौ लेणौ बालका मारी, बालौ लेणौ बालका मारी कांसे राजैया बालौ लेणौ बालका मारी

हो चाल्दी जै हुई सौ हे फाफाकुटना
पूजी गेई मथरा दुआरै, पूजी गेई मथरा
दुआरै कांसे राजैया, पूजी गेई मथरा दुआरै
ओ धन-धन माता दसोदा जी तोरै जन्मी बधाई-2
खिरीखण्ड लोई मॉइये भोजना सौंगे दछना बधाई-2
हूँ ता चाली मॉइये पांणी लै मेरै बालका खलाये-2
खिरिखण्ड दैउ तौले भोजना सोंगे दछना बधाई-2
हो नेई लोली खिरिखण्ड भोजना नहीं दछना बधाई-2
हो नेई लोली खिरिखण्ड भोजना नहीं दछना बधाई-2
हो पिट-पिट फाफा लो कुटनै मेरै बालके हराई
पिट-पिट फाफा लो कुटनै मेरै बालके हराई...
(श्रीकृष्ण लीला)

-साहिल, बी॰ए॰ द्वितीय वर्ष बाँके देशौ रा बाँका नज़ारा
मारा हिमाचल सब द बाँका
मारे देश री चोटी दा असो
असो शान देश री मारे
माणु इथोरे भोले भाले
असो मेहनती सबी द बाँके
मारी संस्कृति देश री आन
हिमाचली नाटी मारी पहचान
बारह जिले रा एक प्रदेश
प्रदेश दे असो भेष अनेक
शिमले कनौर सेव रे बगीचे
मण्डी कुल्लू गेंहू री फसल
लाहौल स्पीति देखी दबारी रे नज़ारे
चम्बे असो ऊँचे पहाड़ प्यारे



ऊने मारे चिन्तपूर्णी माई कांगड़े मारे ज्वाली माई रो मंदिर रेणुका झील बढ़ाओ सरमौर री शान गोविन्द सागर मारे बलासपुर री आन सोलणे जटोली शिव जी महाराज हमीरपुर बाबे बालकनाथ रो साथ बाँके देश रा बाँका नज़ारा मारा हिमाचल सबी द बाँका। -सेजल शर्मा, स्नातक द्वितीय वर्ष

### पहाड़ी भाषा रा घटदा प्रभाव

ऐ बड़े दुखो री बात अस कि एबै मारे हिमाचल रे माछ पहाड़ी भाषा बोलणे री शर्म मानौ। पहाड़ी भाषा जू मारे एकता रा सूत्र अस माछ एबै भुलदे लागे अ। माठे-माठे छोटू इ नैई, बल्कि आजकालौ रे पढ़े-लिखे दे माछ बी आपणी भाषा बोलणे री शर्म मानो। एबे माछ सोचो कि हिन्दी तई अंग्रेज़ी बोलिय थे पढ़े-लिखे माने जाई। पढ़े-लिखे माछ सोचो कि जे हामे पहाड़ी बोल गला तो माछ हामों पिछडे होदें मानो।

ऐजी तिनोरी गलत सोच असो। पहाड़ी भाषा बोलिय माछ माठे नहीं बोणदे। आज काले मारे देश रे माछ दुजे देश री भाषा तई संस्कृति शिखदे लागे अस। ऐ कोई बुरी बात नहीं अस पर पहाड़ी भाषा भी शिखनी चेई। जो कि मारे हिमाचल री शान असो बल्कि मारी पहचान भी असो।

> मुस्कान, बी॰ए॰ प्रथम वर्ष,

### ठारा करडू

शमशरी महादेव कुल्लू ज़िले रे बाहरी क्षेत्रा रे आनी तहसीला ऐ शमशरी नाँऊ ग्राऊँ दी आसा। शमशरी महादेव प्रदेशा दी बड़ा ही प्रसिद्ध देवता आसा। शमशरी महादेव भगवान शिवजी रा ही अवतार आसा। शमशरी महादेव त्रायगढ़ होर चार धारा रा मालिक आसा। जुण त्रायगढ़ रा शमशरी महादेव मालिक आसा। सेऊँ आसा– नारायणगढ़, नानागढ़, जलोड़ीगढ़। बाहरी सराजा री दस पंचायता दी शमशरी महादेव इन्धे लोगुओं इष्ट देऊ भी आसा।

शमशरी महादेवा री उत्पत्ति री एक गाथा भी आसा। गाथा दी शमशरी महादेव 'ठारा करडू' यानि कि अठारा देवते मांझे एक आसा। गाथा दी प्रचिलत आसा कि समया साऔगी, एऊ हिमालयी क्षेत्रा दी नाग यज्ञ आदि, अर्ध देव होर अर्ध-दानव साम्राज्य खूब फैलों थियो। इन्ना दी बाहण होर राक्स शमशरी महादेवा साऔगी कट्ठे हुए। राक्सा हराणा ले करडू (पीटारी) भीथरी ठारा देवते आणे, होर राक्सा री शक्ति ओ नाश कियो। राक्से शक्ति खत्म होणे का पहले आंधी चलाई कि करडू भीथरी डाहिदी मूर्ति पूजी, तिदी-र्तिदी देवते रूपे एओ प्रगठ हुए। एहू कारणे बिखरेदे देऊ 'ठारा करडू'। 'ठारा करडू' ऐ रूपे लोग इन्ना जाणा। 'ठारा करडू' मांझे शमशरी महादेवा रा नाओं बड़ा ही प्रसिद्ध आसा।। वर्तमाना दी शमशरी महादेव कुल्लू दशहरे ले आपणी प्रजा साऔगी डेऊवा।

शमशरी महादेव गढ़पित आसा होर आपणी प्रजा री सुख-समृद्धि ले आपणे गढ़े फेरे लेआ सत्राड़ा मेले बाथी। एक समय सहऊ भी थिया, ज़ेबे त्रिमुत्री शमशरी महादेवा रा शमशर थान दी दर्शन दुर्लभ थिया। सत्राड़ा जातरों ही एक रूप आसा। अ जातर सात होर तेरह वर्षा मांझे हआ। एऊ उत्सवा रा आयोजन हुआ तैबे, ज़ैबे क्षेत्रा दी धन दौलत री कमी न हंदी, होए फसल भी भरपूर मात्रा दी हआ। एथा साऔगी लोगा शमशरी महादेवा रे दर्शन भी हआ।

> -पल्लवी, बी॰ए॰ प्रथम वर्ष

### भाभी (पहाड़ी गीत)

बदो हान्डो रे जालो, धालो, बादो बे धालो रोजो, चयाऊँ बाजे भाभी भेटदे हो, घरे बे लाणो किअरो ओजो़, चिआऊं बाजे भाभी भेटदे हो बाट रे नरे चुलटे भरी बे पड़ले पीते, भाभीए पोडोले पीते कंपी आजो भाभी रूणी रे हो प्यार रे आज साजन रे चिते कंपी आज भाभी रूणे रे हो धारो रे न भाभी बागर

मेरे बे होए भाभी टे रे शुरू कान करे भाभी सकने हो।

हांडदे न रे हांडदे खुटडु गोए अ खड़े दूरे रोए भाभी नगरी ओ, संधड़ गोए इभिए रे पड़े दूरे रोए भाभी नगरी हो। बादो हान्डो रे घालो, बादो बे घालो रोजो, चयाऊँ बाजे भाभी भेटदे हो....।

> -पारूल शर्मा, कला स्नातक तृतीय वर्ष

कान करे भाभी सकने हो

कर ले हुरू रे हुरू

### बुझाणी

1." आर भी झूला पार भी झूला, मांझ नाड़े दी फागन फूला *छशणो (मखन)* 

2."चार चिड़ी चरमकण लागी दूई खिड़ी दूई नाचण लागी ॥" -गावै चुई (थन) 3.चूंजटे चुणा पंजूटे बुणा - धागो-सीऊण (सुई-धागा)

4. चंद सूरजे री लगी लड़ाई तुकती भैण छड़ाणै आई - शाणै री कुर्जी (ताले की चाबी) 5. अकर करो मकर करो पूंछ करो लश, एक मुसाफर तोबे चालो जैबे कम्बर करो कश।। -पुओ (घास का पुला)

6. आलिणए नी मालिणए मालेया सारा देश, आपु बैठी धारा पाएं, पुत खेलो परदेश।।

> सुदिक्षा, कला स्नात्त्क प्रथम वर्ष

### जय श्री देव कालवी नाग जी

हिमाचल प्रदेश एक पहाड़ी राज्य आसी। हिमाचला दूजा नाऊँ देवभूमि आसी। इन्दें लोगा देवे-देवते गैश (ऊपर) हैन विश्वास। इन्दें लोग हैन भोले-भाले होन्दे। म्हारे देशे देवते मैंझ एक कालीया नाग आसी। ए मण्डी जिले, करसोग तहसीला का 26 किलोमीटर दूर एक गाँव शोरशणे दे आसी। एस नागे आपणे लोगा मैंझ हैन पेहचान।

कालीया नाग लागा था पेहले स्थापित होणे लै जगहा दूढंदा। नागे चुने आपणी स्थापना लै शनौने (चुराग) जगहा। तिंदै लोगे सोचा नागा लै राकस। तेखा तिन्दैं लोगे स शनौना का काडा। तेखा नागे आपणे पहचान लकोए। तेखा डा कालिये नागे आपणा नाऊँ देओ।

नागे लोआ शोरशणे, बजैण्डी झाकड़ी पिण्डी रूपा दे जन्म। तेखा लागे एक गाओ तिंदा लै आन्दे, स थे एकी कुम्हारे। स लागे तेआ पिण्डी गैश निरदे (दूध देने। स निसे घरे दूध दे। तेखा डेआ स कुमर गावा पिछो-पिछो। तेखा सोचा तीनी पिण्डी लै राकस। तेखा लोआ तीनी पिण्डी लै कराढ़ा और पिण्डीये करी दुए। तेखा लाए कुम्हारे तिन्दे आग। देवे हेरै आपणे मैहरे (मुख) लकोए तिंदा का। तेखा पड़ा तिनाले देवा दोष। तेखा पड़ा तिंदाले (शमांद) लोहेआ शौरो। ए प्रमाण आसी कि आजतक मिलो तिन्दें लोहे गोली।

तेखा माँगे शमांदे लोगे देवा का माफे। तेआ घटना का बाद नी



देओ कुम्हारा आपणे मंदिरा दे भी नी मनदी। तेखा शमांदे लोगे पिण्डे गंचर्भे (पंच गव्य) के जोड़े। तेखा बणे बजैण्डी कालीये नागे कोठे। तेखा म्हारे बुजुर्गा ले मिला एक सुपणा कि शोरशणे बाएं दे आसी देवा मैहरा। कुम्हारे आग लाणे का बाद पहला मैहरा मिला शोरशणे बाएं दे। तेखा म्हारे बुजुर्गे स मैहरा सदरी दे लकोया बजैण्डी मंदिरा दे डा। तेखा करी तिन्दें देवे प्रतिष्ठा। तेखा लागा सभी का पता कि ए देओ, राकस नी। तेदख बाद हर साजे ले करो देवे पूजा और हर साजे ले गंचर्भे के तेया पिण्डी जोड़ो। ए आसी बै साथियो म्हारे कालवी देवे गाथा।

-दीपिका, कला स्नातक दूजे साल

### म्हारी पहाड़ी संस्कृति और सभ्यता

म्हारे पहाड़ो री संस्कृति और सभ्यते री पूरी दुनियै दी अलग पहचान औसो। पहाड़ी खाना, पहाड़ी पहनावा, पहाड़ी नृत्य, पहाड़ी खेल आज ब सभी रा मन आपनी तरफ खिचों। म्हारे पहाड़ों रे पुरूषों रा पहनावा सूथण-लोईया आज ब हर जगहें मशहूर औसो। एरा ही औरतों रा पहनावा धाटू-गाची चार चांदला। पहाड़ी नृत्य बिशु आज भी हद पसंद कौरी। पहाड़ी, रे खेल राठी और पाशी दोए दौलों बीरचे खेली। पहाड़ी खाना सिड्डू भी हद मशहूर औसो। अत: हामै बौल सौकु जै आज भी हामै आपणी सभ्यता और संस्कृति जीवित औरखे दी।

ज्योति, कला संकाय, तृतीय वर्ष

त्कार

एड़ी क्या गुस्ताखी, क्या किती मैं बुराई पढ़दे-लिखदे ता थे नी, बोलने ग्लाणे ते भी ग्वाई। एड़ी केड़ी खता हुई मेरे ते ओ, जे मेरे आपणेयां हे किती हाऊँ पराई।

क्या सोचदे के कुण ही क्या ग्लान्दी ने कुथी ते आई।

हाँऊ तुसारी पहाड़ी, जो सारेया दिती भुलाई।

पहाड़ी बोली

कदे हिन्दी बोली, कदे पंजाबी फेरी अंग्रेजी री किति बड़ाई।

ज्यादा पढ़ा लिखा लगने खातर, मेरे ते मुहँ दित्या फिराई।

बोली भाषा तबदीली ता हुँदी आई पर आसे आपणी बोली रा अस्तित्व दित्या मुकाई। बचेयाँ जो माँ-बापुए, हिन्दी ता अंग्रेजी हे सिखाई

### एक थि क्रेंई एक था कऊँआ

होद प्राणी बात ऑ। एक थि क्रेई और एक था कऊँआ। तिनों फाबा चावणॉ रा गुल्टा। से धोने हुई हॉद खुश। से लागी बातॉ कॉरदी-

कोंईये (चिड़ियाँ) बोलू कऊँ एक : एबे का कॉरणू ऑ गुल्टे रू।

कऊएँ (कौआ) बोलू: एनि खाणा ऊबा। ए दबाणा पॉरा। ऐरी बातों कॉरेया तिने से गुल्टा दबाआ पॉरा। कुछ टाइमॉ बाद से हॉआ हुद बॉडा। तिंदे लागे हॉद चावण रे गुल्टे।

क्रेंइ : एबे खामी पॉरे ए स्टेयॉ।

कऊऔ: ओ बे।

क्रेंई: चीश ले आज औरी। आ कॉरू तेरा इन्तजा़र इता।

कऊआ: अच्छा बे।

क्रेंईये दिती कऊऐक प्रीयूडी चीशॉ ले ऊँणेक। कऊ आ डेया चीशॉ लेऊँदा। जेती कऊआ उबी भॉरा तेती चीश खीण्डीय पॉरी। क्रेईयों खाएँ चाणण स्टे स्टायॉ। कऊआ राखा चीशॉं लेऊंदा। जॉबे खॉडा कऊँआ से आज्जा ओरा घरॉक क्रेंई थि खॉदी। कौऐ दा आजा हॉद रोश। से लागी गाँडी दि कऊँऐक मिलुं कीएँ न।

शिक्षाः हामाँ कोसरी बातॉ दे नई आजणे चे्ई। (हमें किसी की बातों में नहीं आना चाहिए।)

> श्रृति ठाकुर, कला स्नातक प्रथम वर्ष

ए ता पिछडी, पुराणी ही, ऐ सोच केथी ते आई। भई एड़ा भी क्या हुआ, ऐ ध्याडा दित्या दिखाई पहाड़ा री संस्कृति री पहचान ही दिती मुकाई। हर भाषा बोली सीखा पढ़ा ते बोला, पर आपणी मत देंदे गवाई। हर बोली री आपणी अहमियत हुई मेरे बगैर तुसा रा भी क्या बजूद रहेणा अरे भाई। हाँऊ तुसारी पहाड़ी जो सारेयाँ दिती भुलाई।

> दिनानाथ, कला स्नातक द्वितीय वर्ष

### पहाड़ी बामणू

(पहाड़ी बामणू हिमाचली संगी का मुख्य तत्व है तथा मुख्यत: विवाह, देव कार्यक्रम इत्यादि अवसरों पर लय के साथ गाए जाते है )-

जोथ लागी चांदणी, लागी देउदी नासे,
माणु पछैणियां नीति के, फूल पछैणिया बासे
ठाण्डेया पाणिआ धुपू-धुपुए पीणा,
इंधी छूटा सभी के, चकी नै किसए नीणा।
पैरे लाणी झांझरा, काने लाणी बाली,
फूल डेउआ झाड़िया, सदा ने रहदी डाली।
खौले भिंडिए बैठो किन्नौकी काओ।
फल खाणो रीति रै, पीछु नै रहदैं भाओ।
झरी नै भाऊनी झरिओ लागा झरेओ,
झरी देनी शोटी, शाह डाहणो पात्थरा जेओ।
आर पोलो नौहणू, पार पोलो जगतसुखा,
कुण सोठा मना री मनकी, कुण सोठा छाती रे दु:ख।
-निकता कमारी,

### मुहावरे और लोकोतियां

- 1. बांदरी हाथै नरेल आयोग्य व्यक्ति को सफलता मिलना।
- भगते दी भगती कमजोर दी कमव्खती: कमजोर व्यक्ति दूसरों के द्वारा दी गई पीड़ा को चुप-चाप सह लेता है।
- 3. भीतरी रीटा बाहरी चीटा- दोगला।
- 4. माखे खणी खूह तिंदी पैई तू- जो दूसरों के लिए गड्डा खोदता है वह उसमें स्वयं गिर जाता है।
- 5. रिण्ड टुण्ड झाकड़े, दाढ़ीवाले पाकड़े- करे कोई भरे कोई।
- 6. षाड़ै मूइ शाशू शाऊणे आए आशू- किसी बात पर बहुत बाद में पश्चाताप करना।
- 7. आपू लै गरोषटै, दूजे लै ज्ञान- ज्ञान की बड़ी-बड़ी बातें करना पर स्वंय उस पर अमल ना करना।
- 8. शीखा पीछु खाणैं मिडंकै- स्वाद-स्वाद में हर कुछ खाना (अर्थात् स्वाद के कारण न खाने योग्य वस्तु भी खाना)

अंजली भारती, कला स्नातक, तृतीय वर्ष

### जुजर छो ( जुजर झरना )

बी.ए. प्रथम वर्ष

जुजर छो मंडी जिले दे उप तहसील बगशाडे एक माठे जे ग्रांव कुंड दे आसी। ऐ मारे नाग माँऊ ऐ गोदा दे बसा द एक सुंदर छो आसी। इंदे लोगे मान्यता आसी की ऐस छोआ पिछो रजओ बताल देवता। ऐ जगह बी आसी हैन प्यारे घुमणे ले बी लोग आछो इंदे दूरा-दूरा का घुमंदे गर्मिये मीने अछो। इंदे आसी कई पराणी काणी बी ऐस छोआ री इंदे लोग मनो बे की बोलो हैन पेले बोलो सतयुगे टेमा दे हो था। बोलो इंदा ऐडा की जिया बोलो लोगे कित-कारज हो थे तो सियो बोलो इंदा ले आछो थे और जेतरी पाथरी गटी बोलो छोऐ आडा ले बाणी न तेतरी ही भांडे निकलो थे बोलों एतका और जियां बोलो कारज मुके जाओ था ते तेखा लागो थे बोलो इंयो भांडे बापस छोआ गो छाडने पर तेखा बोलो एकी बेरी एक फवाल था बोलो तिनी नीया या बोलो कांसेया थाडो पर तेखा नी बोलो स आणी वापस तेखा तियाका ओरे की बे बोलो इंदे ऐबे भांडे निखलदी ऐबे क्योंकि तीनी करे ये बोलो चोरे न तेस थाडुए। लोग मनो बे कि इंद छोए आडा दे रओ बोलो साता मुंडिकया किडा नी ए आड आसी हैन डुगे और दरेआ सेयी शुजीओ नीले ही इंदा ले नी जांदी नेहादे बी ते बी निकलो बोलो साता मुंडिकया किडा। ए छो एक माठी जी खाड़ा का बणा दा और आसी हैन उछटा भी ओरी पोरी आसी हैन

घणा बौंण और एक खाड जाओ आगो दरोआ ले और इंदे लोग मानो बे कि छोतली बेटडी नी बोलो साता धेडे तक इंदा ले जांदी तिना ले निकडो बोलो साता मुंडिकिया कीछा। ए छो आसी मारे ग्रांव रे शान एस छोआ भालदे आछो दूरा-दूा का लोग। एस छोआ सागे आसी मशाण बी त लोग बोलो इंदे हो बोलो रैचे हो छलेडै बी ते नी वे इंदे लोग रओ बी नी आधी इंदा ले आछो सब लोग धेडे-2 ही सिंयो छोआ हेरेया जाओ डे तेखा। इंदे लोग मनो बताल देपेते हैन इंदा ले हो कडाए बी मने दे तेखा बनाओ इथी तेएा कडाई हलवा बनाओ और छोआ ले चढाओ बे और अपने मनोकामना पूरे करो बांद हो मन दे तिना पाओ छोए आडा ले। इंदे बताल देवता नी मनदी जे इंदे हाल्ला पाणा दोश बी लागो या प्रैच (डरना) बताल देवता नी मानदी छोतली बेटडी बी इंदे आपणी सीमा मीतरे एकी बारी थे बोलो एक छोतले बेटडे इंदे झीकडे छोदे आये दे और स बोलो प्रेछवे और तेखा होऐ हैन बीमार और बादा का बोलो तेखा मरे ही इंदे देवते दे आसी हैन सत बुरा करने आडे ले बी देओ फल और धोरा करने आडे ले बी देओ तेतया फल।

-**शिवानी,** स्नातक द्वितीय वर्ष,

### जोड़िया वाली शीतला माता दीर कहाणी

जम्मू छा 150 किलोमीटर दूर उत्तर पूर्व दिशा च अन्तराष्ट्रीय चित्रकला नगरी बसौली छा 40 किलोमीटर दूर उत्तर दे पासे पाड़ी दिया ग्रां है। 'बांझल' बांझल दे बोंवे पासे 5 किलोमीटर दूर इक पाड़िया पर अल्का दिया द्रबड़ है। जिसकी जोडियां गलादें इसका जगा पर बड़ा सोण एक शीतला माता दा मन्दर है। ए मन्दर जोडियां जगा पर हैं जिसदिया बजा कने शीतला माता की जोडियां वाली माता भी गलान्दे। जनवरी-फरवरी (पौ-माघ) च पाला रिन्दा पिया दा इथे पर नवरात्रियाँ च इथे लंखा दे साबे

कने माणु माता शीतला दे दशर्ण करणा ओन्दे! ते सुखे कने अपणे घरे की चली जान्दे। बता च बिल्लेशाह ते दयाराम दा लंगर भी लगदा। पैले ता इथे पैदल ओंदे थे पर अबे गड़ी भी चली जान्दी। इस शीतला मात दी काणी है बड़ी पुराणी कि किया माता इथे आइ ते किया इथे बसी! किच्छ माणु गलान्दे कि इक शिकारी सरथल दे घणे बणे च शिकार करणे था चलिया द ता माता उसकी कन्या रूप च दर्शण दिते। पर

किच्छ माणु गलान्दे कि जोडियाँ दे आचँल च इक ग्रां है दन्नी। इस ग्रां चे ठक्कर जाती कुडेरिया गोत्र दा इक परिवार रिंदा था। ओ बड़ा गरीब परिवार था। ते जेड़ा इस परिवारे दा जेष्ठ पुत्र था 'परागा' उसकी माता ने दर्शन दिते थे सुपने च। माता गलाया कि कि पाडिया पर रियुसर दे बुटे थले मेरी शिला नजरी ओणी है। गलान्दे कि जोडियां पर अगर माणुआ दे डंगर गलितया कने भ चरदे-चरदे आई जादे थे तां ओ उथे ही मरी जान्दे थे। पर परागा पूरी ध्याड़ी जोडियां पर अपणे डंगर चारदा ते किरी उथे ही अपणे डेरे सोई जान्दा था। इक राती परागा अपणे डेरे सुता दा था। सुपने च शीतला माता उसी दर्पण दिते। गलाया कि तुम इथे मेरा मन्दर बणा। पर उनी ए गाल ध्यान च नी रखी। दुवे दिन जलु बाई पर ओ अपणे डंगरा की पाणी लिगया पियाण। उसदे अधे डंगर मरी गे।

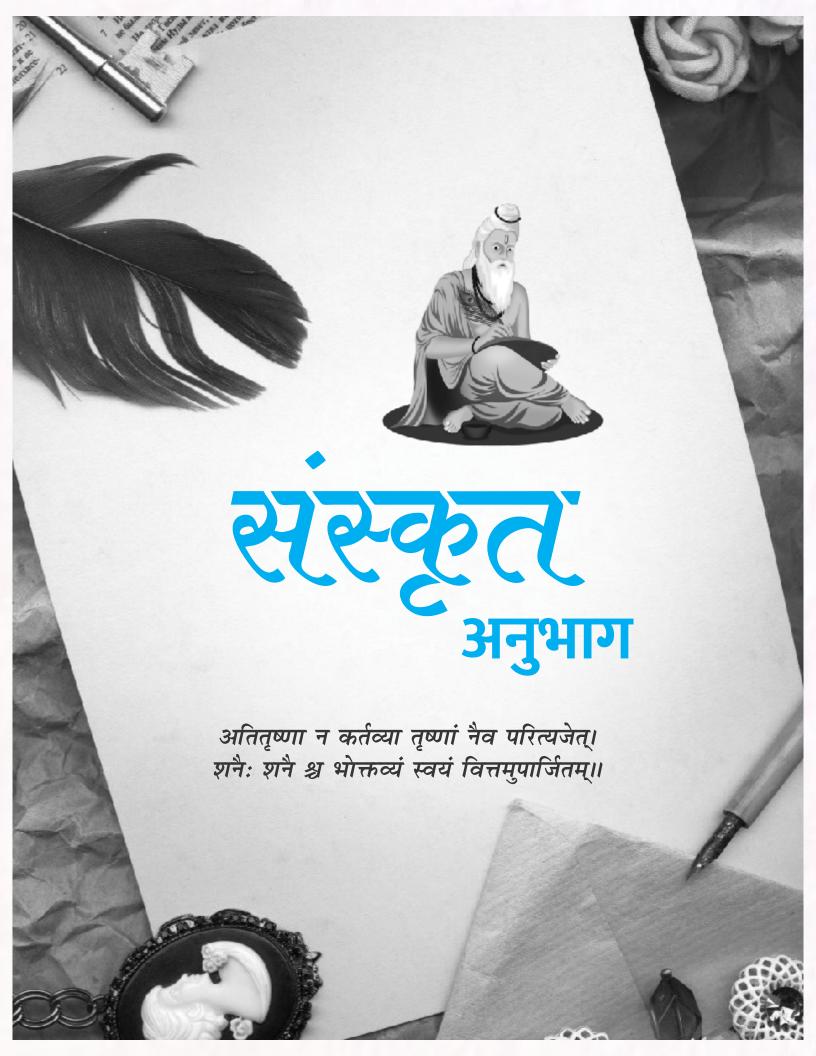
लगातार तीन दिन उदे सुपने च माता ओन्दी रेही। फिरी ओ डिरया उनी शिवजी भग्वाने कने प्रार्थना किती कि कोइ चुडेल मेरे सुपणे च आई करी डरान्दी हैं ते मिकी बचाई ले भगवान। तां माता ने उसकी दर्शण दिते ते गलाया कि मैं कोइ बुरी बला नी है। मैं शीतला माता है तु डरदा मत मैं तेरे डंगर भी जीदें करी देणे न। फिरी उनी जाई करी सबना ग्रां ते परिवार बालियां की गलाया ते सबना ने रली-मिली की लकड़ी दा मन्दर बणाया ते परागा पुजारी बिणया। इक बारी इथे चमत्कार होइया गलाया कि माता

शीतला दी बैण है ओन्दी ते पालिकया च पाई की त्रिशुल लियाए पर पालिकया चा त्रिशुल निकलिया ते इक त्रिशुल मन्दरे च बाहर आइया दोनों हवा च गले मिले ते किरी दोनो मन्दरे चे की चली गे। किरी कुछ दिना बाद इथे हर 12 साल बाद पुजारी मरी जांदा था ते तिथुआं छा बाद हर चार साल बाद इथे भैंसे दी बिल भी

दिन्दे। अगर कोई इथे आई करी बुरा करे या सोचे तां माता उसकी सजा भी देन्दी है। पर जेड़ा माणु सच्चे दिले कने खाली-हाथ भी इथे औंवे ता शीतला माता उसदी झोली परी देन्दी है। शीतला माता सच्च ही बड़ी शन्ति प्रदान करने वाली ते शीतल है। जेड़ा भी माणु इसा काणीयां की पढ़े ओ जोडियां माता जरूर जाणा। शीतला माता उच्चे पाडे पर प्रकृति दे सौन्दर्य च है बसी दी। जै शीतला माता।

काजल कुमार, स्नातक प्रथम वर्ष









दीक्षा कुमारी छात्र सम्पादक



राजकीय-महाविद्यालयः " सञ्जौली" इत्याख्यस्य उत्कृष्टअध्ययनकेन्द्रस्य वार्षिकपत्रिकायाः "हिमरिष्मः" इत्यस्याः नवाङ्कं पाठकानां समक्षे, प्रस्तुतवन्त्या मया अतीव हर्षमनुभूयते। इयं पत्रिका छात्रेभ्यः साहित्यसृजनक्षेत्रे स्वप्रतिभा कौशलं प्रदर्शियतुं एकं मञ्चं प्रस्तौति। अस्य सदुपयोगं कुर्वद्भि विद्यर्थिभिः अनेकाः रचनाः विभिन्नविषयान् अधिकृत्य अत्र प्रस्तुताः। यद्यपि संस्कृतभाषा सर्वबोधा नास्ति, तथापि विद्यार्थिनां प्रयासः सर्वथा प्रशस्यः वर्तते, तथा तेषां संस्कृतं प्रति अनुरागं प्रदर्शयति।

संस्कृत-भाषायां विद्यार्थिनां परिपक्वता नास्तिः अतः तेषां रचनानां परिष्कारः अस्माकं मार्गदर्शिकया संस्कृत-विभागे सहायक आचार्यत्वेन कार्यरतया डॉ॰ कमलेश कुमारी महाभागया कृतः। अतः अहं तासां हृदयेन धन्यवादज्ञापनं करोमि। येषां विद्यार्थिनां रचना अत्र पत्रिकायां प्रस्तुता ते सर्वेऽपि धन्यवादार्हाः सन्ति। सर्वेषां पाठकानामपि अहं शुभं कामये।

संस्कृतं नाम दैवी वागन्वाख्याता महर्षिभिः।। \*\*\*

### प्रातः स्मरण

### समुद्रवसने देवि! पर्वतस्तनमण्डले। विष्णुपत्नि! नमस्तुभ्यं पाद्स्पर्शम क्षमस्वे॥

अर्थात् - समुद्र रूपी वस्त्र को पहनने वाली, जिसने पर्वतों को धारण किया हुआ हैं भगवान विष्णु की पत्नी पृथ्वी मुझे माफ करें, क्योंकि उन्हें मेरे पैरों का स्पर्श होता है, इसलिए क्षमायाचना करता हूँ।

### ब्रह्मा मुरारीस्त्रिपुरांतकारी भानुः शशी भूमिसुतो बुधश्च। गुरुश्च शुक्रः -शनि- राहु-केतवः कुर्वन्तु सर्वे मम सुप्रभातम्

अर्थात्- तीनों देवता ब्रह्मा, विष्णु एवं महेश तथा सूर्य, चन्द्रमा, मंगल, बुध, बृहस्पति, शुक्र, शनि, राहु एवं केतु यह सभी ग्रह एवं सभी देव मेरे प्रभात को शुभ एवं मंगलमय करे।।

> दीक्षा, बी॰ए॰ तृतीय वर्ष

### सरस्वती वन्दना

या कुन्देन्दु तुषारहारधवला

या शुभ्रवस्त्रावृता

या वीणावरदण्डमण्डितकरा

या श्वेतपद्मासना।

या ब्रह्माच्युत शंकरप्रभृतिभिर्दैवेः सदा वन्दिता

सा मां पातु सरस्वती भगवती

नि:शेषजाडयापहा ।।1।।

शुक्लां बह्मविचार सारपरमामाद्यां

जगद्व्यापिनीं वीणापुरस्तकधारिणिभयदां।

जाडयान्धकारापहाम्हस्ते स्फटिकमालिकां विद्धतीं

पद्मासने संस्थिताम्बन्दे तां परमेश्वरीं

भगवतीं बुद्धिप्रदां शारदाम् ॥२॥

-महक, बी॰ए॰

प्रथम वष

### गायत्री मंत्र

ऊँ भूर्भुव: स्व: तत्सवितुर्वरेण्यं भर्गो देवस्य धीमहि धियो यो न प्रयोदयात्।

ऊँ ब्रह्म

भू प्राण स्वरूप

र्भुवः दुःख नाशक

स्वः सुख स्वरूप

तत उस

सवित तेजस्विनी

वरेण्यं श्रेष्ठ

भर्गो देवस्य दिव्य का देने वाले

धीमहि धारण करे धियो बृद्धि

यो न: हमारी प्रचोदयात प्रेरित करें।

अर्थ: उस परमात्मा परमेश्वर प्राण स्वरूप श्रेष्ठ ब्रह्म के धारण करते है वो परमपिता हमारी बुद्धि को सत्मार्ग कीओर प्रेरित

करें।

साक्षी, कला स्नातक, प्रथम वष

### भोजन मन्त्र

ऊँ ब्रह्मार्पणं ब्रह्महाविर ब्रह्मागनौ ब्रह्मणाहुतम ब्रह्मैव तेन गन्तव्यं ब्रह्मकर्म समाधिना ऊँ सह नाववतु सह नौ भुनक्तु सह वीर्यं करवावहै तेजस्विनावधीतमस्तु मा विद्विषावहै।। ऊँ शान्ति: शान्ति: शान्ति।। अर्थ- आइए हम एक -दूसरे की रक्षा करें। चलो एक साथ खाते हैं। चलो एक साथ काम करते हैं। आइए उज्ज्वल और सफल होने के लिए एक साथ अध्ययन करें। हम एक दूसरे से नफरत नहीं करते हैं। ऊँ शान्ति: शान्ति: शान्ति।। दीक्षा, बी॰ए॰

### संस्कृत भाषायाः महत्वम्

संस्कृत भाषा अस्माकं देशस्य प्राचीनतमा भाषा अस्ति। प्राचीनकाले सर्वे एवं भारतीयः संस्कृतभाषाया एवं व्यवहारं कुर्वन्ति स्म। कालान्तरे विविधाः प्रान्तीयाः भाषाः प्रचलिताः अभवन् किन्तु संस्कृतस्य महत्वम् अद्यापि अक्षुण्णं वर्तते। सर्वे प्राचीनग्रन्थाः चत्वारो वेदाश्च संस्कृतभाषायामेव सन्ति। संस्कृतभाषा भारतराष्ट्रस्य एकतायाः आधारः अस्ति। संस्कृतभाषायाः यत्स्वरूपम् अद्य प्राप्यते। तदेव अद्यतः सहस्त्रवर्षपूर्वम् अपि आसीत्। संसकृतभाषायाः स्वरूपम् पूर्णरूपेण वैज्ञानिक अस्ति। अस्य व्याकरणं पूर्णतः तर्कसम्मतं स्निश्चतं च अस्ति।

आचार्य-दण्डिना सम्यगेवोक्तम्-

"भाषासु मुख्या मधुरा दिव्या गीर्वाण भारती"।

अधुनाऽपि सङ्गणकस्य कृते संस्कृतभाषा अपि उपयुक्ता अस्ति। संस्कृतभाषेव भारतस्य प्राणभूता भाषा अस्ति। राष्ट्रस्य ऐक्यं च साधयति। भारतीय गौरवस्य रक्षणाय एतस्याः प्रसारः सर्वेरेव कर्तव्यः।

अतएव उच्चते - " संस्कृति: संस्कृताश्रिता"।

टीया वर्मा, बी॰ए॰ द्वितीय वर्ष

### राममन्दिर अयोध्या

1.राममनिदरं हिन्दुनां कृते महत्त्वपूर्णं धार्मिकस्थलम् अस्ति।

2.एतत् मन्दिरं सांस्कृतिकतया, धार्मिकतया, ऐतिहासिकदृष्टया च अतीव महत्त्वपूर्णम् अस्ति।

3.श्रीरामस्य जन्मस्थले अयोध्यायां एतत् मन्दिरम् अस्ति।

4.राममन्दिरस्य शिलान्यास: प्रधानमन्त्री नरेन्द्र मोदी इत्यनेन 5 अगस्त 2020 दिनाङ्के अयोध्यायां कृतम्।

5.प्राणप्रतिष्ठा मन्दिरं २०२४ जनवरी २२ दिनाङ्के अभवत्।

6. अयोध्यारामन्दिरस्य वास्तुकला नगरशैल्लानुसारम् अस्ति।

7.मिन्दरस्य निर्माणे धरोहरस्य आधुनिकतायाः च मिश्रणं दृश्यते। 8.अयोध्यायां राममन्दिरस्य निर्माणेन युगपुरातनस्य विवादस्य अपि समाप्तिः अभवत्।

9.राममन्दिरेण भारतस्य राष्ट्रगौरवं एकतां च प्रवर्धितम्। 10.राममन्दिरस्य निर्माणेन अयोध्यानगरी महत्त्वपूर्णं तीर्थस्थलं सांस्कृतिकेन्द्रं च अभवत्।

> -सुभागिनी वर्मा, द्वितीय वर्ष

### जयतु संसकृतम् ।वदतु संस्कृतम्॥

संस्कृत अनुवाद	हिन्दी अनुवाद
नेहा-सिख! तव किं नाम अस्ति?	सखि! तुम्हारा क्या नाम है?
काजल- मम नाम काजल: अस्ति। सिख! तव किं नाम अस्ति?	मेरा नाम काजल है। सिख! तुम्हारा क्या नाम है?
नेहा- मम नाम नेहा अस्ति।	मेरा नाम नेहा है।
काजल-त्वं कुत्र वसित?	तुम कहाँ के रहने वाली हो?
नेहा- अहं रामपुर आख्ये नगरे वसामि । त्वं च?	मैं रामपुर नगर की रहने वाली हूँ। और तुम?
काजल- अहं शिमला आख्ये नगरे वसामि।	मैं शिमला नगर की रहने वाली हूँ
नेहा- तव पिता कि कार्य करोति?	तुम्हारे पिता क्या कार्य करते है ?
काजल- मम पिता कृषि कार्य करोति । तव पिता?	मेरे पिता खेती का काम करते हैं। तुम्हारे पिता?
नेहा- मम पिता अध्यापक: अस्ति। तव कक्षाया:	मेरे पिता अध्यापक है। मम कक्षाया: आचार्यस्य नाम
आचार्यस्य किं नाम अस्ति?	रोहित: अस्ति।

### संस्कृत गीतिका

विजयतेराम्, ऊँकार भारती, संस्कार भारती। शुचि वर्णम्, अन्तः करणम्, भुवि भव्या प्रतिभा विभास्वती। विजयेततराम्,ऊँकार भारती, संस्कार-भारती ।।ध्रुवम्।। गुण-समुज्जवा सौम्या सुजला भारत-जननी; वैभव-पूर्णा मधुराभरणा भुवन-पावनी। सुनिर्मला, रस्योर्मि-चला, इह गङ्गा यमुना सरस्वती। विजयतेतराम्, ऊँकार-भारती, संस्कार'-भारती ।।।।। विश्व-विश्रुता श्रुतिरनवद्या विद्या सकला, चर्चित-बिबुधा ललिता विविधा प्रिय-चारूकला । विराजते. नाखिल-भारते. परमार्या परम्परा महती। विजयतेतराम्, ऊँकार-भारती, संस्कार-भारती ॥२॥ संङ्गीत-सुधा सुङ्गत- रङ्ग जन-मनोहरा: प्रसरित नित्यं नृत्य माधुरी रस-रागभरा। चित्र कला, सुपवित्र फला, प्रतिहृदयं प्रमुदं वितन्वती विजयतेतराम्, ऊँकार-भारती, संस्कार-भारती।।3।।

-साक्षी, कला स्नातक प्रथम वर्ष

### संस्कृत गीतिका

सुरस सुबोधा विश्वमनोज्ञा लिलता हृदया रमणीया। अमृत वाणी संस्कृत भाषा नैव क्लिष्टा न च कठिना ।।स्रस...

- किव कोकिल वाल्मीिक विरचिता रामायण रमणीय कथा।
   अतीव सरला मधुर मञ्जुला मैष क्लिष्टा न च कठिना ।।
   स्रस...
- 2.कवि-कुल-गुरू नव रसोन्मेषणा, त्रनु-रघु-कुमार-कविता। विक्रम शांकुतल- मालविका नैव क्लिष्टा न च कठिना।। सुरस...
- 3.कुरूक्षेत्र समराङ्गण गीता विश्व वन्दिता भागवदगीता। अमृत मधुरं कर्म दीपिका नैव क्लिष्टा न च कठिना। सुरस ... -व्यास विरचिता गणेश लिखिता महाभारते पुण्य कथा। कौरव पांडव सङ्कर मथिता नैव क्लिष्टा न च कठिना ।। सुरस...

-काजल, स्नातक द्वितीय वर्ष

बी॰ए॰ प्रथम वर्ष

### श्लोक

- विद्या ददाति विनयं विनयाद् याति पात्रताम्।
   पात्रत्वात् धनमाप्नोति धनात् धर्मं तत: सुखम् ।।
   विद्या यानी ज्ञान हमें विनम्रता प्रदान करता है, विनम्रता से
   योग्यता आती है, योग्यता से हमें धन प्राप्त होता है जिससे
   हम धर्म के कार्य करते है और हमें सुख मिलता है।
- 2. उद्यमेन हि सिध्यन्ति कार्याणि न तु मनोरथै: । न ही सुप्तस्य सिंहस्य प्रविश्यन्ति मुखे मृगा:।। उद्यम यानी मेहनत से ही कार्य पूरे होते है, सिर्फ इच्छा करने से नहीं। जैसे सोये हुए शेर के मुँह में हिरण स्वयं प्रवेश नहीं करता बिल्क शेर को स्वयं ही प्रयास करना पड़ता है।
- 3. देवो रूष्टे गुरूस्त्राता गुरो रूष्टो न कश्चन:। गुरूस्त्राता गुरूस्त्राता गुरूस्त्राता न संशय:।। भाग्य रूठ जाए तो गुरु रक्षा करता है, गुरु रूठ जाए तो कोई नहीं होता। गुरु ही रक्षक है, गुरु ही रक्षक है, गुरु ही रक्षक है, इसमें कोई संदेह नहीं।
- 4. सत्यं ब्रूयात प्रियं ब्रूयात न ब्रूयात सत्यमप्रियं। प्रियं च नानृतम् ब्रूयात एष धर्मः सनातनम्।। सत्य बोलो, प्रिय बोलो, अप्रिय लगने वाला सत्य नहीं बोलना चाहिए। प्रिय लगने वाला असत्य भी नहीं बोलना चाहिए।
- 5. आलस्यं हि मनुष्याणां शरीरस्थो महान् रिपु:। नास्त्युद्यमसमो बन्धु: कृत्वा यं नावसीदित।। मनुष्यों के शरीर में रहने वाला आलस्य ही उनका सबसे बड़ा शत्रु होता है परिश्रम जैसा दूसरा हमारा कोई अ न् य मित्र नहीं होता क्योंकि परिश्रम करने वला कभी दुखी नहीं होता।

साक्षी नेगी बी॰ए॰ द्वितीय वर्ष

### संस्कृत श्लोक

1." जीवनं सुलभं नास्ति किंतु स्मितस्य हानि: नास्ति इति सहमतः"।

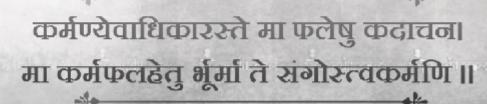
अर्थ:- जीवन आसान तो नहीं है। लेकिन मुस्कुराने में किसी भी प्रकार का नुकसान भी नहीं है। 2."उत्तम जीवनं जीवितुं प्रयतस्व, क्षुद्रभावनाभ्य: उपरि उत्तिष्ठितुं प्रयतस्व"।

अर्थ:- अत्यंत छोटी या तुच्छ सोच से ऊपर उठकर उच्च स्तर का जीवन जीने का प्रयास कीजिए। 3." जीवनं समाधानं कर्तुं समस्या नास्ती, अपितु अनुभवितब्यं वास्तविकता अस्ति।"

अर्थ:- जीवन अनुभवों की सच्चाई है। न कि हल करने वाली कोई समस्या। 4." सर्वस्तरतु दुर्गाणि सर्वो भद्राणि पश्यतु। सर्व: कामानवाप्नोतु सर्व: सर्वत्र नन्दतु।।"

अर्थ:- सब की कठिनाईयों दूर हो, सबका कल्याण हो। सब की मनोकामना पूर्ण हो सबका जीवन आनंदमय हो।

> उपासना, स्नातक द्वितीय वर्ष



### हास्य कणिकाः

पति: (उच्चै: पत्नीं प्रति)- मम स्नानाय उष्णं जलं शीघ्रम् आनय, अन्यथा...

पत्नी (सक्रोधम्): अन्यथा भवान् किं करिष्यति?

पति: (ससम्भ्रमम्): किं करिष्यामि? शीतलै: जलै: एव स्नानं

करिष्यामि।

अर्थ: पति (ऊंची आवाज़ में पत्नी की) – मेरे स्नान के लिए गर्म पानी जल्दी लाओ अन्यथा....

पत्नी (गुस्से में) - अन्यथा आप क्या कर लेगें? पति (मुरकुराते हुए) - क्या करूंगा? ठण्डे पानी से ही स्नान करूँगा। न्यायाधीश:- भो:! किं त्वं जानासि, यदि असत्यं वदिष्यसि तर्हि कुत्र गमिष्यसि? अपराधी - आम् श्रीमान्! नरकं गमिष्यामि। न्यायाधीश: - अथ चेत् सत्यं वदिष्यसि तर्हि?

अपराधी - कारागारं गमिष्यामि श्रीमान् ।

न्यायाधीश कहता है- ओ! क्या तुम जानते हो यदि तुम

झूठ बोलोगे तो कहाँ जाओगे?

अपराधी- हाँ श्रीमान्! नरक जाऊँगा।

न्यायाधीश- यदि मुम सत्य बोलते हो तो?

अपराधी- जेल जाऊँगा श्रीमान् ।

-दीपिता, बी॰ए॰ द्वितीय वर्ष

### हास्य कार्णकाः

1.किम् मम प्रियतमा भोजनम् अखादत् ....? मेले बाब् ने थाना थाया

2.शिक्षका: - ABCDएबीसीडी श्राक्यतु?

ভার: - ABCDEHI.....

शिक्षक: -GF कुत्रास्ति

छात्र- सा तु मम भाग्ये शैश्वादेव नास्ति

शिक्षक - ABCD सुनाओ

ভার - ABCDEHI....

शिक्षक GF कहाँ है

छात्र - वह बचपन से ही मेरे भाग्य में नहीं है।

3.रमेश:- भवत: विवाहोऽभवत् वा?

राजेश: आम्

रमेश:- अधुना किं करोति भवान?

राजेश:- पश्चातापम्।

रमेश-क्या तुमने शादी कर ली?

राजेश- हाँ

रमेश- अब क्या कर रहे हो?

राजेश- अफसोस

-शिवानी, बी.ए. द्वितीय वर्ष

### सत्यप्रिय' काष्ठिक

एक: काष्ठिक: काष्ठच्छेदनार्थं वनं गच्छित। अनवधानात् तस्य हस्तात् कुठार: जले पति। स: चिन्ताकुल: भवित। तदा तत्र देव: आगच्छित। देव: जले मज्जित।

सुवर्णकुठारं गृहीत्वा बहि: आगच्छति।

सः वदित अपि एषः तव कुठारः?

काष्ठिकः वदति... न एषः मम् कुठारः।

तदनन्तरं देव रौप्यकुठारं दर्शयति।

काष्ठिक' तदपि न स्वीकरोति।

अन्तेः देवं लोहकुठारम् आनयति।

काष्ठिक: बदति... आम्, एष: एव मम् कुठार:।

प्रसन्नः देवः तस्मै सर्वान् कुठारान् यच्छति। अहो काष्ठिकस्य निःस्पृहता सत्यप्रियता च। शिक्षाः हमें सदा सत्य बोलना चाहिए।

> -श्रुति ठाकरु, कला स्नातक प्रथम वर्ष







उत्कृष्ट महाविद्यालय सन्जौली की पत्रिका "हिमरिश्म" के प्रकाशन पर मुझे प्रसन्ता हो रही हैं इससे भी ज्यादा मन तब प्रफुल्लित हो उठता है जब हमारे विद्यालय के शिक्षार्थी हर साहित्यिक कार्यक्रम में सहभागी बनकर कविता पाठकरते हैं शेक्सपीयर ने कहा कि स्वयं के भावों को कभी गुलाम मत बनाओ। जो भाव हमारे अंत:करण में करते हैं वे समाज के सामने प्रकट होने चाहिए और उसी से मालूम होता है कि हममें कितनी प्रज्ञा है। कुछेक शिक्षार्थी ऐसे होते हैं जो स्वयं की अनुभूति को समाज के सामने अभिव्यक्त करने में असमर्थ होते हैं। ऐसे में 'हिम रिश्म' पित्रका ऐसे शिक्षािथयों के लिए और उन्हें स्वयं के किव हृदय को विकसित करने का एक बेहतर विकल्प है। यह बात निर्विवाद सत्य है कि शिक्षािथयों के सर्वांगीण व्यक्तित्व विकास हेतु साहित्यिक एवं सांस्कृतिक गतिविधियों का होना नैसर्गिक हैं।

इन गतिविधियों के माध्यम से उनके व्यक्तित्व के पक्ष उद्घाटित एवं विकसित होते हैं। वर्तमान पिरप्रेक्ष्य में पाठयक्रम की दीर्घता व विस्तृत कलेवर के चलते शिक्षार्थी मौलिक लेखन नहीं कर पाता है व स्वयं की प्रज्ञा को दबा हुआ महसूस करता है। अत: अवबोधक के रूप में हमारा दायित्व है कि हम सुप्तस्थ प्रज्ञाओं को लेखन की दृष्टि से जाग्रत करने का प्रयास करें। इसी सुविचारित धारण का स्वप्न संजोये महाविद्यालय पिरवार ने इस पित्रका के प्रकाशन का मानस बनाया है। इसके माध्यम से महाविद्यालय के शिक्षार्थी अपनी मौखिक लेखन प्रज्ञा को निखारने में सक्षम होंगे एवं नूतन लेखन से यह संस्थान अनवरत उच्च शिक्षा में नये कीर्तिमान स्थापित करता हुआ सुशोभित करेगा।

मैं पूरे सम्पादक मंडल को तमाम शुभेषणाएं प्रेषित करती हूँ।

'हिमरिश्म' पत्रिका न केवल शिक्षार्थियों की रचनात्मकता से परिपूर्ण होगी बल्कि यह पत्रिका एक नवीन सोच के साथ समाज हेतु ज्ञान की एक सुप्रकाशित दीप ज्योति होगी।

अंत में इन्हीं पक्तियों संग



शब्द भी क्या चीज़ है महके तो लगाव औ बहके तो घाव।

> **डाँ. दिनेश कुमारी नेगी** सहायक आचार्य हिन्दी विभाग शासकीय उत्कृष्ट महाविद्यालय सन्जौली, शिमला



अंजली भारती

प्रिय पाठको,

परम सौभाग्य की बात है कि मनुष्य इस संसार में जैसा कर्म करता है वैसा उसे फल प्राप्त होता है। भारत एक विशाल देश है, यहाँ की राष्ट्र भाषा हिन्दी है, जो सरल, सहज और सुगम है। हर वर्ष की भान्ति इस वर्ष भी 'राजकीय स्नातकोत्तर महाविद्यालय संजौली' की गौरवमयी वार्षिक पत्रिका 'हिमरिश्म' में हिन्दी अनुभाग का प्रकाशन हो रहा है, जो ज्ञानवर्धक और मनोरंजन से पिरपूर्ण एवं प्रेरणा परक अनुभूतियों को उजागर कर एक महत्वपूर्ण साधन बन कर प्रकाशित हो रही है। वार्षिक पत्रिका का सम्पादन करते हुए मुझे अपार हर्ष हो रहा है।

उन छात्र-छात्रओं का आभार व्यक्त करती हूँ जिन्होंने अपनी सुन्दर रचनाओं द्वारा वार्षिक पत्रिका 'हिमरिश्म' हिन्दी अनुभाग को सम्पन्न करने में सहयोग दिया है।

अंजली भारती



वर्तमान समय आधुनिकता के साथ-साथ परिवर्तन उन्मुख भी है। परिवर्तन संसार का आवश्यक एवं निश्चित नियम है। यह प्राकृतिक अथवा मानव निर्मित दोनों हो सकता है। इसी प्रकार के परिवर्तन हम अपने आस-पास हमारे परिवेश में भी देखते आये हैं।

बर्फीले पहाडों के आँचल में बसा, ऐतिहासिक व सांस्कृतिक विरासत की झलक दिखाता शहर शिमला भी प्राकृतिक परिवेश में आ रहे मानव निर्मित परिवर्तनों से ग्रसित है। पिछले कुछ दशकों में शिमला का कायाकल्प इस कथन का सजीव उदाहरण है। प्रत्येक व्यक्ति इस तथ्य से भली भांति परिचित है कि शहर रोजगार के अवसरों के कारण आकर्षण का कारण बन जाता है। इस आकर्षण के साथ-साथ शिक्षा व स्वास्थ सेवाएँ आदि अन्य कारण भी होते हैं। यही सब कारण मिलकर जन्म देते हैं एक नई समस्या को जिसे सरल शब्दों में अत्याधिक जनसंख्या कहा जाता है। शिमला पर्वतीय क्षेत्र होने के कारण आवास की समस्या से भी जूझ रहा है। परन्तु इससे भी बड़ी समस्या यह है कि क्षमता से अधिक जनता का आवास दुर्घटनाओं को जन्म दे सकता है। शिमला, प्रदेश का सबसे बड़ा शहर होने के साथ-साथ वाणिज्यिक, सांस्कृतिक शैक्षणिक केन्द्र भी है। औपनिवेशिक काल से ही शिमला सघन जनसंख्या से भरपर रहा है. परन्तु वर्तमान समय मैं यह क्षमता से अधिक हो चुकी है। सात पर्वतों पर बसे इस शहर शिमला की वर्ष 1901में जनसंख्या मात्र 14 हजार थी। अगले कुछ वर्षों में यह बढ़कर 35 हजार हो गई। वर्तमान समय में यह लाखों लोगों का घर है। इसी बढती जनसंख्या ने अवैध एवं असीमित निर्माण को बढा दिया है। आये दिन समाचार पत्रों में शिमला में इमारतें गिरने व भुस्खलन को खबरें छपती है। इसके उपरान्त भी सामान्य जनता में इस विकराल आपदा के सम्बन्ध में जानकारी व सतर्कता का अभाव है। हाल ही में नववर्ष के अवसर पर शिमला में पर्यटकों की असामान्य भीड़ देखी गई है। यह बढ़ती संख्या भी अनेक समस्याओं का आधार है। शिमला से सम्बन्धित इन समस्याओं का यदि समय रहते निवारण नहीं किया गया तो भारी सकट आ सकता है।

> आस्था ठाकुर बी.ए. द्वितीय वर्ष

### बेरोजगारी

युवा पीढ़ी दे रही दुहाई, किसी काम ना आई पढ़ाई Certificate और Prize जितने भी. Market में Competition उतने ही पढ़े-लिखे बेरोजगारों का, बन गया एक Fool यहाँ Govt. Job के नाम पर बजता है सिर्फ fool यहाँ धर्म जाति के नाम पर होता है सिर्फ भेद यहाँ Written test के इंतजार में बाल भी हो गए सफेद यहाँ Enginner भी बाबा बनकर बांट रहे शिष्टाचार यहाँ अपनों में ही बंट रही नौकरी, फैला भ्रष्टाचार यहाँ पैसे से मिल रही नौकरी, गरीब आदमी जाए कहाँ Vote लेकर नेता बदल गए, हिकम भी बदले यहाँ कोई हजार नहीं, कोई लाख नहीं, है करोडों ही बेरोजगार यहाँ क्या बढ़ती हुई आबादी का भी है किसी को समाचार यहाँ गैर मुल्कों में काम करने का, कब तक यह चलेगा दस्तूर ? आधे से भी ज्यादा India क्यों विदेशों में जाकर हुआ मशहूर इस समस्या समाधान, सरकार कोई कर दे जरूर पढा-लिखा युवा आज का, पकौडे बेचने को है मजबूर।

- वन्दना

स्नातक द्वितीय वर्ष



कोशिश कर, हल निकलेगा,
आज नहीं कल निकलेगा।
अर्जुन सा लक्ष्य रख, निशाना लगा,
मरूस्थल से भी फिर जल निकलेगा।
मेहनत कर, पौधों को पानी दे,
बंजर से भी फिर, फल निकलेगा।
ताकत जुटा, हिम्मत को आग दे,
फौलाद का भी, बल निकलेगा।
सीने में उम्मीदों को जिंदा रख,
समंदर से भी, गंगाजल निकलेगा।
कोशिश जारी रख, कुछ कर गुजरने की,
जो कुछ थमा-2 है, चल निकलेगा,
कोशिश कर हल निकलेगा,
आज नहीं, तो कल जरूर निकलेगा।
- टीना शर्मा, स्नातक तृतीय वर्ष।

### करसोग ममेल ( ममलेश्वर ) महादेव का इतिहास

यह मंदिर भगवान शिव का बहुत प्राचीन मंदिर है। यह ज्योर्तिलिंग लकड़ी के द्वारा की गई नक्काशी एवं गेंहू के एक प्राचीन दाने एवं भीम के द्वारा रचित खेल के लिए प्रसिद्ध है। इस गेंहु के दाने का वजन 200ग्राम है। यह मदिर महाभारत काल के समय का माना जाता है। इस मंदिर का दर्शन करने के लिए हिमाचल प्रदेश की करसोग नामक घाटी के ममेल गांव में यह मंदिर स्थित है। यह मंदिर भगवान शिव और माता पार्वती को समर्पित है। इस मंदिर का संबंध पांडवो से भी है। क्योंकि पांडवो ने अपने अज्ञातवास का कुछ समय यही व्यतीत किया। इस मंदिर में एक धुना (अग्निकुंड) है जिसके बारे में मान्यता है कि ये महाभारत काल से निरंतर जल रहा है जह पांडव अपना अज्ञातवास व्यतीत कर रहे थे तब इस गाव में एक राक्षस ने अपना आवास बनाया था। तो उस राक्षस के प्रकोप से बचने के लिए गांव के लोगों ने उस राक्षस के साथ समझौता किया कि वो प्रतिदिन किसी व्यक्ति को उस राक्षस के पास स्वयं अपनी से भेंजेंगे। ताकि वह सारे गांव को एक साथ न मार सके। एक दिन ऐसा आया जिस घर में पांडव निवास करते थे उसी घर के किसी सदस्य को राक्षस के पास जाना था उसी घर के बेटे ने निर्णय लिया कि मैं स्वयं उस राक्षस के पास जाऊंगा। तो उस बेटे की माता को अपने पुत्र को राक्षस के पास भेजना है। अतिथि के तौर पर पांडवो ने अपना धर्म निभाने के लिए पांडवों में से भीम ने उस लडके की जगह खुद को उस राक्षस के पास सौंपना चाहा। जब भीम उस राक्षस के पास गया तो उन दोनों के बीच भयंकर युद्ध हुआ और भीम उस राक्षस को मारकर उस गांव को उसके प्रकोप से मुक्ति दिलाई और कहा जाता है कि भीम की इस विजय की याद में ही यह अखंड धुना जल रहा है।

### पांडवों का गहरा नाता-

इस मंदिर का पांडवो से गहरा नाता माना जाता है। इसके अलावा मंदिर में स्थापित पांच शिव लिंगों के बारे में कहा जाता है कि इसकी स्थापना पांडवों ने स्वयं की थी। पुरातत्व विभाग इन सब चीजों की अति प्राचीन होने की पुष्टि कर चुका है। इस मंदिर के पास एक प्राचीन विशाल मंदिर है। जो कि सदियों से बंद पड़ा है। माना जाता है कि इस मंदिर में प्राचीन समय में एक यज्ञ किया जाता था कि जिसमें नर बिल दी जाती थी तब भी इस मंदिर में पुजारियों को ही प्रवेश करने की अनुमित थी। तभी या उसी समय से लेकर यह मान्यता है कि हमें किसी की भी नर बिल नहीं देनी चाहिए।

- इस मंदिर में बूढ़ी दिवाली का एक विशेष महत्व है, भगवान श्री राम जब रावण को मारकर लंका से अयोध्या लौटे तो इसकी जानकारी अयोध्या में देर से पहुंची। जानकारी देर से पहुंचने की वजह से यहां (मम्लेश्वर महादेव) इसका उत्सव लगभग 1 महीने बाद मनाया गया। आज हजारों वर्ष बीत जाने के बाद के बाद इस मंदिर में बूढ़ी दिवाली एक महीने बाद ही मनाई जाती है। बूढ़ी दिवाली के दिन यहां देवी–देवताओं का अनुष्ठान होता है। यह मंदिर शिमला से लगभग 108 कि॰मी॰ दूर है। वर्तमान समय में यह मांदर काफी प्रसिद्ध हो चुका है। यह बारह ज्योर्तिलिंगों में से तीसरे स्थान पर माना जाता है। महाभारतकालीन यह मंदिर पांडवों द्वारा रचित भगवान शिव और मां पार्वती को समर्पित है।

"करपूरिगौरम करुणावतारं संसारस्तारं भुजगेन्द्रहारम्"
सदाबसन्तं हृदयारिवन्दे भवं भवानीसिहितं नमामि।
अर्थातः कर्पूर जैसे गौर वर्ण वाले, करूणा के जो साक्षात् अवतार है,
समस्त सृष्टि को जो सार है, जो सर्प को हार के रूप में धारण करते
हैं वह भगवान शिव माता-पार्वती के साथ मेरे हृदय में निवास करते हैं
उनको मेरा नमन है।

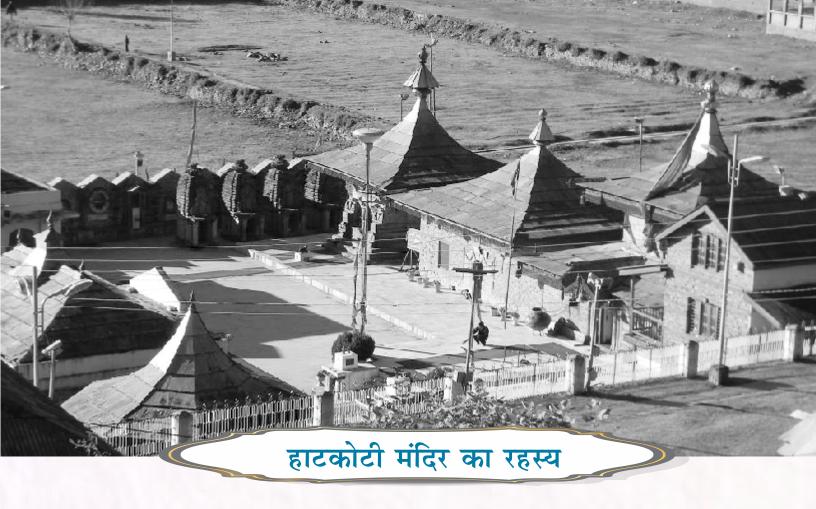
पायल वर्मा

### रत की गौरव गाथा

हिंदुस्तानियों के मन की, सम्मान की,
ये है गौरव गाथा, मेरे भारत महान की।
विरासत है अद्भूत मेरे हिंदुस्तान की,
बेजान को भी जीवंत बना दे,
ऐसी गाथा है, मेरे हिंदुस्तान की।
ताजमहल, कुतुबमीनर, लाल किला शान है पुरे ज़हान की।
अंजता, एलोरा की गुफाएं विरासत है, मेरे भारत महान की।
हिंदुस्तानियों के ...
ये है गौरव...
कला की भरमार है
नृत्य, संगीत और चित्रकला का दुनिया में नाम है।
परंपराओं से भरा, ये समां हमारा है।
भारतनाटयम, कथक जैसी कलाओं ने,

संस्कृति को संवारा है।

त्योहारों का यहाँ अनुठा नजारा है सांस्कृतिक विरासत से भरा, भारत हमारा है विभिन्न धर्मों का बसेरा है ख़ुशियों से भरा हर सवेरा है। हिंदुस्तानियों... ये है गौरव... शूरवीरता भी बता दूँ अपने भारत के वीरों की। अब तक गुजें तलवारों की झंकार एसे शुरवीरों की। महाराणा प्रताप के कौशल की रानी पद्मावती के जौहर की भारतीयों के अर्पण की देशभक्तों के समर्पण की हिंदुस्तानियों... ये है गौरव... अमृता राणा, बी. ए. तृतीय वर्ष



भारत में कई मंदिर अपनी शिल्प कला के कारण प्रसिद्ध है तो कई प्रतिमा के कारण लेकिन आज हम जिस मंदिर के बारे में जानने वाले है जो घड़े के कारण प्रसिद्ध है। हिमाचल को देवभूमि कहा जाता है यहाँ पर अनेक मंदिर है जो काफी प्रसिद्ध है। उन्हीं में से एक प्रसिद्ध मंदिर हाटकोटी है यह रहस्यमय मंदिर शिमला से लगभग 84 कि॰मी॰ दूर शिमला-रोहडू मार्ग पर पब्बर नदी के किनारे स्थित है। हाटकोटी मंदिर एक हजार वर्ष पुराना है। इस मंदिर में माता महिषासूर मर्दनी की 2 मीटर की ऊँची प्रतिमा स्थापित की गई है। इस प्रतिमा को अष्टधातु प्रतिमा कहा जाता है। आज तक किसी को भी यह ज्ञात नहीं है कि यह आठ धातुएँ कौन-कौन सी है। पूरे भारत वर्ष में इस तरह की और कोई प्रतिमा नहीं है। कई वैज्ञानिकों ने इस प्रतिमा पर शोध किए हैं। उनका मानना है कि इस प्रतिमा में मिली कई धातुएँ ऐसी है जो धरती पर पाई ही नहीं जाती। इसके साथ ही यहाँ पर शिव मंदिर भी है। इसमें पत्थर से बना प्राचीन शिवलिंग स्थापित किया गया है। इसके साथ ही यहाँ पर भगवान विष्णु, दुर्गा माता, गणेश जी की भी प्रतिमाएँ स्थापित की गई है। जब आप इस मंदिर में जाएँगे तो आपको जंजीर से बंधा हुआ एक घडा दिखाई देगा। इसे यहाँ पर चूरू कहा जाता है। जो यहाँ से भागने की कोशिश करता है इसी

कारण इसे जंजीर से बाँधकर रखा जाता है। जब यहाँ पर बारिश होती है तब यह घड़ा स्वयं ही जोर-2 से हिलना शुरु कर देता है। यहाँ पर आए भक्त अपनी आँखों से यह नजारा देख चुके हैं। मान्यता है कि यह देवी माता का घडा है जो पब्बर नदी में समाने के लिए यहाँ से भागता है। पहले यहाँ दो चुरु हुआ करते थे किंतु एक चुरु भारी बारिश में पब्बर नदी में समा गया किंतु इस चुरु को यहाँ के पुजारी ने पकड़कर बाँध लिया। यहाँ पर नवरात्रों में विशाल भंडारे का आयोजन किया जाता है। मान्यता है कि ब्राह्मण परिवार की दो सगी बहनें संन्यासी बन गई थी। वह गाँव-गाँव घूमकर लोगों को दुख से मुक्त करती थी। एक बहन इसी स्थान पर ध्यान लगाने बैठी और लप्त हो गई और यहाँ पर प्रतिमा निकल आयी। जब यह राजा को पता चला तो उसने मंदिर का निर्माण कराया। कई लोग पांडवों के साथ भी इस मंदिर का इतिहास मानते हैं। मान्यता है कि भारी बारिश के समय जब पब्बर नदी का पानी ऊपर तक आ जाता है तब यहाँ पर पूजा-अर्चना करने से बारिश शांत हो जाती है। यह मंदिर काफी प्रसिद्ध है।

-लीज़ा चौहान, बी॰ए॰ द्वितीय वर्ष

एक नन्ही सी कली बनकर वो भी थी इस दुनिया में आई। आज जैसा वो दौर न था वो समय कुछ और ही था।। अक्षर ज्ञान था उसको भी पाना मगर जिम्मेदारी का बोझ पडा उसे उठाना। उम्र की कभी वो कच्ची थी डोली जब चढी तो वो बच्ची थी। अब कांधे पर बोझ उसके भारी था संघर्षों का दौर अभी जारी था। खुशी उसके चेहरे पर तब भी आई जब माँ बनकर वह मुझे इस जंग में लाई। खडी रहती माँ बच्चों के लिए कदम- कदम पर चोट लगे बच्चो को, दर्द होता माँ के बदन पर। सीख गई वो माँ आँधी-तुफानों से लडना मगर सीखा नहीं उसने कठिनाइयों से डरना। न कोई बैर, न किसी के लिए मन में बुराई रखना सबसे प्रेम भावना, ये बातें हमको सिखलाई। खद पा न सकी थी वो अक्षर ज्ञान हम को करवाई उसने जग की पहचान। ईश्वर भी जिसका चुका सका न मोल माँ है धरती का वो रत्न अनमोल।। मुझ पर है माँ तेरे लाखो एहसान ऐ माँ तुझको मेरा कोटी-2 प्रणाम। हिमानी वर्मा, बी॰ए॰ द्वितीय वर्ष



कविता

अनंत पहाड़ो में निर्मल नील जिसका नाम है-'पैगोंग झील'

भारत के तुंग हिमालय पर बसा है अपरिमेय का जर देवलोक सा सशोभित लेह थल जहां बहता है हिम का निर्मल जल पंगडंडी से पुकार है, ले चलो हमें उस ओर जहाँ होता असंभव देखना जलाशय का छोर बृहत देव पहाड़ के हो गए दर्शन में स्वंय लघु हूँ क्या करूँ महीधर को अर्पण? आशीष व्यापक वक्ष रखने की शक्ति करूंगी जीवन भर लद्याख के गिरि की भिक्त सफर के अंत मोड पर ठहरकर श्रृंगार रस के भाव आगे बढ़े बढ़कर अनंत पहाडों में निर्मल नील जिनका नाम है है पैगोंग झील आस्था, बी॰ए॰ तृतीय वर्ष

### आत्मनिर्भर भारत

जीयें तो अब तक दूसरों के सहारे अब खुद आगे बढकर दिखाना है जलने वालों से हमें क्या करना हमें अपना आत्मनिर्भर भारत बनाना है। जो हम बोला करते थे दूसरों की जुबानी अब पुरे विश्व को अपनी भाषा है सिखानी कहने वालों से हमें क्या (कहना) हमें सशक्त भारत बनाना है ऐ सोने की चिडिया अब तुझे अंबर बनाना है और अपने विकास का नगाडा सुनाना है ताने मारने वालो से हमें क्यों घबराना है हमें अपना आत्मनिर्भर भारत बनाना है। वतन के लिए जीते हुए उस पर ही मिट जाना है हमें नागरिक से सैनिक बनकर दिखाना है थाम एक दुजे का हाथ बढ जाना है आत्मनिर्भर हो भारत हमारा, हमें स्वदेशी को अपनाना है। -शुभम शर्मा, कला स्नातक, प्रथम वर्ष





एक दुनिया है मेरे पास, नहीं, कोई भगवान नहीं हूं, एक दिन बस ऐसे ही बैठे बैठे एक दुनिया बनाने का ख्याल आया। अब जो खयाल आदमी की बोरियत से उपजता है जो भादों में गिरे उस लाल सेब की भांति होता है जिसके गिरन की प्रक्रिया के दर्शन से आप या तो न्यूटन बन सकते है या एक भोली गौ की तरह उस पड़े हुए सेब को उठा कर चबा सकते हैं।

अब मैं ठहरा खुराफाती किस्म का इंसान, मुझसे जिंदगी में चैन और शांति ज्यादा समय तक हजम नहीं होती, तो बस दुनिया बनाने के लिए सबसे पहले मैंने बाहर की दुनिया घूमने का निर्णय लिया, इस नई शुरुआत से मैंने काफी सारे दोस्त थी बनाए जो मानव या पशु समाज से बिलकुल अलग स्थान पर प्राकृतिक जीवन चक्र में रहते हैं। मेरी सबसे पहली दोस्ती हुई काई के साथ, जी हां वहीं काई जो आपके घरों के आस-पास सीमेंट के ऊपर अक्सर दिख जाती होगी, या शायद बेचारी गंदे नालों के पास आपको उगते हुए मिल जाए, गलती इस बेचारी की नहीं है, जब मेरी इससे बात शुरू हुई तो इसने बताया कि इसे ये काम प्राकृतिक वंशावृति के लिए करना पड़ता है। मगर बड़ी दुर्गति होती है बेचारी की, बहराल, मैं जंगल में घूमते-घूमते इसे एक पेड़ के ऊपर से आया था, इसने मुझे बताया की अगर मुझे दुनिया बनानी है, तो मुझे और दोस्तों की भी जरूरत पड़ेगी।

मैं फिर तैश में बाहर निकला इस बार एक बेल मिल गई रास्ते में, उसने मुझे कुछ राज बताए बिना जड़ें जमाए जीवन काटने के, बातें तो काफी हल्की है इसकी मगर एक बात तो मानने वाली है, ये जड़ें जमाए न जमाए बातें खूब अच्छी जमा लेती है, इसने बताया की दुनिया बनाने के लिए तौ भैया मजबूत बुनियाद चाहिए, आखिर दुनिया को सुदृढ़ खड़ा भी तो करना है। मैंने दो पल अधिक न सोचकर कुछ छोटे कंकर-पत्थरों का चुनाव कर लिया।

उनमें से एक बोला 'साहब .... हम तो बस बुनियाद बना सकता हैं लेकिन जीवन देने का काम ती माटी ही करत है न'। मैंने अपने 18वर्ष के जीवन में पहली दफा किसी कंकर को चट्टान जैसी भारी बात करते हुए सुना। और बिना देर किए एक पहचान की जगह से थोड़ी खाद उठा ली।

अब बारी थी घर वापस आकर अपनी इस दुनिया को आकार देने की, मगर आकार देने के लिए किया क्या जाए? इसके जवाब में एक कांच का मर्तबान लिया और बिछा दिए उसमें कंकर, फिर एक जाली लगा दी, और डाल दी जीवन दायिणी मिट्टी अब बारी थर काई और बेल की, उन दोनों ने मेरी ओर ऐसे देखा जैसे स्नेह से कोई मां अपने बच्चे को शुक्रिया कहना चाह रही हो। दोनों को मैंने उस दुनिया में उतारकर थोड़ा सा जन छिड़क दिया।

आज लगभग 2 हफ्तों से अधिक का समय हो गया है इस दुनिया का ढक्कन लगाए हुए लेकिन ये दुनिया अपना ख्याल खुद रख रही है। मिट्टी से कुछ नए पौधे उगने शुरू हो गए,मिट्टी में नाखून के मैल से भी छोटे कीटाणु अच्छी किस्मत और आंखों के साथ देखे जा सकते है।

इस दुनिया का नाम मैंने 'जिम्मी' रखा है, ये मत पूछिए की क्यों रखा है बस रख दिया। लोग कहते है कि हर चीज़ के पीछे कोई कारण होता है लेकिन काफी चीज़ें बिना कारण के हो जाती है या अक्सर कार की जाती है, जैसे कि इस दुनिया का नामकरण।

इस दुनिया के बनने के बाद लगा जैसे मानो मैं भगवान बन ही गया हूं, लेकिन फिर... मुझे तो दृश्य याद आया जब काई और बेल ने मुझे और मैंने उन्हें इस दुनिया में जाने से पहले देखा था।

वो दृश्य मुझे समय समय पर एहसास करवाता है कि प्रकृति की सिर्फ प्रकृति ही बना सकती है। आज इन छोटी श्री दुनिया को देख कर अपने उस छोटे से अहम पर हंसी आती है, और जब जब मैं खुद पर हंसता हूं वो काई और बेल भी मुझे देख कर हल्का सा मुस्कुरा देती है।

> स्विप्नल सुर्यान, बी.एससी प्रथम वर्ष

### नारी शिक्षा

कल तक थी जो नादान, बना रही आज खुद की पहचान। मिला नहीं उन्हें कभी सम्मान. होता रहा सदा घोर अपमान । शिक्षा से बन रही अब महान. समाज में बढ़ रहा उनका सम्मान । लडकों से आगे है नारी, शिक्षा से हर क्षेत्र में बाजी मारी। अपनी भूमिका निभाती सारी, इनसे ही होती दुनिया प्यारी। शिक्षा से आई जान. बना रही आज खुद की पहचान। चुप नहीं रहेगी अब बहुत हुआ सहना, तोड देगी बेडियां, मन लुभाने वाला गहना। अनेक नारियों ने किया प्रयास, बढ़ती रही आजादी, बढ़ता रहा विश्वास । कर रही अब हर बाधा का सामना बढता रहे शिक्षा का प्रसार, करती यही कामना कल तक भी जो नादान बना रही आज खुद की पहचान -सीमा कुमारी, बी॰ए ॰ द्वितीय वर्ष

### आखिर मैं इंसान हूँ

आकाक्षांए कहँ या क्या कहँ या नैतिकता, की सेज कहँ लिहाजों में सिमटता हर रोज रहूँ-रहूँ मैं इंसान हूँ सहूँ तो मैं क्या सहूँ सरपट दौडती दुनिया में बदलना मैं हर रोज चाहँ हँसता तो हुँ बाहर से, पर, अंतरात्मा से मैं क्या कहूँ 'मैं इंसान हूँ सहँ तो मैं क्या सहँ रिश्तों के इन घेरों में सदैव उलझता मैं रहूँ तुलनात्मक होते इस मन से आखिर मैं क्या कहूं। इसे सोच कहूँ, या अपेक्षा कहूँ या फिर मन का बोझ कहँ आखिर में इंसान हूँ सहँ तो मैं क्या सहँ सहँ तो मैं क्या सहँ साहिल, कला स्नातक, द्वितीय वर्ष

### स्त्री

स्त्री है स्त्रीत्व से बनी।
मर्म और ममत्व से बनी।
जल कर, तप कर,
संघर्ष से बनी।
बेडियाँ तोड़कर
गर्व से खड़ी
एक स्त्री, है परित्याग से बनी।
कभी माँ, कभी बेटी है बनी।
कभी सीता, कभी दुर्गा भी बनी।
कभी नीरजा, कभी कल्पना बनी।

कभी मणिकणिंका, कभी सरोजनी।
कभी अहिल्या, तो कभी सावित्री बनी।
हुई समाज से कलंकित,
कभी जीवन के पराजित।
वो आज भी खड़ी।
एक उदाहरण है बनी।
नया समाज और विज्ञान,
नई संस्कृति और विधान।
नई ऊंचाई, नया पायदान,
एक स्त्री का नया मुकाम।

तो जीवन का नया परिधान। ओढ़ खड़ी है मुस्कान। हमें क्यों न हो गुमान, ये बेटियों की है उड़ान। विनीता नेगी, बी.एस. द्वितीय वर्ष

### कोई बिरला ही होगा

तेरे दुःख को अपना समझ पाएगा, कोई बिरला ही होगा उलझा हर कोई अपने ही दुख में, तेरे दुख पर ध्यान कौन धरेगा मात्र औपचारिकता निभाने, तुझे अपने गले से लगा लेगा, हमदर्री के दो बोल भी बोल देगा, भावुक होकर आँसु भी टपका लेगा, मगर सब क्षणिक होगा, तुझसे बिछड़ते ही सब भूल जाएगा, फिर अपनी दुनिया में लौट आएगा, मौज मस्ती करेगा कहकहे लगाएगा,

दुख तो तेरा है, वो अपनी औपचारिकता निभा आया है, यही सोच कर खुद को शाबाशी भी देगा, कोई विरला ही होगा, तेरे दुख को जो अपना समझ पाएगा। -रिशम, बी॰ए॰ तृतीय वर्ष

### महासती सुरमी देवी

शिवालिक पर्वत श्रृंखलाओं के शिखर शैल चूड्धार महाराज की तपोस्थली पर्वत मालाओं के आंचल में ऐतिहासिक 'गाँव झीना' स्थित हैं यह सुप्रसिद्ध गाँव शिमला से 118 किलोमीटर की दूरी पर 2300 मीटर की ऊँचाई पर बसा है। तत्कालीन जुब्बल रियासत एक सुन्दर पहाड़ी राज्य होने के साथ-साथ अपनी विशिष्ट संस्कृति के लिए प्रसिद्ध रही हैं यह क्षेत्र अपनी प्रसिद्ध लोकगाथाओं, साहित्य तथा लोक संगीत के लिए जाना जाता है। यहां की अमूल्य निधी को परमपरागत रूप में संजोए रखने में परम्पराओ, देव संस्कृति परंपराओं एवं सांस्कृतिक तत्व का प्रमुख हाथ रहा हैं यहां के इतिहास समृद्ध संस्कृति की अनेक महत्वपूर्ण घटनाएं लोक गाथाओं में प्रचलित हैं जिनके प्रलेखन में उन्हें स्वरबद्ध तथा लिपिबद्ध करके प्रदेश की इस अमल्य धरोहर का संवर्धन सम्भव हो सकता है। तत्कालीन जुब्बल रियासत के इतिहास में 'झीना' का ऐतिहासिक एवं विशिष्ट स्थान अंकित है। 12वीं सदी के जुब्बल रियासत के अस्तित्व में आने से पूर्व भी इस गाँव का गौरवमयी इतिहास रहा है। जिसके कुछेक प्रमुख तथ्य यहाँ उजागर किए जा रहे है। इस गाँव के इतिहास में एक महत्वपूर्ण स्थान महासत्ती सुरमी देवी की अमर गाथा का है जिसका उल्लेख यहाँ किया गया है।

### महासती सुरमी देवी का अमर गाथा

ग्राम झीना की सभ्यता 9वीं सदी से पहले की बताई जाती है। यहाँ की पुरानी आबादी 2500 मीटर से ऊपर की ऊँचाई पर बसी थी जिसके स्पष्ट अवशेष आज भी उपलब्ध है। ग्राम 'झीना' में ताना नामक सूरमा था जोिक युद्ध कला में पारंगत था एवं खुन्द झनाणा का में प्रमुख बौहड़ (योद्धा) भी था। ताना का विवाह रूपवती सुरमी जोिक एक बड़े खुद ठून्डू की सुपूत्री थी के साथ हो गया। दुर्भाग्य वंश ताना यौवनकाल में ही भगवान को प्यारे हो गए। उनकी पत्नी सुरमी देवी पतिव्रता स्त्री थी जोिक इस दुखद घटना से विचलित हो गई कि वह अपनी जीवन-लीला पति के साथ ही महासती

होकर समाप्त कर देगी। सुरमी देवी के माता-पिता ने बहुत समझाया पर वह नहीं मानी, अपने निर्णय पर अडिग रही। सुरमी देवी रूपवती थी और साथ ही विदुषी भी थी। उसने अपने पैतृक देवता बिजट महाराज की अराधना की थी कि उसके सती होने के समय ज्वालादाह शीतल किया जाए। सरमी देवी के महासती के समय बिजट महाराज परे 9 नाली हामल के दुन्डू खुन्द तथा अन्य शाठी दलों के खुन्द-खिशए सहित झीना आए तथा गाँव में काफी क्षति की, खडी फसलों को आग लगा दी। गाँव के मुख्य द्वार (खोली) को तोडने का प्रयास भी किया परन्तु सफल न हो सके। इसके पश्चात् दुन्डू खुन्द के साथ काफी वर्षो तक बईर (बैर/झगडा) रहा जिसका निवारण वर्ष 1965 में किया गया। महासती दाह में राणा बलसन भी सभी शाठी दल के साथ 'झीना' आए थे। बलसन (घोडना) रियासत के राणा के साथ काफी समय तक बईर रहा। इसका समझौता वर्ष 2016 में हुआ है। सुरमी देवी के महासती होने के पश्चात 'झीना' की सारी बस्ती का एक महामारी में नाश हो गया तथा तीनों कुलों की गाथा लोक गीतों एवं लोक गाथाओं में अमर है। सुरमी देवी के आत्मदाह के समय लोगों द्वारा एक लोक गीत गाया गया। उस लोकगीत की कुछ पंक्तियां निम्नलिखित है:

"राशी खोजीली जबे ठुण्डी री आजो लगन री खोटी। आपअ चिन्दी जाअली ठुण्डी जबै शादी कोरोली ठुन्डी।। मुए साथै जिऊदी 4 जाअली जलअ। देवा बोलू रे बिजटा मुंद शक्ति पअ देन्दा अ परे जबए आग लागअली मेरे शरीरअ दी, तेई पोरी शलई प देन्दा है कर।

झनाणा बोलला रे सारगू उसौ झिन्नै सयान्ती पौ मेरी। नाचयअ डेयली रे गायय ठूण्डीय अलाई सरे री पौ पोरी।"

> अनुशिका धान्टा, बी॰ए॰ द्वितीय वर्ष

### तुम खास हो

तुम खास हो,
मेरे हृदय के पास हो।
(कायनात हाथ पकड़े हुए कहती है)
तुम खास हो,मेरे हृदय के पास हो।

जब भी कभी उदास हो, महसूस करना अपनी श्वांस को। उसमें मेरी साँसें मिली दिखेंगी, उम्मीद की कलियाँ खिली दिखेंगी। उन कलियों के तुम पंख बनाना, संग लेकर सपने दूर उड़ जाना।

मगर उड़ान तुम्हारी ऐसी हो, गगन में बिखरी लय सी हो। उस लय से तुम संगीत सजाना, कुछ और दिलों में उम्मीद जगाना। हर्षिता शर्मा, बी.ए॰ प्रथम वर्ष





# THE BEST BRAINS OF THE NATION MAY BE FOUND ON THE LAST BENCHES OF THE CLASSROOM.

- APJ Abdul Kalam

# THE NON-TEACHING STAFF



1st Row Sitting from L to R: Mr. Lajpat, Mr. Devdutt, Mr. Gulab Singh, Mr. Virender, Mr. Amar Sharma, Prof. Bharti Bhagra (Principal), Mr. Anil Chauhan, Mr. Sanjeev Chauhan, Mr. Praveen Jogta & Mrs. Vidushi Dhaulta.

2nd Row Sitting from L to R: Ms. Ambita Chauhan, Mrs. Kirta Devi, Mrs. Kanta Devi, Mrs. Dolma Devi, Mrs. Babbu Devi, Mrs. Kanta Devi, Mr. Dalel,

Mr. Raj Kumar, Mrs. Lalita & Ms. Sarita

# THE TEACHING STAFF



Prof. Deepak Keparate, Prof. Rameshwar Jhobta, Dr. Rakesh Sharma & Dr. Shivani Khatri. 1st Row Sitting from L to R: Prof. Vishal Rangta, Dr. Meenakshi Sharma, Prof. Himani Saxena, Dr. Madan Shandil, Dr. Naresh Verma, Prof. Bharti Bhagra (Principal),

Dr. Shweta Sharma, Prof. Anupama Chaudhary, Prof. Pooja Dulta, Prof. Kirti Singha & Dr. Purnima Thapar, 2nd Row Standing from L to R: Dr. Poonam Verma, Prof. Sandesh Kalta, Prof. Reeta Chandel, Prof. Hem Lata Sharma, Prof. Shalu Chauhan, Prof. Deepti Gupta,

3rd Row Standing from L to R: Prof Shikha Chandel, Prof. Sarla Thakur, Dr. Anjna Sharma, Dr. Dinesh Negi, Prof. Poonam Shamr, Prof. Reena Thakur, Dr. Poonma Verma, Prof. Sakshi, Prof Sugandha, Prof. Rajal Panta, Prof Kreety Thakur, Prof Komal, Prof. Pinky,

4th Row Standing from L to R: Prof. Anita Sharma, Prof. Priyanka Chauhan, Prof. Pratiksha Chauhan, Prof. Uma Kanwar.

5th Row Standing from L to R: Prof. Sheetal Chauhan, Dr. Chander Verma, Dr. Harish Kapoor, Dr. Harshvardhan Khimta, Dr. Om Prakash Kaul

6th Row Standing from L to R: Prof. Ashok Kumar, Dr. Ram Lal Bhardwaj, Prof. Rajinder Singh, Prof. Lakhanpal, Prof. Pankaj Verma, Prof. Arun Sharma, Prof. Prashant Thakur, Prof. Yogesh Sood, Praveen Jokta (Non Teching), Dr. Sushil Sharma, Prof. Lakhveer Dhiman, Prof. Surinder Chauhan, Prof. Umesh Rana

Prof. Akshay Azad, Prof. Khyal Chand, Dr. Vinod Sharma, Dr. Anupam Verma, Prof. Ravinder Chauhan, Prof. Abhishek Thakur